HEALTH AND HUMAN PERFORMANCE, PHD

Requirements for Students Matriculating in or before Academic Year 2026-2027. Learn more about Graduate College Academic Regulation 7.0 (https://catalog.okstate.edu/graduate-college/#70).

Total Hours: 60 (Beyond the Master's Degree)

Code	Title	Hours
Research Core		
HHP 6063	Grant Writing in Kinesiology, Applied Health, and Recreation	3
HHP 6020	Research Colloquium (1 credit hour, must take 3 times)	3
9 hours statistics (to be approved by committee on Plan of Study)		9
Hours Subtotal		**15**
Foundation Core		
Select one of the following options:		9
Applied Physiology		
HHP 5823	Applied Neuromuscular Physiology	
HHP 5873	Human Bioenergetics	
HHP 5843	Applied Biomechanics	
Practitioner Core		
HHP 5603	Principles of Performance Enhancement	
HHP 5853	Clin Ex Test & Prescript	
HHP 5873	Human Bioenergetics	
Hours Subtotal		**9**
Electives		
Select 6 hours as approved by committee on Plan of Study		6
Hours Subtotal		**6**
Dissertation		
HHP 6000	Doctoral Dissertation (24-30 hours as needed to total 60 hours for degree)	30
Hours Subtotal		**30**
Total Hours		**60**

Other Requirements

Graduation standard to receive a Ph.D. in HHP requires students to complete all coursework with a grade of C or better in every course with an overall GPA of 3.0 or higher; complete qualifying exams; and complete and defend dissertation research.

Graduate College Doctor of Philosophy (PhD) Requirements

Learn more about Graduate College 2026-2027 Doctor of Philosophy (PhD) Degree Program Requirements (https://catalog.okstate.edu/graduate-college/). Check the General Graduate College academic regulations for minimal GPA, language proficiency and other general requirements.