RECREATIONAL THERAPY: PRE-PROFESSIONAL OCCUPATIONAL THERAPY, BS

Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2026-2027. Learn more about University Academic Regulation 3.1 (https://catalog.okstate.edu/university-academic-regulations/#matriculation).

Minimum Overall Grade Point Average: 2.50
Total Hours: 120

Code	Title	Hours
General Education Requirements		
English Composition		
See Academic Regulation 3.5 (https://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113	Composition I	3
or ENGL 1313	Critical Analysis and Writing I	
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
American History & Government		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
Quantitative Thought & Logical Reasoning (Q)		
MATH 1513	College Algebra (Q)	3
Understanding Humanities-Human Heritage & Cultures (H)		
Courses designated (H)		6
Reasoning in the Natural Sciences (N)		
Must include one Laboratory-Based Inquiry (L) course		8
BIOL 1113 & BIOL 1111	Introductory Biology (N) and Introductory Biology Laboratory (LN)	
or BIOL 1114	Introductory Biology (LN)	
CHEM 1314	Chemistry I (LN)	
or CHEM 1215	Chemical Principles I (LN)	
Exploring Society & Human Behavior (S)		
PSYC 1113	Introductory Psychology (S)	3
SOC 1113	Introductory Sociology (S)	3
Diversity (D)		
RT 2443	Contemporary Issues in Diversity (DS)	3
Global Cultural Competency (G)		
Courses designated (G)		3
Additional General Education		
Additional general education credit hours may be required to meet the total 40-hour minimum of general education credit if courses carry more than one general education designation and can be used to meet multiple general education designation hour requirements above.		
Courses designated (Q), (H), (N), (S), (D), (G), or (F).		0
Hours Subtotal		**41**
College/Departmental Requirements		
Minimum GPA 2.50 with a minimum grade of "C" or "P" in each course		
UNIV 1111	First Year Seminar (or other approved first year seminar course)	1
EDHS 3111	Preparing for Your Future Career	1
HDFS 2113	Lifespan Human Development (S)	3
HHP 2654	Applied Anatomy	4
RT 3212	Psychomotor Development	2
PSYC 3443	Psychopathology (S)	3
Select one of the following:		3
STAT 2013	Elementary Statistics (Q)	
STAT 2023	Elementary Statistics for Business and Economics (Q)	
STAT 2053	Elementary Statistics for the Social Sciences (Q)	
BIOL 3203 & BIOL 3201	Physiology and Physiology Lab	4
or BIOL 3204	Physiology	
PHYS 1114	College Physics I (LN)	4
Hours Subtotal		**25**
Major Requirements		
Minimum GPA of 2.50 with a minimum grade of "C" or "P" in each course		
RT 2433	Introduction to Recreational Therapy	3
RM 2463	Recreation Management and Recreational Therapy Laboratory	3
RT 3413	Recreational Therapy and Mental Illness/ Intellectual Disabilities	3
RT 3423	Recreational Therapy in Geriatric Practices	3
RT 3433	Recreational Therapy and Physical Disabilities	3
RT 3441	Warm Water Therapy Lab	1
RT 3443	Assessment in Recreational Therapy	3
RT 3473	Medical Terminology and Procedures for Recreational Therapy (Must be taken with RT 3483)	3
RT 3483	Junior Internship in Recreation Therapy (Must be taken with RT 3473)	3
RT 3843	Recreational Therapy Facilitation Techniques & Interventions	3
RT 4442	Recreational Therapy and Child Development	2
RT 4489	Senior Internship in Recreational Therapy (Must be taken with RT 4483)	9
RT 4483	Administrative Documentation in Internship for Recreational Therapy (Must be taken with RT 4489)	3

RT 4581	Senior Seminar in Recreational Therapy	1
RT 4833	Recreational Therapy and Pediatrics	3
RT 4843	Recreational Therapy & Healthcare Administration	3
RT 4933	Advanced Methods In Recreational Therapy	3
Hours Subtotal		**52**
Select 2 hours of electives from the following:		2
Upper-division RT course and/or:		
EPSY 3113	Psychological Foundations of Childhood	
EPSY 3413	Child and Adolescent Development	
EPSY 4063	Exploration of the Creative Experience	
HDFS 2233	Development of Creative Expression, Play and Motor Skills in Early Childhood	
HDFS 3203	International Perspectives on Children's Play (G)	
HDFS 3413	Infant and Child Development	
HDFS 3423	Adolescent and Youth Development (S)	
Hours Subtotal		**2**
Total Hours		**120**

Additional Recreational Therapy Degree Requirements

- 40 hours of upper-division coursework.
- Required for graduation:
  - 2.50 Overall GPA;
  - 2.50 GPA in major for enrollment in RT 4489 Senior Internship in Recreational Therapy;
  - and 2.50 GPA in College/Departmental Requirements.
- The student must earn minimum grades of "C" or "P" in the College/Departmental Requirements and Major Requirements.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2032.

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
Freshman		
Fall		
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
RT 2433	Introduction to Recreational Therapy	3
BIOL 1113 or BIOL 1114	Introductory Biology (N) or Introductory Biology (LN)	3
RM 2463	Recreation Management and Recreational Therapy Laboratory	3
UNIV 1111	First Year Seminar	1
BIOL 1111	Introductory Biology Laboratory (LN)	1
	Hours	**14**
Spring		
ENGL 1213 or ENGL 1413 or ENGL 3323	Composition II or Critical Analysis and Writing II or Technical Writing	3
RT 3423 or RT 3433	Recreational Therapy in Geriatric Practices or Recreational Therapy and Physical Disabilities	3
PSYC 1113	Introductory Psychology (S)	3
MATH 1513	College Algebra (Q)	3
RT 3441	Warm Water Therapy Lab	1
RT 3212	Psychomotor Development	2
	Hours	**15**
Sophomore		
Fall		
HDFS 2113	Lifespan Human Development (S)	3
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
CHEM 1314 or CHEM 1215	Chemistry I (LN) or Chemical Principles I (LN)	4
RT 2443	Contemporary Issues in Diversity (DS)	3
EDHS 3111	Preparing for Your Future Career	1
	Hours	**14**
Spring		
RT 3423 or RT 3433	Recreational Therapy in Geriatric Practices or Recreational Therapy and Physical Disabilities	3
POLS 1113	American Government	3
RT 3843	Recreational Therapy Facilitation Techniques & Interventions	3
STAT 2013 or STAT 2023	Elementary Statistics (Q) or Elementary Statistics for Business and Economics (Q)	3
3 Hours (H)		3
	Hours	**15**
Junior		
Fall		
RT 3413	Recreational Therapy and Mental Illness/Intellectual Disabilities	3
RT 4833	Recreational Therapy and Pediatrics	3
BIOL 3203	Physiology	3
BIOL 3201	Physiology Lab	1
RT Elective (Choose from: EPSY 3113, 3413, 4063, HDFS 2233, 3203, 3413, or 3423)		2
RT 3443	Assessment in Recreational Therapy	3
	Hours	**15**
Spring		
RT 4933	Advanced Methods In Recreational Therapy	3
RT 4843	Recreational Therapy & Healthcare Administration	3
HHP 2654	Applied Anatomy	4
PSYC 3443	Psychopathology (S)	3
	Hours	**13**

Summer		
RT 3473	Medical Terminology and Procedures for Recreational Therapy	3
RT 3483	Junior Internship in Recreation Therapy	3
	Hours	**6**
Senior		
Fall		
RT 4581	Senior Seminar in Recreational Therapy	1
3 Hours Course Designated (G)		3
SOC 1113	Introductory Sociology (S) (3 Hours Course Designated (G))	3
PHYS 1114	College Physics I (LN)	4
RT 4442	Recreational Therapy and Child Development	2
3 Hour H, DH, or HG		3
	Hours	**16**
Spring		
RT 4483	Administrative Documentation in Internship for Recreational Therapy	3
RT 4489	Senior Internship in Recreational Therapy	9
	Hours	**12**
	Total Hours	**120**