## Nutritional Sciences: Community Nutrition, BSHS

### Requirements for Students Matriculating in or before Academic Year 2019-2020

Learn more about University Academic Regulation 3.1 ([http://catalog.okstate.edu/university-academic-regulations/#matriculation](http://catalog.okstate.edu/university-academic-regulations/#matriculation)).

**Minimum Overall Grade Point Average:** 2.50  
**Total Hours:** 120

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
</tr>
<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 1213</td>
<td>Composition II</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 1413</td>
<td>Critical Analysis and Writing II</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 3323</td>
<td>Technical Writing</td>
<td>3</td>
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### American History & Government

Select one of the following:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>HIST 1103</td>
<td>Survey of American History</td>
<td>3</td>
</tr>
<tr>
<td>HIST 1483</td>
<td>American History to 1865 (H)</td>
<td>3</td>
</tr>
<tr>
<td>HIST 1493</td>
<td>American History Since 1865 (DH)</td>
<td>3</td>
</tr>
<tr>
<td>POLS 1113</td>
<td>American Government</td>
<td>3</td>
</tr>
</tbody>
</table>

### Analytical & Quantitative Thought (A)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>MATH 1513</td>
<td>College Algebra (A)</td>
<td>3</td>
</tr>
</tbody>
</table>

### Humanities (H)

Courses designated (H) | 6 |

### Natural Sciences (N)

Must include one Laboratory Science (L) course

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHEM 1215</td>
<td>Chemical Principles I (LN)</td>
<td>4</td>
</tr>
<tr>
<td>or CHEM 1314</td>
<td>Chemistry I (LN)</td>
<td>4</td>
</tr>
<tr>
<td>CHEM 1225</td>
<td>Chemical Principles II (LN)</td>
<td>5</td>
</tr>
<tr>
<td>or CHEM 1515</td>
<td>Chemistry II (LN)</td>
<td>5</td>
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### Social & Behavioral Sciences (S)

Courses designated (S) | 3 |

### Additional General Education

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td>BIOL 1114</td>
<td>Introductory Biology (LN)</td>
<td>4</td>
</tr>
<tr>
<td>SPCH 2713</td>
<td>Introduction to Speech Communication (S)</td>
<td>3</td>
</tr>
<tr>
<td>or SPCH 3723</td>
<td>Business and Professional Communication</td>
<td>3</td>
</tr>
<tr>
<td>STAT 2013</td>
<td>Elementary Statistics (A)</td>
<td>3</td>
</tr>
<tr>
<td>or STAT 2023</td>
<td>Elementary Statistics for Business and Economics (A)</td>
<td>3</td>
</tr>
</tbody>
</table>

### Diversity (D) & International Dimension (I)

May be completed in any part of the degree plan  
At least one Diversity (D) course  
At least one International Dimension (I) course

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### College/Departmental Requirements

**Human Sciences**

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS 1112 or HS 3112</td>
<td>Human Sciences First-Year Seminar</td>
<td>2</td>
</tr>
<tr>
<td>HDFS 2113</td>
<td>Lifespan Human Development (S)</td>
<td>3</td>
</tr>
</tbody>
</table>

**Nutritional Sciences**

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NSCI 3011</td>
<td>Nutrition and Evidence-based Practice I</td>
<td>1</td>
</tr>
<tr>
<td>NSCI 3021</td>
<td>Nutrition and Evidence-based Practice II</td>
<td>1</td>
</tr>
<tr>
<td>NSCI 4021</td>
<td>Nutrition and Evidence-based Practice III</td>
<td>1</td>
</tr>
</tbody>
</table>

**Hours Subtotal:** 8

### Major Requirements

2.50 GPA is required for Major Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NSCI 2114</td>
<td>Principles of Human Nutrition (N)</td>
<td>4</td>
</tr>
<tr>
<td>NSCI 3223</td>
<td>Nutrition Across the Life Span</td>
<td>3</td>
</tr>
<tr>
<td>NSCI 3440</td>
<td>Nutritional Sciences Pre-Professional Experience (1 hour)</td>
<td>1</td>
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<tr>
<td>NSCI 3543</td>
<td>Food and the Human Environment (IS)</td>
<td>3</td>
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<tr>
<td>NSCI 4023</td>
<td>Nutrition in the Pathophysiology of Chronic Disease</td>
<td>3</td>
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<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NSCI 4123</td>
<td>Human Nutrition and Metabolism I</td>
<td>3</td>
</tr>
<tr>
<td>NSCI 4143</td>
<td>Human Nutrition and Metabolism II</td>
<td>3</td>
</tr>
<tr>
<td>NSCI 4632</td>
<td>Community Nutrition I</td>
<td>2</td>
</tr>
<tr>
<td>NSCI 4633</td>
<td>Community Nutrition II</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 3204</td>
<td>Physiology</td>
<td>4</td>
</tr>
<tr>
<td>CHEM 3015</td>
<td>Survey of Organic Chemistry</td>
<td>5</td>
</tr>
<tr>
<td>HTM 1113</td>
<td>Introduction to Food Studies</td>
<td>3</td>
</tr>
<tr>
<td>HTM 2153</td>
<td>Introduction to Hospitality Accounting</td>
<td>3</td>
</tr>
<tr>
<td>HTM 3213</td>
<td>Hospitality and Tourism Management and Organizations</td>
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**Emphasis Requirements**

Select an emphasis (p. 1) | 29 |

**Hours Subtotal:** 72

### Total Hours

**120**

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### Emphasis

**Nutrition and Exercise (NUEX)**

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>Includes prerequisites for MS in Athletic Training</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HHP 2654</td>
<td>Applied Anatomy</td>
<td>4</td>
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<tr>
<td>HHP 2802</td>
<td>Medical Terminology for the Health Professions</td>
<td>2</td>
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<tr>
<td>HHP 3114</td>
<td>Physiology of Exercise</td>
<td>4</td>
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<tr>
<td>HHP 3663</td>
<td>Biomechanics</td>
<td>3</td>
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<tr>
<td>HHP 4773</td>
<td>Principles of Exercise Testing and Prescription</td>
<td>3</td>
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<tr>
<td>PHYS 1114</td>
<td>College Physics I (LN)</td>
<td>4</td>
</tr>
<tr>
<td>MATH 1613 or MATH 1715</td>
<td>Trigonometry (A)</td>
<td>3-5</td>
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<tr>
<td>MATH 1813</td>
<td>Precalculus (A)</td>
<td>1-3</td>
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Controlled electives
Nutritional Sciences: Community Nutrition, BSHS

Nutrition Education (NUED)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>HLTH 2213</td>
<td>Principles in Health Education and Promotion</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 2603</td>
<td>Total Wellness (S)</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 3613</td>
<td>Community Health</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 3643</td>
<td>Health Behavior Theory</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 4973</td>
<td>Program Design in Health Education and Promotion</td>
<td>3</td>
</tr>
<tr>
<td>HHP 2654</td>
<td>Applied Anatomy</td>
<td>4</td>
</tr>
<tr>
<td>HHP 3114</td>
<td>Physiology of Exercise</td>
<td>4</td>
</tr>
<tr>
<td>Controlled electives</td>
<td></td>
<td>3</td>
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School Nutrition and Food Service Management (SNFSM)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td>HTM 2283</td>
<td>Hospitality Industry Financial Analysis</td>
<td>3</td>
</tr>
<tr>
<td>HTM 3473</td>
<td>Mechanical Equipment and Facility Management</td>
<td>3</td>
</tr>
<tr>
<td>HTM 3623</td>
<td>Purchasing and Cost Control for Hospitality and Foodservice</td>
<td>3</td>
</tr>
<tr>
<td>HTM 3783</td>
<td>Hospitality Industry Human Resources Management</td>
<td>3</td>
</tr>
<tr>
<td>HTM 4213</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MICR 2123</td>
<td>Introduction to Microbiology</td>
<td>3</td>
</tr>
<tr>
<td>MICR 2132</td>
<td>Introduction to Microbiology Laboratory</td>
<td>2</td>
</tr>
<tr>
<td>MKTG 3213</td>
<td>Marketing (S)</td>
<td>3</td>
</tr>
<tr>
<td>NSCI 4573</td>
<td>Management in Dietetics</td>
<td>3</td>
</tr>
</tbody>
</table>

Food, Nutrition and the Public (FNP)

Select 26 hours of controlled electives working with advisor to identify courses which support the NSCI major and a clearly articulated career path. This may be accomplished by the addition of an OSU minor.

Career paths may include: Cooperative Extension, Food Sales, Public Policy, Communications and International Nutrition. Plan must be approved by department head.

Note: Care must be taken not to include credit hours twice under different sections of the degree sheet.

Ensure that enough upper-division controlled electives are taken to meet the 40 hour upper-division Regents requirement.

This degree program does not meet all the Didactic Program in Dietetics academic course requirements. See the NSCI Major/Dietetics Option sheet for courses to be added.

Other Requirements

- A grade of "C" or better is required in all NSCI 3000- and 4000-level courses.
- Transfer Admission Requirement: 2.50 GPA

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2025.