HUMAN DEVELOPMENT AND FAMILY SCIENCE: CHILD AND FAMILY SERVICES, BSHS

Requirements for Students Matriculating in or before Academic Year 2018-2019. Learn more about University Academic Regulation 3.1 (http://catalog.okstate.edu/university-academic-regulations/#matriculation).

Minimum Overall Grade Point Average: 2.50
Total Hours: 122

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
</tr>
<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
<td></td>
</tr>
<tr>
<td>ENGL 1213</td>
<td>Composition II</td>
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<tr>
<td>or ENGL 1413</td>
<td>Critical Analysis and Writing II</td>
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American History & Government
Select one of the following: 3

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>HIST 1103</td>
<td>Survey of American History</td>
<td></td>
</tr>
<tr>
<td>HIST 1483</td>
<td>American History to 1865</td>
<td></td>
</tr>
<tr>
<td>HIST 1493</td>
<td>American History Since 1865</td>
<td></td>
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<tr>
<td>POLS 1113</td>
<td>American Government</td>
<td>3</td>
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Analytical & Quantitative Thought (A)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>MATH 1513</td>
<td>College Algebra (A)</td>
<td>3</td>
</tr>
<tr>
<td>or MATH 1483</td>
<td>Mathematical Functions and Their Uses (A)</td>
<td></td>
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</tbody>
</table>

Humanities (H)
Courses designated (H) 6

Natural Sciences (N)
Must include one Laboratory Science (L) course.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>NSCI 2114</td>
<td>Principles of Human Nutrition (N)</td>
<td>4</td>
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</tbody>
</table>

3 hours from courses designated (N) with one (L) 3

Social & Behavioral Sciences (S)

<table>
<thead>
<tr>
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<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>SPCH 2713</td>
<td>Introduction to Speech Communication (S)</td>
<td>3</td>
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Additional General Education
Select one of the following: 3

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>STAT 2013</td>
<td>Elementary Statistics (A)</td>
<td></td>
</tr>
<tr>
<td>STAT 2023</td>
<td>Elementary Statistics for Business and Economics (A)</td>
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<tr>
<td>STAT 2053</td>
<td>Elementary Statistics for the Social Sciences (A)</td>
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</table>

6 hours from courses designated (A), (H), (N), or (S) 6

Hours Subtotal 40

Diversity (D) & International Dimension (I)
May be completed in any part of the degree plan
Select at least one Diversity (D) course
Select at least one International Dimension (I) course

College/Departmental Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>HS 1112</td>
<td>Human Sciences First-Year Seminar</td>
<td>2</td>
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<tr>
<td>or HS 3112</td>
<td>Human Sciences First-Year Seminar for Transfer Students</td>
<td></td>
</tr>
<tr>
<td>ENGL 3323</td>
<td>Technical Writing</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 2113</td>
<td>Introduction to Human Development and Family Science</td>
<td>2</td>
</tr>
<tr>
<td>HDFS 2123</td>
<td>Lifespan Human Development (S)</td>
<td>3</td>
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<tr>
<td>HDFS 2123</td>
<td>Developmental Disabilities: Issues Across the Lifespan (D)</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 3123</td>
<td>Parenting (S)</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4533</td>
<td>Critical Issues in Human Development and Family Science</td>
<td>3</td>
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</table>

Hours Subtotal 19

Major Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>HDFS 2213</td>
<td>Human Sexuality and the Family</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 2523</td>
<td>Professional Skills in Human Services</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 2433</td>
<td>Relationship Development and Marriage (S)</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 3443</td>
<td>Family Dynamics</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4433</td>
<td>Family Life Education</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4473</td>
<td>Policy, Law and Advocacy</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4521</td>
<td>HDFS Child and Family Services: Pre-Internship</td>
<td>1</td>
</tr>
<tr>
<td>HDFS 4563</td>
<td>Internship in Child and Family Services I</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4572</td>
<td>Internship in Child and Family Services II</td>
<td>2</td>
</tr>
<tr>
<td>HDFS 4713</td>
<td>Family Resource Management</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 3413</td>
<td>Infant and Child Development</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 3423</td>
<td>Adolescent Development in Family Contexts (S)</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4413</td>
<td>Adulthood and Aging (S)</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 3513</td>
<td>Research Methods in Human Development and Family Science</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4423</td>
<td>Family Risk and Resilience</td>
<td>3</td>
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</table>

Hours Subtotal 42

Professional Track Requirements

See Professional Track Advising Sheets listing controlled electives. Some tracks may require more than 21 hours.
Select a track (p. 2) 21

Hours Subtotal 21

Total Hours 122

1 Meets Certified Family Life Education national requirements.

Other Requirements

- 40 hours must be upper-division.
- A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.
- Transfer Admission Requirements: 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours.
Professional Track Requirements

Aging Services (AGES)
Merit-based state/federal certification/licensing eligible.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>HDFS 4543</td>
<td>Intergenerational Relationships (S)</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4813</td>
<td>Dying, Death and Bereavement</td>
<td>3</td>
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<tr>
<td>HDFS 4823</td>
<td>Aging Concepts and Controversies</td>
<td>3</td>
</tr>
<tr>
<td>Select 12 hours of controlled electives</td>
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Child & Parenting Practitioner (CPP)
OFRC certification-eligible.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>HDFS 2453</td>
<td>Management of Human Service Programs</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 2233</td>
<td>Development of Creative Expression, Play and Motor Skills in Early Childhood</td>
<td>3</td>
</tr>
<tr>
<td>SPED 3202</td>
<td>Educating Exceptional Learners (D)</td>
<td>2</td>
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<tr>
<td>Select 13 hours of controlled electives</td>
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Early Childhood & Infant Mental Health (IMH)
OK-AIMH endorsement-eligible.

<table>
<thead>
<tr>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>HDFS 2211</td>
<td>Early Childhood Field Experience I</td>
<td>1</td>
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<tr>
<td>HDFS 2233</td>
<td>Development of Creative Expression, Play and Motor Skills in Early Childhood</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 2243</td>
<td>Infant-Toddler Programming</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 2453</td>
<td>Management of Human Service Programs</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4373</td>
<td>Early Childhood Health &amp; Well-Being</td>
<td>3</td>
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<tr>
<td>Select 8 hours of controlled electives</td>
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Health & Wellbeing (HWB)
Students must declare a minor in HEPR.

<table>
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<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>HLTH 2213</td>
<td>Principles in Health Education and Promotion</td>
<td>3</td>
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<tr>
<td>HLTH 2603</td>
<td>Total Wellness (S)</td>
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<tr>
<td>HLTH 3613</td>
<td>Community Health</td>
<td>3</td>
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<tr>
<td>HLTH 3643</td>
<td>Health Behavior Theory</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 4973</td>
<td>Program Design in Health Education and Promotion</td>
<td>3</td>
</tr>
<tr>
<td>HHP 2654</td>
<td>Applied Anatomy</td>
<td>4</td>
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<tr>
<td>HHP 3114</td>
<td>Physiology of Exercise</td>
<td>4</td>
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</tbody>
</table>

Health Professions (HP)
Pre-Professional/Pre-Health controlled electives. Check specific admission requirements at university/professional school of choice.

Individualized Plan (IP)
21 hours with a clearly articulated emphasis approved in writing by the HDFS department head or an OSU minor that supports the HDFS major and student’s career goals, as approved by an adviser. Note: a course required elsewhere on this degree sheet cannot be counted towards two requirements. With approval from adviser and department head, a maximum of 30 hours from an accredited doctoral law or health program may be used for up to 21 hours of electives. Up to 9 hours may be substituted for HDFS 2433 Relationship Development and Marriage (S), HDFS 4433 Family Life Education, and HDFS 4473 Policy, Law and Advocacy.

International Human Services (INTL)

<table>
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<tbody>
<tr>
<td>HDFS 2453</td>
<td>Management of Human Service Programs</td>
<td>3</td>
</tr>
<tr>
<td>Select 6 hours of the following:</td>
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<tr>
<td>HDFS 3203</td>
<td>Children's Play: A World Perspective (I)</td>
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<tr>
<td>HDFS 4793</td>
<td>The Family: A World Perspective (IS)</td>
<td></td>
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<tr>
<td>HDFS 4813</td>
<td>Dying, Death and Bereavement</td>
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<tr>
<td>Select 12 hours of controlled electives that meet International Dimension (I) designation or are Foreign Language courses</td>
<td>12</td>
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Policy & Law (LAW)

<table>
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<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>HDFS 2453</td>
<td>Management of Human Service Programs</td>
<td>3</td>
</tr>
<tr>
<td>POLS 2013</td>
<td>Introduction to International Relations (S)</td>
<td>3</td>
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<tr>
<td>POLS 2023</td>
<td>The Individual And The Law</td>
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<td>POLS 2033</td>
<td>Introduction to Public Administration</td>
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<td>Select 9 hours of controlled electives</td>
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Pre-Marriage & Family Therapy (MFT)

<table>
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<tbody>
<tr>
<td>HDFS 2453</td>
<td>Management of Human Service Programs</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4573</td>
<td>Introduction to Marriage and Family Therapy</td>
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</tr>
<tr>
<td>HDFS 4813</td>
<td>Dying, Death and Bereavement</td>
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</tr>
<tr>
<td>Select 3 hours of the following:</td>
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<tr>
<td>HDFS 4750</td>
<td>Topics In HDFS</td>
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<tr>
<td>HDFS 4850</td>
<td>Special Courses in Human Development and Family Science</td>
<td></td>
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<tr>
<td>HDFS 4950</td>
<td>Research Practicum in HDFS</td>
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<tr>
<td>PSYC 3443</td>
<td>Abnormal Psychology (S)</td>
<td>3</td>
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<td>Select 6 hours of controlled electives</td>
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Research/Graduate Studies (RES)

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<tr>
<td>Select 6 hours of the following:</td>
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<tr>
<td>HDFS 4750</td>
<td>Topics In HDFS</td>
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<tr>
<td>HDFS 4850</td>
<td>Special Courses in Human Development and Family Science</td>
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<tr>
<td>HDFS 4950</td>
<td>Research Practicum in HDFS</td>
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<td>Select 15 hours of controlled electives</td>
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Social Work/Social Welfare (SWSW)

<table>
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<tr>
<td>HDFS 2453</td>
<td>Management of Human Service Programs</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4813</td>
<td>Dying, Death and Bereavement</td>
<td>3</td>
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<tr>
<td>SOC 2123</td>
<td>Social Problems (DS)</td>
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<tr>
<td>SOC 3223</td>
<td>Social Psychology (S)</td>
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<td>Select 9 hours of controlled electives</td>
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Youth & Family Ministry/Outreach (MIN)

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<tbody>
<tr>
<td>HDFS 2453</td>
<td>Management of Human Service Programs</td>
<td>3</td>
</tr>
<tr>
<td>HDFS 4793</td>
<td>The Family: A World Perspective (IS)</td>
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<td>HDFS 4813</td>
<td>Dying, Death and Bereavement</td>
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<tr>
<td>RMRT 3313</td>
<td>Camp Operations and Programs</td>
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Select one of the following: 6

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<tbody>
<tr>
<td>REL 1103 &amp; REL 2013</td>
<td>Introduction to World Religions (HI) and Hebrew Scriptures (H)</td>
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<tr>
<td>REL 2023 &amp; HIST 2343</td>
<td>The New Testament and Its Study (H) and Religion in America (H)</td>
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Select 12 hours of controlled electives 12

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2024.