# HEALTH AND HUMAN PERFORMANCE: HEALTH PROMOTIONS, MS

**Requirements for Students Matriculating in or before Academic Year 2019-2020.** Learn more about Graduate College Academic Regulation 7.0 ([http://catalog.okstate.edu/graduate-college](http://catalog.okstate.edu/graduate-college)).

## Thesis Option

**Total Hours:** 36 Hours

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEIS 5023</td>
<td>Legal Aspects of Health, Physical Education and Leisure Services</td>
<td>3</td>
</tr>
<tr>
<td>REMS 5953</td>
<td>Statistical Methods in Education</td>
<td>3</td>
</tr>
<tr>
<td>REMS 5013</td>
<td>Research Design and Methodology</td>
<td>3</td>
</tr>
<tr>
<td>or HHP 5053</td>
<td>Research Design in Leisure, Health and Human Performance</td>
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<tr>
<td>HHP 5523</td>
<td>Current Readings in Health</td>
<td>3</td>
</tr>
</tbody>
</table>

**Hours Subtotal:** 12

**Required Courses**

- HHP 5663
- HHP 5683
- HHP 5973
- HHP 5983

**Hours Subtotal:** 12

**Departmental Electives**

Select 9 hours of the following:

- HHP 5113
- HHP 5453
- HHP 5853 Clin Ex Test & Prescript
- HHP 5873 Human Bioenergetics
- HHP 5073 Psychological Aspects of Sport

**Hours Subtotal:** 9

**Non-Thesis**

- HHP 5030 Field Problems in Health and Human Performance

**Hours Subtotal:** 3

**Total Hours:** 36

## General Graduate College Requirements

- A minimum Grade-Point-Average of 3.00 is required
- A minimum Grade of "C" is required in all degree applicable courses
- No courses utilizing the Pass-No Pass grading system are permitted
- GRAD 5082 or GRAD 5092 may not be used to meet degree requirements

## Additional Graduate College Masters Degree Requirements

### Plan I (coursework with thesis)

- A minimum of 30 credit hours
  - A minimum of 24 coursework credit hours comprised of:
    - 6 research or creative component credit hours
    - 21 in-residence credit hours (maximum of 9 transfer hours with "B" or better)
    - 21 credit hours at 5000- or 6000-level

### Plan II (coursework without thesis)

- A minimum of 32 credit hours
  - A minimum of 3 credit hours of research or creative component
  - A minimum of 23 in-residence credit hours (maximum of 9 transfer credit hours with "B" or better)
  - A minimum of 21 credit hours at the 5000- or 6000-level