HEALTH AND HUMAN PERFORMANCE: APPLIED EXERCISE SCIENCE, MS

Requirements for Students Matriculating in or before Academic Year 2021-2022. Learn more about Graduate College Academic Regulation 7.0 (http://catalog.okstate.edu/graduate-college/#70).

**Thesis Option**

Total Hours: 36

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>LEIS 5023</td>
<td>Legal Aspects of Health, Physical Education and Leisure Services</td>
<td>3</td>
</tr>
<tr>
<td>REMS 5953</td>
<td>Statistical Methods in Education</td>
<td>3</td>
</tr>
<tr>
<td>REMS 5013</td>
<td>Research Design and Methodology</td>
<td>3</td>
</tr>
<tr>
<td>or HHP 5053</td>
<td>Research Design in Leisure, Health and Human Performance</td>
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<tr>
<td>HHP 5523</td>
<td>Current Readings in Health</td>
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<td></td>
<td><strong>Required Courses</strong></td>
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<td>HHP 5853</td>
<td>Clin Ex Test &amp; Prescript</td>
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<td>HHP 5873</td>
<td>Human Bioenergetics</td>
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<td>HLTH 5113</td>
<td>Psychological Aspects of Health</td>
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<td>HHP 5073</td>
<td>Psychological Aspects of Sport</td>
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<tr>
<td></td>
<td>HHP 5733</td>
<td>Motor Learning</td>
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<td></td>
<td>HHP 5823</td>
<td>Applied Neuromuscular Anatomy and Physiology</td>
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<td></td>
<td>NSCI 5133</td>
<td>Advanced Nutrition for Exercise and Sport</td>
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<tr>
<td></td>
<td>NSCI 5303</td>
<td>Human Nutrition and Metabolism I</td>
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<td>BIOL 5215</td>
<td>Mammalian Physiology</td>
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<td></td>
<td>HHP 5843</td>
<td>Quantitative Biomechanics and Kinesiology</td>
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<td><strong>Creative Component</strong></td>
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<td></td>
<td>HHP 5030</td>
<td>Field Problems in Health and Human Performance</td>
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Graduate College Master’s Program Requirements

Learn more about Graduate College 2021-2022 Master’s Degree Program Requirements (http://catalog.okstate.edu/graduate-college/). Check the General Graduate College academic regulations for minimal GPA, language proficiency and other general requirements.

**Non-Thesis Option**

Total Hours: 33

<table>
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<th>Hours</th>
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<td>REMS 5953</td>
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<td>Research Design in Leisure, Health and Human Performance</td>
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Note: The above table is a structured representation of the requirements for the MS in Health and Human Performance: Applied Exercise Science program, including both thesis and non-thesis options, detailing course codes, titles, and hours required for completion.