

NUTRITIONAL SCIENCES: PUBLIC HEALTH NUTRITION, BS

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
Freshman		
Fall		
NSCI 2114	Principles of Human Nutrition (N)	4
EDHS 1112 or EDHS 3112	First Year Seminar or Education and Human Sciences First-Year Seminar for Transfer Students	2
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
MATH 1513 or MATH 1483	College Algebra (A) or Mathematical Functions and Their Uses (A)	3
BIOL 1113 & BIOL 1111 or BIOL 1114	Introductory Biology (N) or Introductory Biology (LN)	4
Hours		16
Spring		
ENGL 1213 or ENGL 1413 or ENGL 3323	Composition II or Critical Analysis and Writing II or Technical Writing	3
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) or Chemistry I (LN)	4
HLTH 2213	Introduction to Public Health	3
SOC 1113	Introductory Sociology (S)	3
Hours		13
Sophomore		
Fall		
NSCI 3733	Environmental Nutrition	3
CHEM 1225 or CHEM 1515	Chemical Principles II (LN) or Chemistry II (LN)	5
PSYC 1113	Introductory Psychology (S)	3
STAT 2013	Elementary Statistics (A)	3
Hours		14
Spring		
NSCI 3223	Nutrition Across the Life Span	3
MICR 2123	Introduction to Microbiology	3
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
HDFS 2113	Lifespan Human Development (S)	3
SPCH 2713	Introduction to Speech Communication (S)	3
Hours		15
Summer		
NSCI 3440	Nutritional Sciences Pre-Professional Experience ¹	1
Hours		1

Junior

Fall

NSCI 3312	Nutrition Care Process and Assessment	2
NSCI 3543	Food and the Human Environment (IS)	3
NSCI 3011	Nutrition and Evidence-based Practice I	1
BIOL 3204	Physiology	4
MICR 2132	Introduction to Microbiology Laboratory	2
POLS 1113	American Government	3
Hours		15

Spring

NSCI 3021	Nutrition and Evidence-based Practice II	1
NSCI 3813	Nutrition Counseling	3
3 hours of Humanities/Diversity		3
HLTH 3723	Principles of Epidemiology	3
ACCT 2003	Survey of Accounting	3
3 hours of controlled elective		3
Hours		16

Senior

Fall

NSCI 4123	Human Nutrition and Metabolism I	3
NSCI 4632	Community Nutrition I	2
NSCI 4913	Nutritional Epidemiology	3
MGMT 3013	Fundamentals of Management (S)	3
MKTG 3213	Marketing (S)	3

Hours 14

Spring

NSCI 4633	Community Nutrition II	3
NSCI 4143	Human Nutrition and Metabolism II	3
NSCI 4021	Nutrition and Evidence-based Practice III	1
ECON 1113	The Economics of Social Issues (S)	3
3 hours of Humanities (H)		3
3 hours of controlled electives		3

Hours 16

Total Hours 120

1

Required at some time during the degree program.