# Nutritional Sciences: Public Health Nutrition, BS

## Degree Requirements

**Requirements for Students Matriculating in or before Academic Year 2022-2023.** Learn more about University Academic Regulation 3.1 (http://catalog.okstate.edu/university-academic-regulations/#matriculation).

Minimum Overall Grade Point Average: 2.50

Total Hours: 120

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**American History & Government**

Select one of the following:

- HIST 1103 Survey of American History
- HIST 1483 American History to 1865 (H)
- HIST 1493 American History Since 1865 (DH)
- POLS 1113 American Government

**Analytical & Quantitative Thought (A)**

Select one of the following:

- MATH 1513 College Algebra (A)
- MATH 1483 Mathematical Functions and Their Uses (A)
- MATH 1613 Trigonometry (A)
- MATH 1813 Preparation for Calculus (A)

**Humanities (H)**

Courses designated (H)

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**Natural Sciences (N)**

Must include one Laboratory Science (L) course

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**Social & Behavioral Sciences (S)**

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**Additional General Education**

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<td>&amp; BIOL 1111</td>
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<td>Business and Professional Communication</td>
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<td>STAT 2013</td>
<td>Elementary Statistics (A)</td>
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<td>or STAT 2023</td>
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**Hours Subtotal:** 43

**Diversity (D) & International Dimension (I)**

May be completed in any part of the degree plan

At least one Diversity (D) course

At least one International Dimension (I) course

**College/Departmental Requirements**

**Human Sciences**

- EDHS 1112 First Year Seminar
- or EDHS 3112 Education and Human Sciences First-Year Seminar for Transfer Students
- HDFS 2113 Lifespan Human Development (S)

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**NUTRITIONAL SCIENCES**

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<td>Nutrition and Evidence-based Practice I</td>
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<td>NSCI 3021</td>
<td>Nutrition and Evidence-based Practice II</td>
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<td>NSCI 4021</td>
<td>Nutrition and Evidence-based Practice III</td>
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**Hours Subtotal:** 8

2.50 GPA is required for Major Requirements

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<td>Nutrition Across the Life Span</td>
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<td>NSCI 3440</td>
<td>Nutritional Sciences Pre-Professional Experience (1 hour)</td>
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<td>Food and the Human Environment (IS)</td>
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<td>NSCI 4123</td>
<td>Human Nutrition and Metabolism I</td>
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<td>Human Nutrition and Metabolism II</td>
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<td>NSCI 4632</td>
<td>Community Nutrition I</td>
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<td>NSCI 4633</td>
<td>Community Nutrition II</td>
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<td>BIOL 3204</td>
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<td>PSYC 1113</td>
<td>Introductory Psychology (S)</td>
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<td>Introduction to Microbiology</td>
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<td>Introduction to Microbiology Laboratory</td>
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**Emphasis Requirements**

Select an emphasis (p. 1)

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**Emphasis**

**Public Health Nutrition (PHN)**

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<td>Principles of Epidemiology</td>
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<td>NSCI 4573</td>
<td>Management in Dietetics</td>
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<td>Marketing (S)</td>
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<td>Nutrition Counseling</td>
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**Hours Subtotal:** 69

**Total Hours:** 120
Nutritional Sciences: Public Health Nutrition, BS

**NSCI 4913**
Nutritional Epidemiology 3

**Controlled Electives**
Choose 6 hours from the following list:

- **AGCM 3103**  Written Communications in Agricultural Sciences and Natural Resources
- **BIOL 3123**  Human Heredity (N)
- **HDFS 2123**  Developmental Disabilities: Issues Across the Lifespan (D)
- **HDFS 3423**  Adolescent Development in Family Contexts (S)
- **HDFS 4543**  Intergenerational Relationships (S)
- **HDFS 4813**  Dying, Death and Bereavement
- **HDFS 4823**  Aging Concepts and Controversies
- **HLTH 3913**  Alcohol and Drug Education
- **MGMT 3313**  Human Resource Management
- **MICR 3103**  Microbes: Friends or Foes (N)
- **NSCI 4133**  Nutrition for Exercise and Sport
- **PHIL 3833**  Biomedical Ethics (H)
- **PHIL 4013**  Perspectives on Death and Dying (H)

**Public Health Pre-Med**

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<td>General Genetics</td>
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Note: Care must be taken not to include credit hours twice under different sections of the degree sheet.

Ensure that enough upper-division controlled electives are taken to meet the 40 hour upper-division Regents requirement.

This degree program does not meet all the Didactic Program in Dietetics academic course requirements. See the NSCI Major/Dietetics Option sheet for courses to be added.

**Other Requirements**
- 40 upper-division hours required.
- A 2.50 Major GPA is required. This includes all courses in College/Departmental and Major Requirements.
- A grade of “C” or better is required in all NSCI 3000- and 4000-level courses.
- Transfer Admission Requirement: 2.50 GPA.

**Additional State/OSU Requirements**
- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.

- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2028.

**Example Plan of Study**

**Finish in Four Plan of Study**

The plan below is an example of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

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1 Required at some time during the degree program.