

# NUTRITIONAL SCIENCES: DIETETICS, BS

## Degree Requirements

**Requirements for Students Matriculating in or before Academic Year 2024-2025.** Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

**Minimum Overall Grade Point Average: 2.50**

**Total Hours: 121**

Code	Title	Hours
<b>General Education Requirements</b>		
<i>English Composition</i>		
See Academic Regulation 3.5 ( <a href="http://catalog.okstate.edu/university-academic-regulations/#english-composition">http://catalog.okstate.edu/university-academic-regulations/#english-composition</a> )		
ENGL 1113	Composition I	3
or ENGL 1313	Critical Analysis and Writing I	
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History &amp; Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Analytical &amp; Quantitative Thought (A)</i>		
MATH 1513	College Algebra (A)	3
or MATH 1483	Mathematical Functions and Their Uses (A)	
<i>Humanities (H)</i>		
Courses designated (H)		6
<i>Natural Sciences (N)</i>		
Must include one Laboratory Science (L) course		
CHEM 1215	Chemical Principles I (LN)	4
or CHEM 1314	Chemistry I (LN)	
CHEM 1225	Chemical Principles II (LN)	5
or CHEM 1515	Chemistry II (LN)	
<i>Social &amp; Behavioral Sciences (S)</i>		
PSYC 1113	Introductory Psychology (S)	3
<i>Additional General Education</i>		
BIOL 1113 & BIOL 1111	Introductory Biology (N) and Introductory Biology Laboratory (LN)	4
or BIOL 1114	Introductory Biology (LN)	
SPCH 2713	Introduction to Speech Communication (S)	3
or SPCH 3723	Business and Professional Communication	
STAT 2013	Elementary Statistics (A)	3
or STAT 2023	Elementary Statistics for Business and Economics (A)	
<b>Hours Subtotal</b>		<b>43</b>
<b>Diversity (D) &amp; International Dimension (I)</b>		

May be completed in any part of the degree plan

At least one Diversity (D) course

At least one International Dimension (I) course

### College/Departmental Requirements

#### Human Sciences

UNIV 1111	First Year Seminar (or other approved first year seminar course)	1
EDHS 1111	First Year Seminar Supplement	1
HDFS 2113	Lifespan Human Development (S)	3

#### Nutritional Sciences

NSCI 3011	Nutrition and Evidence-based Practice I	1
NSCI 3021	Nutrition and Evidence-based Practice II	1
NSCI 4021	Nutrition and Evidence-based Practice III	1

**Hours Subtotal 8**

### Major Requirements

2.50 GPA is required for Major Requirements

NSCI 2211	Professional Careers in Dietetics	1
NSCI 2013 & NSCI 2011	Principles of Human Nutrition (N) and Applied Principles of Human Nutrition	4
NSCI 3133	Science of Food Preparation	3
NSCI 3223	Nutrition Across the Life Span	3
NSCI 3312	Nutrition Care Process and Assessment	2
NSCI 3440	Nutritional Sciences Pre-Professional Experience (1 hour)	1
NSCI 3543	Food and the Human Environment (IS)	3
NSCI 3813	Nutrition Counseling	3
NSCI 3993	Culinary Principles in Nutrition	3
NSCI 4023	Nutrition in the Pathophysiology of Chronic Disease	3
NSCI 4111	Professional Preparation for Careers in Dietetics	1
NSCI 4123	Human Nutrition and Metabolism I	3
NSCI 4143	Human Nutrition and Metabolism II	3
NSCI 4331	Quantity Food Production Practicum	1
NSCI 4573	Management in Dietetics	3
NSCI 4632	Community Nutrition I	2
NSCI 4633	Community Nutrition II	3
NSCI 4854	Medical Nutrition Therapy I	4
NSCI 4864	Medical Nutrition Therapy II	4
ACCT 2103	Financial Accounting	3
or ACCT 2003	Survey of Accounting	
BIOC 3653	Survey of Biochemistry	3
BIOL 3204	Physiology	4
CHEM 3013 & CHEM 3012	Survey of Organic Chemistry and Survey of Organic Chemistry Laboratory	5
MICR 2123	Introduction to Microbiology	3
MICR 2132	Introduction to Microbiology Laboratory	2
<b>Hours Subtotal</b>		<b>70</b>

**Total Hours 121**

This degree program meets the Didactic Program in Dietetics requirements for the Accreditation Council for Education in Nutrition and

Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2190, Chicago, IL 60606-6995, 312/899-0040, Ext. 5400.

## Other Requirements

- 40 upper-division hours required.
- A 2.50 Major GPA is required. This includes all courses in College/ Departmental and Major Requirements.
- A grade of "C" or better is required in all NSCI 3000- and 4000-level courses.
- Transfer Admission Requirement: 2.50 GPA.

## Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2030.

## Example Plan of Study

### Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
<b>Freshman</b>		
<b>Fall</b>		
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
NSCI 2013	Principles of Human Nutrition (N)	3
NSCI 2011	Applied Principles of Human Nutrition	1
UNIV 1111	First Year Seminar	1
BIOL 1113 & BIOL 1111 or BIOL 1114	Introductory Biology (N) or Introductory Biology (LN)	4
MATH 1513 or MATH 1483	College Algebra (A) or Mathematical Functions and Their Uses (A)	3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
NSCI 2211	Professional Careers in Dietetics (Spring Only)	1
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
ENGL 1213 or ENGL 1413 or ENGL 3323	Composition II or Critical Analysis and Writing II or Technical Writing	3
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) or Chemistry I (LN)	4
HDFS 2113	Lifespan Human Development (S)	3

EDHS 1111	First Year Seminar Supplement	1
<b>Hours</b>		<b>15</b>
<b>Sophomore</b>		
<b>Fall</b>		
CHEM 1225 or CHEM 1515	Chemical Principles II (LN) or Chemistry II (LN)	5
POLS 1113	American Government	3
NSCI 3993	Culinary Principles in Nutrition (Fall Only)	3
NSCI 3440	Nutritional Sciences Pre-Professional Experience	1
PSYC 1113	Introductory Psychology (S)	3
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
CHEM 3013	Survey of Organic Chemistry	3
CHEM 3012	Survey of Organic Chemistry Laboratory	2
STAT 2013 or STAT 2023	Elementary Statistics (A) or Elementary Statistics for Business and Economics (A)	3
NSCI 3223	Nutrition Across the Life Span	3
3 hours of Humanities (H)		3
ACCT 2003	Survey of Accounting	3
<b>Hours</b>		<b>17</b>
<b>Junior</b>		
<b>Fall</b>		
NSCI 3312	Nutrition Care Process and Assessment (Fall Only)	2
NSCI 3011	Nutrition and Evidence-based Practice I	1
BIOC 3653	Survey of Biochemistry	3
BIOL 3204	Physiology	4
3 hours of Humanities with Diversity designation		3
SPCH 2713	Introduction to Speech Communication (S)	3
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
NSCI 3813	Nutrition Counseling (Spring Only)	3
NSCI 3543	Food and the Human Environment (IS)	3
NSCI 4023	Nutrition in the Pathophysiology of Chronic Disease	3
NSCI 3021	Nutrition and Evidence-based Practice II	1
MICR 2123	Introduction to Microbiology	3
MICR 2132	Introduction to Microbiology Laboratory	2
<b>Hours</b>		<b>15</b>
<b>Senior</b>		
<b>Fall</b>		
NSCI 4123	Human Nutrition and Metabolism I	3
NSCI 4854	Medical Nutrition Therapy I (Fall Only)	4
NSCI 4573	Management in Dietetics (Fall Only)	3
NSCI 4111	Professional Preparation for Careers in Dietetics (Fall Only)	1
NSCI 4021	Nutrition and Evidence-based Practice III	1
NSCI 4632	Community Nutrition I (Fall Only)	2
<b>Hours</b>		<b>14</b>
<b>Spring</b>		
NSCI 4143	Human Nutrition and Metabolism II	3
NSCI 3133	Science of Food Preparation (Spring Only)	3
NSCI 4633	Community Nutrition II (Spring Only)	3
NSCI 4864	Medical Nutrition Therapy II (Spring Only)	4
NSCI 4331	Quantity Food Production Practicum	1
<b>Hours</b>		<b>14</b>
<b>Total Hours</b>		<b>121</b>