

NUTRITIONAL SCIENCES: ALLIED HEALTH, BSHS

Requirements for Students Matriculating in or before Academic Year 2020-2021. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.50

Total Hours: 120

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113 or ENGL 1313	Composition I Critical Analysis and Writing I	3
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Analytical & Quantitative Thought (A)</i>		
MATH 1513	College Algebra (A)	3
<i>Humanities (H)</i>		
Courses designated (H)		6
<i>Natural Sciences (N)</i>		
Must include one Laboratory Science (L) course		
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) ¹ Chemistry I (LN)	4
CHEM 1225 or CHEM 1515	Chemical Principles II (LN) Chemistry II (LN)	5
<i>Social & Behavioral Sciences (S)</i>		
Courses designated (S)		3
<i>Additional General Education</i>		
BIOL 1114	Introductory Biology (LN)	4
SPCH 2713 or SPCH 3723	Introduction to Speech Communication (S) Business and Professional Communication	3
STAT 2013 or STAT 2023	Elementary Statistics (A) Elementary Statistics for Business and Economics (A)	3
Hours Subtotal		43

Diversity (D) & International Dimension (I)

May be completed in any part of the degree plan

At least one Diversity (D) course

At least one International Dimension (I) course

College/Departmental Requirements

Human Sciences

HS 1112 or HS 3112	Human Sciences First-Year Seminar Human Sciences First-Year Seminar for Transfer Students	2
HDFS 2113	Lifespan Human Development (S)	3

Nutritional Sciences

NSCI 3011	Nutrition and Evidence-based Practice I	1
NSCI 3021	Nutrition and Evidence-based Practice II	1
NSCI 4021	Nutrition and Evidence-based Practice III	1

Hours Subtotal		8
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Major Requirements

2.50 GPA is required for Major Requirements

NSCI 2114	Principles of Human Nutrition (N)	4
NSCI 3223	Nutrition Across the Life Span	3
NSCI 3440	Nutritional Sciences Pre-Professional Experience (1 hour)	1
NSCI 3543	Food and the Human Environment (IS)	3
NSCI 4023	Nutrition in the Pathophysiology of Chronic Disease	3

NSCI 4123	Human Nutrition and Metabolism I	3
NSCI 4143	Human Nutrition and Metabolism II	3
NSCI 4373	Principles of Nutrition Education and Counseling	3

BIOL 3204	Physiology	4
BIOL 3214	Human Anatomy	4

Select one of the following (see advisor):

CHEM 3015	¹	
CHEM 3053 & CHEM 3112 & CHEM 3153	Organic Chemistry I and Organic Chemistry Laboratory and Organic Chemistry II (complete series)	¹

HHP 2802	Medical Terminology for the Health Professions	2
HLTH 2603	Total Wellness (S)	3
MICR 2123	Introduction to Microbiology	3
MICR 2132	Introduction to Microbiology Laboratory	2
UNIV 2511	Introduction to Health Careers	1

19-22 hours of controlled electives to total 69 hours of major requirements

Hours Subtotal		69
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Total Hours		120
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¹ If a student takes CHEM 1215 Chemical Principles I (LN) one hour will count as a controlled elective. If student completes CHEM 3013 Survey of Organic Chemistry and CHEM 3012 Survey of Organic Chemistry Laboratory, he/she must take 22 hours of controlled electives. If student completes CHEM 3053 Organic Chemistry I, CHEM 3112 Organic Chemistry Laboratory and CHEM 3153 Organic Chemistry II, he/she must take 19 hours of controlled electives.

Consult admissions requirements for specific professional programs.

Ensure that enough upper-division controlled electives are taken to meet the 40 hour upper-division Regents requirement.

This degree program does not meet all the Didactic Program in Dietetics academic course requirements. See the NSCI Major/Dietetics Option sheet for courses to be added.

Other Requirements

- 40 upper-division hours required.
- A 2.50 Major GPA is required. This includes all courses in College/Departmental and Major Requirements.
- A grade of "C" or better is required in all NSCI 3000- and 4000-level courses.
- Transfer Admission Requirement: 2.50 GPA

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2026.