

# RECREATIONAL THERAPY: PRE-PROFESSIONAL OCCUPATIONAL THERAPY, BS

## Example Plan of Study

### Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

| Course                                    | Title  | Hours     |
|---|--|-----------|
| <b>Freshman</b>                           |  |           |
| <b>Fall</b>                               |  |           |
| ENGL 1113<br>or ENGL 1313                 | Composition I<br>or Critical Analysis and Writing I  | 3         |
| RT 2433                                   | Introduction to Recreational Therapy   | 3         |
| BIOL 1113<br>or BIOL 1114                 | Introductory Biology (N)<br>or Introductory Biology (LN)   | 3         |
| RM 2463                                   | Recreation Management and Recreational Therapy Laboratory  | 3         |
| UNIV 1111                                 | First Year Seminar   | 1         |
| BIOL 1111                                 | Introductory Biology Laboratory (LN)   | 1         |
| <b>Hours</b>                              |  | <b>14</b> |
| <b>Spring</b>                             |  |           |
| ENGL 1213<br>or ENGL 1413<br>or ENGL 3323 | Composition II<br>or Critical Analysis and Writing II<br>or Technical Writing                        | 3         |
| RT 3423<br>or RT 3433                     | Recreational Therapy in Geriatric Practices<br>or Recreational Therapy and Physical Disabilities     | 3         |
| PSYC 1113                                 | Introductory Psychology (S)  | 3         |
| MATH 1513                                 | College Algebra (Q)  | 3         |
| RT 3110                                   | Workshop in Recreational Therapy   | 2         |
| RT 3441                                   | Warm Water Therapy Lab   | 1         |
| <b>Hours</b>                              |  | <b>15</b> |
| <b>Sophomore</b>                          |  |           |
| <b>Fall</b>                               |  |           |
| HDFS 2113                                 | Lifespan Human Development (S)   | 3         |
| HIST 1103<br>or HIST 1483<br>or HIST 1493 | Survey of American History<br>or American History to 1865 (H)<br>or American History Since 1865 (DH) | 3         |
| CHEM 1314<br>or CHEM 1215                 | Chemistry I (LN)<br>or Chemical Principles I (LN)  | 4         |
| RT 2443                                   | Contemporary Issues in Diversity (DS)  | 3         |
| 2 Hours General Education (Q, H, N, or S) |  | 2         |
| EDHS 3111                                 | Preparing for Your Future Career   | 1         |
| <b>Hours</b>                              |  | <b>16</b> |
| <b>Spring</b>                             |  |           |
| RT 3423<br>or RT 3433                     | Recreational Therapy in Geriatric Practices<br>or Recreational Therapy and Physical Disabilities     | 3         |
| POLS 1113                                 | American Government  | 3         |
| RT 3843                                   | Recreational Therapy Facilitation Techniques & Interventions   | 3         |
| 3 Hours General Education (H, DH, HG)     |  | 3         |
| STAT 2013<br>or STAT 2023                 | Elementary Statistics (Q)<br>or Elementary Statistics for Business and Economics (Q)                 | 3         |
| <b>Hours</b>                              |  | <b>15</b> |

### Junior

#### Fall

|  |   |           |
|--|---|-----------|
| RT 3413  | Recreational Therapy and Mental Illness/Intellectual Disabilities | 3         |
| BIOL 3204  | Physiology  | 4         |
| RT 4833  | Recreational Therapy and Pediatrics                               | 3         |
| RT Elective (Choose from: EPSY 3113, 3413, 4063, HDFS 2233, 3203, 3413, or 3423) |   | 3         |
| RT 3443  | Assessment in Recreational Therapy                                | 3         |
| <b>Hours</b>   |   | <b>16</b> |

#### Spring

|              |  |           |
|--------------|--|-----------|
| RT 4933      | Advanced Methods In Recreational Therapy         | 3         |
| RT 4843      | Recreational Therapy & Healthcare Administration | 3         |
| HHP 2654     | Applied Anatomy                                  | 4         |
| PSYC 3443    | Psychopathology (S)                              | 3         |
| <b>Hours</b> |  | <b>13</b> |

#### Summer

|              |   |          |
|--------------|---|----------|
| RT 3473      | Medical Terminology and Procedures for Recreational Therapy | 3        |
| RT 3483      | Junior Internship in Recreation Therapy                     | 3        |
| <b>Hours</b> |   | <b>6</b> |

### Senior

#### Fall

|  |  |           |
|--|--|-----------|
| RT 4581                                  | Senior Seminar in Recreational Therapy     | 1         |
| 3 Hours Course Designated (H, DH, or HG) |  | 3         |
| SOC 1113                                 | Introductory Sociology (S)                 | 3         |
| RT 4443                                  | Recreational Therapy and Child Development | 3         |
| PHYS 1114                                | College Physics I (LN)                     | 4         |
| <b>Hours</b>                             |  | <b>14</b> |

#### Spring

|                    |   |            |
|--------------------|---|------------|
| RT 4483            | Administrative Documentation in Internship for Recreational Therapy | 3          |
| RT 4489            | Senior Internship in Recreational Therapy                           | 9          |
| <b>Hours</b>       |   | <b>12</b>  |
| <b>Total Hours</b> |   | <b>121</b> |