

RECREATION MANAGEMENT AND RECREATIONAL THERAPY: RECREATIONAL THERAPY, BS

Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2021-2022. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.00

Total Hours: 120

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113	Composition I	3
or ENGL 1313	Critical Analysis and Writing I	
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865 (H)	
HIST 1493	American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Analytical & Quantitative Thought (A)</i>		
MATH 1513	College Algebra (A)	3
<i>Humanities (H)</i>		
Courses designated (H)		6
<i>Natural Sciences (N)</i>		
Must include one Laboratory Science (L) course		
BIOL 1114	Introductory Biology (LN)	4
CHEM 1314	Chemistry I (LN)	4
or CHEM 1215	Chemical Principles I (LN)	
<i>Social & Behavioral Sciences (S)</i>		
Course designated (S)		6
Recommended:		
PSYC 1113	Introductory Psychology (S)	
<i>Additional General Education</i>		
Courses designated (A), (H), (N), or (S)		6
Hours Subtotal		41
Diversity (D) & International Dimension (I)		
May be completed in any part of the degree plan		
Select at least one Diversity (D) course		
Select at least one International Dimension (I) course		

College/Departmental Requirements		
Minimum GPA 2.50 with a minimum grade of "C" or "P" in each course		
EDHS 1112	First Year Seminar	2
HDFS 2113	Lifespan Human Development (S)	3
HHP 2654	Applied Anatomy	4
RMRT 3010	Workshop in Recreation Management (Psychomotor Development)	2
RMRT 3473	Medical Procedures For Recreational Therapy	3
(taken concurrently with RMRT 3480)		
PSYC 3443	Abnormal Psychology (S)	3
Select one of the following:		3
STAT 2013	Elementary Statistics (A)	
STAT 2023	Elementary Statistics for Business and Economics (A)	
STAT 2053	Elementary Statistics for the Social Sciences (A)	
BIOL 3204	Physiology	4
Hours Subtotal		24
Major Requirements		
Minimum GPA of 2.50 with a minimum grade of "C" or "P" in each course		
<i>Program Core (19 hours)</i>		
RMRT 2413	Introduction To Recreation Management	3
RMRT 2443	Contemporary Issues in Diversity (DS)	3
RMRT 2463	Recreation Management and Recreational Therapy Laboratory	3
RMRT 2473	Foundation of Recreation Management Leadership	3
RMRT 4433	Evaluation in Recreation Management Services	3
RMRT 4481	Senior Seminar in Recreation Management	1
RMRT 4493	Administration of Recreation Services	3
<i>RT Option Requirements (31 hours)</i>		
RMRT 2433	Introduction to Recreational Therapy	3
RMRT 3413	Recreational Therapy and Mental Illness/Intellectual Disabilities	3
RMRT 3423	Recreational Therapy In Geriatric Practices	3
RMRT 3433	Recreational Therapy and Physical Disabilities	3
RMRT 3441	Warm Water Therapy Lab	1
RMRT 3480	Junior Internship (3-6 hours)	6
RMRT 4480	Internship in Recreational Therapy (6 to 9 hours taken with RMRT 4483 in Spring or Summer only)	6
RMRT 4483	Administrative Documentation in Internship for Recreational Therapy (taken with RMRT 4480 in Spring or Summer only)	3
RMRT 4933	Advanced Methods In Recreational Therapy	3
RMRT 4010	Directed Studies in Recreation Management (Recreational Therapy Practice in ECE)	3
Select 2 hours of electives from the following:		2
Upper division RMRT courses and/or		

EPSY 3113	Psychological Foundations of Childhood	
EPSY 3413	Child and Adolescent Development	
EPSY 4063	Exploration of the Creative Experience	
HDFS 2233	Development of Creative Expression, Play and Motor Skills in Early Childhood	
HDFS 3203	Children's Play: A World Perspective (I)	
HDFS 3413	Infant and Child Development	
HDFS 3423	Adolescent Development in Family Contexts (S)	
Hours Subtotal		55
Total Hours		120

Other Requirements

- 40 hours of upper-division course work.
- Required for graduation:
 - a. 2.00 Overall GPA;
 - b. 2.50 GPA in major for enrollment in RMRT 4480 Internship in Recreational Therapy; and
 - c. 2.50 GPA in College/Departmental Requirements.
- The student must earn minimum grades of "C" or "P" in the College/Departmental Requirements and Major Requirements.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2027.

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
Freshman		
Fall		
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3

HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
MATH 1513	College Algebra (A)	3
BIOL 1114	Introductory Biology (LN)	4
EDHS 1112	First Year Seminar	2
Hours		15

Spring		
ENGL 1213 or ENGL 1413 or ENGL 3323	Composition II or Critical Analysis and Writing II or Technical Writing	3
POLS 1113	American Government	3
PSYC 1113	Introductory Psychology (S)	3
CHEM 1314 or CHEM 1215	Chemistry I (LN) or Chemical Principle I (LN)	4
RMRT 3010	Workshop in Recreation Management	2
Hours		15

Sophomore		
Fall		
RMRT 4833	Recreational Therapy and Pediatrics	3
RMRT 2433	Introduction to Recreational Therapy	3
RMRT 2463	Recreation Management and Recreational Therapy Laboratory	3
RMRT 2443	Contemporary Issues in Diversity (DS)	3

Course designated (A), (H), (N), or (S)		3
	Hours	15
Spring		
RMRT 3843	Recreational Therapy Facilitation Techniques & Interventions	3
RMRT 3423 or RMRT 3433	Recreational Therapy In Geriatric Practices or Recreational Therapy and Physical Disabilities	3
RMRT 3441	Warm Water Therapy Lab	1
Course designated (S), (DS) or (IS)		3
Course designated (H), (DH) or (HI)		3
HDFS 2113	Lifespan Human Development (S)	3
	Hours	16
Junior		
Fall		
RMRT 3413	Recreational Therapy and Mental Illness/Intellectual Disabilities	3
BIOL 3204	Physiology	4
STAT 2013 or STAT 2023 or STAT 2053	Elementary Statistics (A) or Elementary Statistics for Business and Economics (A) or Elementary Statistics for the Social Sciences (A)	3
RMRT Elective (Choose from EPSY 3413, 4063, HDFS 2233, 3203, 3413 or 3423)		3
Course designated (A), (H), (N) or (S)		3
	Hours	16
Spring		
RMRT 4843	Recreational Therapy & Healthcare Administration	3
RMRT 4933	Advanced Methods In Recreational Therapy	3

RMRT 3423	Recreational Therapy In Geriatric Practices	3
PSYC 3443	Abnormal Psychology (S)	3
	Hours	12
Summer		
RMRT 3480	Junior Internship	3
RMRT 3473	Medical Procedures For Recreational Therapy	3
	Hours	6
Senior		
Fall		
RMRT 3443	Assessment in Recreational Therapy	3
RMRT 4581	Senior Seminar in Recreational Therapy	1
3 hours of RMRT Elective (Choose from: EPSY 3413, 4063, HDFS 2233, 3203, 3413 or 3423)		3
HHP 2654	Applied Anatomy (Pre-Health students may take BIOL 3214)	4
Course designated (H), (DH) or (HI)		3
	Hours	14
Spring		
RMRT 4480	Internship in Recreational Therapy	9
RMRT 4483	Administrative Documentation in Internship for Recreational Therapy	3
	Hours	12
	Total Hours	121