# Recreation Management and Recreational Therapy: Recreational Therapy, BS

## Degree Requirements

### Requirements for Students Matriculating in or before Academic Year 2021-2022.

Learn more about University Academic Regulation 3.1 ([link](http://catalog.okstate.edu/university-academic-regulations/#matriculation)).

**Minimum Overall Grade Point Average:** 2.00  
**Total Hours:** 120

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
</tr>
<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
<td></td>
</tr>
</tbody>
</table>

Select one of the following:

- ENGL 1213 | Composition II                                             | 3     |
- ENGL 1413 | Critical Analysis and Writing II                           |       |
- ENGL 3323 | Technical Writing                                          |       |

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
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<tbody>
<tr>
<td>American History &amp; Government</td>
<td></td>
</tr>
<tr>
<td>Select one of the following:</td>
<td></td>
</tr>
<tr>
<td>HIST 1103</td>
<td>Survey of American History</td>
</tr>
<tr>
<td>HIST 1483</td>
<td>American History to 1865 (H)</td>
</tr>
<tr>
<td>HIST 1493</td>
<td>American History Since 1865 (DH)</td>
</tr>
<tr>
<td>POLS 1113</td>
<td>American Government</td>
</tr>
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<table>
<thead>
<tr>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Analytical &amp; Quantitative Thought (A)</td>
<td></td>
</tr>
<tr>
<td>MATH 1513</td>
<td>College Algebra (A)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Humanities (H)</td>
<td></td>
</tr>
<tr>
<td>Courses designated (H)</td>
<td>6</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Natural Sciences (N)</td>
<td></td>
</tr>
<tr>
<td>Must include one Laboratory Science (L) course</td>
<td></td>
</tr>
<tr>
<td>BIOL 1114</td>
<td>Introductory Biology (LN)</td>
</tr>
<tr>
<td>CHEM 1314</td>
<td>Chemistry I (LN)</td>
</tr>
<tr>
<td>or CHEM 1215</td>
<td>Chemical Principles I (LN)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Social &amp; Behavioral Sciences (S)</td>
<td></td>
</tr>
<tr>
<td>Course designated (S)</td>
<td>6</td>
</tr>
</tbody>
</table>

Recommended:

- PSYC 1113 | Introductory Psychology (S)                              |       |

### Additional General Education

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Courses designated (A), (H), (N), or (S)</td>
<td>6</td>
</tr>
</tbody>
</table>

**Hours Subtotal:** 41

### Diversity (D) & International Dimension (I)

May be completed in any part of the degree plan

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Select at least one Diversity (D) course</td>
<td></td>
</tr>
<tr>
<td>Select at least one International Dimension (I) course</td>
<td></td>
</tr>
</tbody>
</table>

**Hours Subtotal:** 120

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<table>
<thead>
<tr>
<th>College/Departmental Requirements</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minimum GPA 2.50 with a minimum grade of “C” or “P” in each course</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>EDHS 1112</td>
<td>First Year Seminar</td>
</tr>
<tr>
<td>HDFS 2113</td>
<td>Lifespan Human Development (S)</td>
</tr>
<tr>
<td>HHP 2654</td>
<td>Applied Anatomy</td>
</tr>
<tr>
<td>RMRT 3010</td>
<td>Workshop in Recreation Management (Psychomotor Development)</td>
</tr>
<tr>
<td>RMRT 3473</td>
<td>Medical Procedures For Recreational Therapy</td>
</tr>
</tbody>
</table>

(taken concurrently with RMRT 3480)

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 3443</td>
<td>Abnormal Psychology (S)</td>
</tr>
</tbody>
</table>

Select one of the following:

- STAT 2013 | Elementary Statistics (A)                               | 3     |
- STAT 2023 | Elementary Statistics for Business and Economics (A)     |       |
- STAT 2053 | Elementary Statistics for the Social Sciences (A)        |       |

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
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<tbody>
<tr>
<td>BIOL 3204</td>
<td>Physiology</td>
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</table>

**Hours Subtotal:** 24

### Major Requirements

Minimum GPA of 2.50 with a minimum grade of “C” or “P” in each course

<table>
<thead>
<tr>
<th>Title</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Program Core (19 hours)</td>
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</tr>
<tr>
<td>RMRT 2413</td>
<td>Introduction To Recreation Management</td>
</tr>
<tr>
<td>RMRT 2443</td>
<td>Contemporary Issues in Diversity (DS)</td>
</tr>
<tr>
<td>RMRT 2463</td>
<td>Recreation Management and Recreational Therapy Laboratory</td>
</tr>
<tr>
<td>RMRT 2473</td>
<td>Foundation of Recreation Management Leadership</td>
</tr>
<tr>
<td>RMRT 4433</td>
<td>Evaluation in Recreation Management Services</td>
</tr>
<tr>
<td>RMRT 4481</td>
<td>Senior Seminar in Recreation Management</td>
</tr>
<tr>
<td>RMRT 4493</td>
<td>Administration of Recreation Services</td>
</tr>
</tbody>
</table>

### RT Option Requirements (31 hours)

<table>
<thead>
<tr>
<th>Title</th>
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</thead>
<tbody>
<tr>
<td>RMRT 2433</td>
<td>Introduction to Recreational Therapy</td>
</tr>
<tr>
<td>RMRT 3413</td>
<td>Recreational Therapy and Mental Illness/ Intellectual Disabilities</td>
</tr>
<tr>
<td>RMRT 3423</td>
<td>Recreational Therapy In Geriatric Practices</td>
</tr>
<tr>
<td>RMRT 3433</td>
<td>Recreational Therapy and Physical Disabilities</td>
</tr>
<tr>
<td>RMRT 3441</td>
<td>Warm Water Therapy Lab</td>
</tr>
<tr>
<td>RMRT 3480</td>
<td>Junior Internship (3-6 hours)</td>
</tr>
<tr>
<td>RMRT 4480</td>
<td>Internship in Recreational Therapy (6 to 9 hours taken with RMRT 4483 in Spring or Summer only)</td>
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<tr>
<td>RMRT 4483</td>
<td>Administrative Documentation in Internship for Recreational Therapy (taken with RMRT 4480 in Spring or Summer only)</td>
</tr>
<tr>
<td>RMRT 4933</td>
<td>Advanced Methods In Recreational Therapy</td>
</tr>
<tr>
<td>RMRT 4010</td>
<td>Directed Studies in Recreation Management (Recreational Therapy Practice in ECE)</td>
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</table>

Select 2 hours of electives from the following:

<table>
<thead>
<tr>
<th>Title</th>
<th></th>
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<tbody>
<tr>
<td>Upper division RMRT courses and/or</td>
<td></td>
</tr>
</tbody>
</table>

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## Other Requirements

- 40 hours of upper-division course work.
- Required for graduation:
  a. 2.00 Overall GPA;
  b. 2.50 GPA in major for enrollment in RMRT 4480 Internship in Recreational Therapy; and
  c. 2.50 GPA in College/Departmental Requirements.
- The student must earn minimum grades of “C” or “P” in the College/Departmental Requirements and Major Requirements.

## Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2027.

## Example Plan of Study

### Finish in Four Plan of Study

The plan below is an example of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>RMRT 4833</td>
<td>Recreational Therapy and Pediatrics</td>
<td>3</td>
</tr>
<tr>
<td>RMRT 2433</td>
<td>Introduction to Recreational Therapy</td>
<td>3</td>
</tr>
<tr>
<td>RMRT 2463</td>
<td>Recreation Management and Recreational Therapy Laboratory</td>
<td>3</td>
</tr>
<tr>
<td>RMRT 2443</td>
<td>Contempora Issues in Diversity (DS)</td>
<td>3</td>
</tr>
<tr>
<td>Course</td>
<td>Hours</td>
<td>Description</td>
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<tr>
<td>--------</td>
<td>-------</td>
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<tr>
<td>Spring</td>
<td>15</td>
<td>Recreational Therapy, BS</td>
</tr>
<tr>
<td>RMRT 3843</td>
<td>3</td>
<td>Recreational Therapy Facilitation Techniques &amp; Interventions</td>
</tr>
<tr>
<td>RMRT 3423 or RMRT 3433</td>
<td>3</td>
<td>Recreational Therapy In Geriatric Practices or Recreational Therapy and Physical Disabilities</td>
</tr>
<tr>
<td>RMRT 3441</td>
<td>1</td>
<td>Warm Water Therapy Lab</td>
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<tr>
<td>Course designated (S), (DS) or (BS)</td>
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<tr>
<td>Course designated (H), (DH) or (HI)</td>
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<tr>
<td>HDFS 2113</td>
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<td>Lifespan Human Development (S)</td>
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<tr>
<td>Hours</td>
<td>16</td>
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<td>Junior Fall</td>
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<tr>
<td>RMRT 3413</td>
<td>3</td>
<td>Recreational Therapy and Mental Illness/Intellectual Disabilities</td>
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<tr>
<td>BIOL 3204</td>
<td>4</td>
<td>Physiology</td>
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<tr>
<td>STAT 2013</td>
<td>3</td>
<td>Elementary Statistics (A) or Elements: Statistics for Business and Economics (A) or Elements: Statistics for the Social Sciences (A)</td>
</tr>
<tr>
<td>STAT 2023 or STAT 2053</td>
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<tr>
<td>RMRT Elective (Choose from EPSY 3413, 4063, HDFS 2233, 3203, 3413 or 3423)</td>
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<tr>
<td>Course designated (A), (H), (N) or (S)</td>
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<tr>
<td>Hours</td>
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<td>Spring</td>
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<tr>
<td>RMRT 4843</td>
<td>3</td>
<td>Recreational Therapy &amp; Healthcare Administration</td>
</tr>
<tr>
<td>RMRT 4933</td>
<td>3</td>
<td>Advanced Methods in Recreational Therapy</td>
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<tr>
<td>Hours</td>
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<tr>
<td>Total Hours</td>
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