The program in Recreation Management and Recreational Therapy Program prepares students at the undergraduate and graduate levels for careers in recreation management and recreational therapy. The undergraduate program in Recreational Therapy is accredited through the Committee on Accreditation of Recreational Therapy Education by the Commission on Accreditation of Allied Health Programs. Students completing the Recreational Therapy program are eligible to sit for the National Council for Therapeutic Recreation Certification (CTRS) and apply for Medical Licensure in the State of Oklahoma through the Oklahoma Medical Licensing Board. Recreational Therapy prepares students to work in a variety of settings including hospitals, rehabilitation centers, day programs, institutions and within the community. Recreational Therapy is a valued part of the health care and human services. Individuals with illness, disabilities or limitations are helped to restore, enhance or maintain their health, independence and well-being through recreational therapy.

Those students completing the Recreation Management program are eligible to sit for the Certified Park and Recreation Professional. Recreation Management prepares students for employment in a variety of settings such as municipal, commercial, and corporate recreation; state and national park services; YMCAs and YWCAs; and armed services recreation. Recreation Management is a growing field and is a multi-billion dollar industry. Non-majors may complete a 21-credit minor in Recreation Management.

The Sports & Coaching Science degree prepares students at the undergraduate level for careers in athletic coaching and ancillary fields. The curriculum prepares professionals for certification via various sports organizations relevant to their specific sport of interest. The Sports & Coaching Science degree prepares students at the undergraduate and graduate levels for work and further study in a variety of settings including: professional, collegiate, or secondary school sport organizations; elite training facilities; athletic league officiating; small businesses (e.g., karate, cheer, gymnastics); sport psychology; athletic training; strength and conditioning; and sports management.

Degrees offered through KAHr programs include Bachelor of Science (BS), Graduate Certificate (GCRT), Master of Science (MS) and Doctor of Philosophy (PhD).
Health and Human Performance
  • Health and Human Performance - MS
  • Health, Leisure and Human Performance - PhD
  • Leisure Studies - MS

Recreational Management and Recreational Therapy
  • Recreational Management and Recreational Therapy
    • Recreation Management - BS
    • Recreational Therapy - BS