The program in Recreation Management and Recreational Therapy prepares students at the undergraduate and graduate levels for careers in recreation management and recreational therapy. The undergraduate program in Recreational Therapy is accredited through the Commission on Accreditation of Allied Health Programs. Students completing the Recreational Therapy program are eligible to sit for the National Council for Therapeutic Recreation Certification (CTRS) and apply for Medical Licensure in the State of Oklahoma through the Oklahoma Medical Licensing Board. Recreational Therapy prepares students to work in a variety of settings including hospitals, rehabilitation centers, day programs, institutions and within the community. Recreational Therapy is a valued part of the health care and human services. Individuals with illness, disabilities or limitations are helped to restore, enhance or maintain their health, independence and well-being through recreational therapy.

Those students completing the Recreation and Athletic Management program are eligible to sit for the Certified Park and Recreation Professional. Recreation Management prepares students for employment in a variety of settings such as municipal, commercial, and corporate recreation; state and national park services; YMCAs and YWCAs; and armed services recreation. Recreation Management is a growing field and is a multi-billion dollar industry. Non-majors may complete a 21-credit minor in Recreation Management.

The Sport & Coaching Science Program prepares students at the undergraduate level for careers in athletic coaching and ancillary fields. The curriculum prepares professionals for certification via various sports organizations relevant to their specific sport of interest (e.g., United States Tennis Association, National Football League, United States Volleyball Association), or prepares them to successfully achieve other sport and exercise-based certifications such as personal training. The degree will also prepare students for the many graduate programs available nationwide in coaching science and education.

The Sport & Coaching Science Program prepares students for work and further study in a variety of settings including: professional, collegiate, or secondary school sport organizations; elite training facilities; athletic league officiating; small businesses (e.g., karate, cheer, gymnastics); sport psychology; athletic training; strength and conditioning; and sports management.

Programs/Areas of Emphasis Degrees

Degrees offered through KAHR programs include Bachelor of Science (BS), Graduate Certificate (GCRT), Master of Science (MS) and Doctor of Philosophy (PhD).

Applied Exercise Science

- Applied Exercise Science
- Pre-Professional - BS
- Strength and Conditioning - BS
- Sport and Coaching Science - BS
Health and Human Performance
• Health and Human Performance - MS
• Health, Leisure and Human Performance - PhD
• Leisure Studies - MS

Recreation and Athletic Management and Recreational Therapy
• Recreation and Athletic Management - BS
• Recreational Therapy - BS