The program in Recreation Management and Recreational Therapy Program prepares students at the undergraduate and graduate levels for careers in recreation management and recreational therapy. The undergraduate program in Recreational Therapy is accredited through the Committee on Accreditation of Recreational Therapy Education by the Commission on Accreditation of Allied Health Programs. Students completing the Recreational Therapy program are eligible to sit for the National Council for Therapeutic Recreation Certification (CTRS) and apply for Medical Licensure in the State of Oklahoma through the Oklahoma Medical Licensing Board. Recreational Therapy prepares students to work in a variety of settings including hospitals, rehabilitation centers, day programs, institutions and within the community. Recreational Therapy is a valued part of the health care and human services. Individuals with illness, disabilities or limitations are helped to restore, enhance or maintain their health, independence and well-being through recreational therapy.

Those students completing the Recreation Management program are eligible to sit for the Certified Park and Recreation Professional. Recreation Management prepares students for employment in a variety of settings such as municipal, commercial, and corporate recreation; state and national park services; YMCAs and YWCAs; and armed services through coursework such as biomechanics, exercise physiology, exercise psychology, exercise testing, sports nutrition, cardiac rehabilitation, strength and conditioning, and overall fitness for both healthy individuals and those with special needs. The Degree offers two options: Pre-Professional and Strength and Conditioning. The Pre-Professional concentration is designed for undergraduates interested in careers in Clinical Exercise Physiology, Cardiac/Stroke Rehabilitation, Physical Therapy, Occupational Therapy, Athletic Training, and graduate school. The Strength and Conditioning concentration is designed for students interested in careers in Strength and Conditioning, Personal Training, Fitness Instructor, Coaching, Fitness Facility Management, etc. The Strength and Conditioning concentration is recognized by the National Strength and Conditioning Association (NSCA) for our emphasis in strength and conditioning. The NSCA Education Recognition Program (ERP) recognizes and distinguishes schools with standardized, approved strength and conditioning or personal training curricula in undergraduate and graduate settings designed to prepare students for the NSCA-Certified Personal Trainer® (NSCA-CPT®) and NSCA Certified Strength and Conditioning Specialist® (CSCS®) certifications. This degree would also serve to prepare the student not only for the NSCA-CPT and CSCS, but for professional certification examinations, such as Certified Special Population Specialist (CSPS), Certified Physical Therapist (CPT), Certified Health Fitness Specialist (HFS), Certified Exercise Physiologists (EP-C), etc.

Recreational Therapy

Tim Passmore, EdD, CTRS/L, FDRT—Professor and Program Coordinator
Health and Human Performance
- Health and Human Performance - MS
- Health, Leisure and Human Performance - PhD
- Leisure Studies - MS

Recreational Management and Recreational Therapy
- Recreational Management and Recreational Therapy
  - Recreation Management - BS
  - Recreational Therapy - BS