

HUMAN DEVELOPMENT AND FAMILY SCIENCE: CHILD AND FAMILY SERVICES, BSHS

Requirements for Students Matriculating in or before Academic Year 2020-2021. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.50

Total Hours: 122

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113 or ENGL 1313	Composition I Critical Analysis and Writing I	3
ENGL 1213 or ENGL 1413	Composition II Critical Analysis and Writing II	3
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103 HIST 1483 HIST 1493	Survey of American History American History to 1865 (H) American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Analytical & Quantitative Thought (A)</i>		
MATH 1513 or MATH 1483	College Algebra (A) Mathematical Functions and Their Uses (A)	3
<i>Humanities (H)</i>		
Courses designated (H)		6
<i>Natural Sciences (N)</i>		
Must include one Laboratory Science (L) course.		
NSCI 2114	Principles of Human Nutrition (N)	4
3 hours from courses designated (N) with one (L)		3
<i>Social & Behavioral Sciences (S)</i>		
SPCH 2713	Introduction to Speech Communication (S)	3
<i>Additional General Education</i>		
Select one of the following:		3
STAT 2013 STAT 2023 STAT 2053	Elementary Statistics (A) (Minimum grade of "C") Elementary Statistics for Business and Economics (A) (Minimum grade of "C") Elementary Statistics for the Social Sciences (A) (Minimum grade of "C")	
6 hours from courses designated (A), (H), (N), or (S)		6
Hours Subtotal		40
Diversity (D) & International Dimension (I)		
May be completed in any part of the degree plan		
Select at least one Diversity (D) course		
Select at least one International Dimension (I) course		

College/Departmental Requirements		
<i>Human Sciences</i>		
HS 1112 or HS 3112	Human Sciences First-Year Seminar (Minimum grade of "C") Human Sciences First-Year Seminar for Transfer Students	2
<i>Human Development and Family Science</i>		
ENGL 3323	Technical Writing	3
HDFS 1112	Introduction to Human Development and Family Science (Minimum grade of "C")	2
HDFS 2113	Lifespan Human Development (S) ¹	3
HDFS 2123	Developmental Disabilities: Issues Across the Lifespan (D)	3
HDFS 3123	Parenting (S) ¹	3
HDFS 4533	Critical Issues in Human Development and Family Science	3
Hours Subtotal		19
Major Requirements		
<i>Family Life Education Core</i>		
HDFS 2213	Human Sexuality and the Family	3
HDFS 2523	Professional Skills in Human Services (Minimum grade of "C")	3
HDFS 2433	Relationship Development and Marriage (S)	3
HDFS 3443	Family Dynamics	3
HDFS 4433	Family Life Education	3
HDFS 4473	Policy, Law and Advocacy	3
HDFS 4521	HDFS Child and Family Services: Pre-Internship (Minimum grade of "C")	1
HDFS 4563	Internship in Child and Family Services I	3
HDFS 4572	Internship in Child and Family Services II	2
HDFS 4713	Family Resource Management	3
<i>Developmental Core</i>		
HDFS 3413	Infant and Child Development	3
HDFS 3423	Adolescent Development in Family Contexts (S)	3
HDFS 4413	Successful Aging (S)	3
<i>Risk & Resilience Science Core</i>		
HDFS 3513	Research Methods in Human Development and Family Science	3
HDFS 4423	Family Risk and Resilience	3
Hours Subtotal		42
Professional Track Requirements		
See Professional Track Advising Sheets listing controlled electives. Some tracks may require more than 21 hours.		
Select a track (p. 2)		21
Hours Subtotal		21
Total Hours		122

¹ Meets Certified Family Life Education national requirements.

Other Requirements

- 40 hours must be upper-division.
- A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.

- **Transfer Admission Requirements:** 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours.

Professional Track Requirements

Aging Services (AGES)

Merit-based state/federal certification/licensing eligible.

Code	Title	Hours
HDFS 4543	Intergenerational Relationships (S)	3
HDFS 4813	Dying, Death and Bereavement	3
HDFS 4823	Aging Concepts and Controversies	3
Select 12 hours of controlled electives		12

Child & Parenting Practitioner (CPP)

OFRC certification-eligible.

Code	Title	Hours
HDFS 2453	Management of Human Service Programs	3
HDFS 2233	Development of Creative Expression, Play and Motor Skills in Early Childhood	3
SPED 3202	Educating Exceptional Learners (D)	2
Select 13 hours of controlled electives		13

Early Childhood & Infant Mental Health (IMH)

OK-AIMH endorsement-eligible.

Code	Title	Hours
HDFS 2211	Early Childhood Field Experience I	1
HDFS 2233	Development of Creative Expression, Play and Motor Skills in Early Childhood	3
HDFS 2243	Infant-Toddler Programming	3
HDFS 2453	Management of Human Service Programs	3
HDFS 4373	Early Childhood Health & Well-Being	3
Select 8 hours of controlled electives		8

Health and Wellbeing (HWB)

Students must declare a minor in HEPR.

Code	Title	Hours
HLTH 2213	Introduction to Public Health	3
HLTH 2603	Total Wellness (S)	3
HLTH 3613	Community Health	3
HLTH 3643	Health Behavior Theory	3
HLTH 4973	Program Design in Public Health	3
HHP 2654	Applied Anatomy	4
HHP 3114	Physiology of Exercise	4

Health Professions (HP)

Pre-Professional/Pre-Health controlled electives. Check specific admission requirements at university/professional school of choice.

Individualized Plan (IP)

21 hours with a clearly articulated emphasis approved in writing by the HDFS department head or an OSU minor that supports the HDFS major and student's career goals, as approved by an advisor. Note: a course required elsewhere on this degree sheet cannot be counted towards two requirements. With approval from advisor and

department head, a maximum of 30 hours from an accredited doctoral law or health program may be used for up to 21 hours of electives. Up to 9 hours may be substituted for HDFS 2433 Relationship Development and Marriage (S), HDFS 4433 Family Life Education, and HDFS 4473 Policy, Law and Advocacy.

International Human Services (INTL)

Code	Title	Hours
HDFS 2453	Management of Human Service Programs	3
Select 6 hours of the following:		6
HDFS 3203	Children's Play: A World Perspective (I)	
HDFS 4793	The Family: A World Perspective (IS)	
HDFS 4813	Dying, Death and Bereavement	
Select 12 hours of controlled electives that meet International Dimension (I) designation or are Foreign Language courses		12

Policy & Law (LAW)

Code	Title	Hours
HDFS 2453	Management of Human Service Programs	3
POLS 2013	Introduction to International Relations (S)	3
POLS 2023	The Individual And The Law	3
POLS 2033	Introduction to Public Administration	3
Select 9 hours of controlled electives		9

Pre-Marriage & Family Therapy (MFT)

Code	Title	Hours
HDFS 2453	Management of Human Service Programs	3
HDFS 4573	Introduction to Marriage and Family Therapy	3
HDFS 4813	Dying, Death and Bereavement	3
Select 3 hours of the following:		3
HDFS 4750	Topics In HDFS	
HDFS 4850	Special Courses in Human Development and Family Science	
HDFS 4950	Research Practicum in HDFS	
PSYC 3443	Abnormal Psychology (S)	3
Select 6 hours of controlled electives		6

Research/Graduate Studies (RES)

Code	Title	Hours
Select 6 hours of the following:		6
HDFS 4750	Topics In HDFS	
HDFS 4850	Special Courses in Human Development and Family Science	
HDFS 4950	Research Practicum in HDFS	
Select 15 hours of controlled electives		15

Social Work/Social Welfare (SWSW)

Code	Title	Hours
HDFS 2453	Management of Human Service Programs	3
HDFS 4813	Dying, Death and Bereavement	3
SOC 2123	Social Problems (DS)	3
SOC 3223	Social Psychology (S)	3
Select 9 hours of controlled electives		9

Youth & Family Ministry/Outreach (MIN)

Code	Title	Hours
Select 3 hours of the following:		3
HDFS 2453	Management of Human Service Programs	
HDFS 4793	The Family: A World Perspective (IS)	
HDFS 4813	Dying, Death and Bereavement	
RMRT 3313	Camp Operations and Programs	
Select one of the following:		6
REL 1103 & REL 2013	Introduction to World Religions (HI) and Hebrew Scriptures (H)	
REL 2023 & HIST 2343	The New Testament and Its Study (H) and Religion in America (DH)	
Select 12 hours of controlled electives		12

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2026.