

HUMAN DEVELOPMENT AND FAMILY SCIENCE: CHILD AND FAMILY SERVICES, BS

Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2023-2024. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.50

Total Hours: 122

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113 or ENGL 1313	Composition I Critical Analysis and Writing I	3
ENGL 1213 or ENGL 1413	Composition II Critical Analysis and Writing II	3
<i>American History & Government</i>		
Select one of the following: 3		
HIST 1103 HIST 1483 HIST 1493	Survey of American History American History to 1865 (H) American History Since 1865 (DH)	
POLS 1113	American Government	3
<i>Analytical & Quantitative Thought (A)</i>		
MATH 1513 or MATH 1483	College Algebra (A) Mathematical Functions and Their Uses (A)	3
<i>Humanities (H)</i>		
Courses designated (H) 6		
<i>Natural Sciences (N)</i>		
Must include one Laboratory Science (L) course.		
Three hours from: 3		
NSCI 2013 NSCI 2114	Principles of Human Nutrition (N) Principles of Human Nutrition	
4 hours from courses designated (N) with one (L) 4		
<i>Social & Behavioral Sciences (S)</i>		
SPCH 2713	Introduction to Speech Communication (S)	3
<i>Additional General Education</i>		
Select one of the following: 3		
STAT 2013 STAT 2023 STAT 2053	Elementary Statistics (A) (Minimum grade of "C") Elementary Statistics for Business and Economics (A) (Minimum grade of "C") Elementary Statistics for the Social Sciences (A) (Minimum grade of "C")	
6 hours from courses designated (A), (H), (N), or (S) 6		
Hours Subtotal		40
Diversity (D) & International Dimension (I)		

May be completed in any part of the degree plan		
Select at least one Diversity (D) course		
Select at least one International Dimension (I) course		
College/Departmental Requirements		
<i>Human Sciences</i>		
EDHS 1112 or EDHS 3112	First Year Seminar (Minimum grade of "C") Education and Human Sciences First-Year Seminar for Transfer Students	2
<i>Human Development and Family Science</i>		
ENGL 3323	Technical Writing	3
HDFS 1112	Introduction to Human Development and Family Science (Minimum grade of "C")	2
HDFS 2113	Lifespan Human Development (S) ¹	3
HDFS 2123	Developmental Disabilities: Issues Across the Lifespan (D)	3
HDFS 3123	Parenting (S) ¹	3
HDFS 4533	Critical Issues in Human Development and Family Science	3
Hours Subtotal		19
Major Requirements		
<i>Family Life Education Core</i>		
HDFS 2213	Human Sexuality and the Family (S)	3
HDFS 2523	Professional Skills in Human Services (Minimum grade of "C")	3
HDFS 2433	Relationship Development and Marriage (S)	3
HDFS 3443	Family Dynamics	3
HDFS 4433	Family Life Education	3
HDFS 4473	Policy, Law and Advocacy	3
HDFS 4521	HDFS Child and Family Services: Pre-Internship (Minimum grade of "C")	1
HDFS 4563	Internship in Child and Family Services I	3
HDFS 4572	Internship in Child and Family Services II	2
HDFS 4713	Family Resource Management	3
<i>Developmental Core</i>		
HDFS 3413	Infant and Child Development	3
HDFS 3423	Adolescent Development in Family Contexts (S)	3
HDFS 4413	Successful Aging (S)	3
<i>Risk & Resilience Science Core</i>		
HDFS 3513	Research Methods in Human Development and Family Science	3
HDFS 4423	Family Risk and Resilience	3
Hours Subtotal		42
Professional Track Requirements		
Choose coursework to complete an individualized plan.		
View Individualized Plan (IP) details (p. 2)		21
Hours Subtotal		21
Total Hours		122

¹

Meets Certified Family Life Education national requirements.

Other Requirements

- 40 hours must be upper-division.
- A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.
- **Transfer Admission Requirements:** 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours.

Professional Track Requirements

Individualized Plan (IP)

21 hours with a clearly articulated emphasis approved in writing by the HDFS department head or an OSU minor that supports the HDFS major and student’s career goals, as approved by an advisor. Note: a course required elsewhere on this degree sheet cannot be counted towards two requirements. With approval from advisor and department head, a maximum of 30 hours from an accredited doctoral law or health program may be used for up to 21 hours of electives. Up to 9 hours may be substituted for HDFS 2433 Relationship Development and Marriage (S), HDFS 4433 Family Life Education, and HDFS 4473 Policy, Law and Advocacy.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2029.

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
Freshman		
Fall		
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
EDHS 1112 or EDHS 3112	First Year Seminar (C or better) or Education and Human Sciences First-Year Seminar for Transfer Students	2
HDFS 1112	Introduction to Human Development and Family Science (C or better)	2
HDFS 2113 or HDFS 2114	Lifespan Human Development (S) or Lifespan Human Development: Honors	3
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3

3 hours of Humanities (H) - (H/I course suggested)		3
Hours		16
Spring		
ENGL 1213 or ENGL 1413	Composition II or Critical Analysis and Writing II	3
POLS 1113	American Government	3
MATH 1483 or MATH 1513	Mathematical Functions and Their Uses (A) or College Algebra (A)	3
NSCI 2114		4
SPCH 2713	Introduction to Speech Communication (S)	3
Hours		16
Sophomore		
Fall		
HDFS 2213	Human Sexuality and the Family (DS)	3
HDFS 2433	Relationship Development and Marriage (S)	3
STAT 2013 or STAT 2023 or STAT 2053	Elementary Statistics (A) (C or better) or Elementary Statistics for Business and Economics (A) or Elementary Statistics for the Social Sciences (A)	3
Natural Science with Lab (N, L)		3
Course designated (A), (H), (N), or (S)		3
Hours		15
Spring		
HDFS 2123	Developmental Disabilities: Issues Across the Lifespan (D)	3
HDFS 2523	Professional Skills in Human Services (C or better)	3
3 hours of Humanities (H)		3
3 hours of controlled electives		3
3 hours of controlled electives		3
Hours		15
Junior		
Fall		
HDFS 3423	Adolescent Development in Family Contexts (S)	3
HDFS 3443	Family Dynamics	3
HDFS 3123	Parenting (S)	3
ENGL 3323	Technical Writing	3
3 hours of controlled electives		3
Hours		15
Spring		
HDFS 3413	Infant and Child Development	3
HDFS 3513	Research Methods in Human Development and Family Science	3
HDFS 4521	HDFS Child and Family Services: Pre-Internship (C or better)	1
3 hours of controlled electives		3
3 hours of controlled electives		3
3 hours of controlled electives		3
Hours		16
Senior		
Fall		
HDFS 4563	Internship in Child and Family Services I	3
HDFS 4413	Successful Aging (S)	3
HDFS 4433	Family Life Education	3
HDFS 4473	Policy, Law and Advocacy	3
3 hours of controlled electives		3
Hours		15
Spring		
HDFS 4572	Internship in Child and Family Services II	2
HDFS 4533	Critical Issues in Human Development and Family Science	3
HDFS 4423	Family Risk and Resilience	3
HDFS 4713	Family Resource Management	3

Course designated (A), (H), (N) or (S)	3
Hours	14
Total Hours	122