

HUMAN DEVELOPMENT AND FAMILY SCIENCE: CHILD AND FAMILY SERVICES, BS

Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2022-2023. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.50

Total Hours: 122

| Code | Title | Hours |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------|
| General Education Requirements | | |
| <i>English Composition</i> | | |
| See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition) | | |
| ENGL 1113 or ENGL 1313 | Composition I Critical Analysis and Writing I | 3 |
| ENGL 1213 or ENGL 1413 | Composition II Critical Analysis and Writing II | 3 |
| <i>American History & Government</i> | | |
| Select one of the following: 3 | | |
| HIST 1103 | Survey of American History | |
| HIST 1483 | American History to 1865 (H) | |
| HIST 1493 | American History Since 1865 (DH) | |
| POLS 1113 | American Government | 3 |
| <i>Analytical & Quantitative Thought (A)</i> | | |
| MATH 1513 or MATH 1483 | College Algebra (A) Mathematical Functions and Their Uses (A) | 3 |
| <i>Humanities (H)</i> | | |
| Courses designated (H) 6 | | |
| <i>Natural Sciences (N)</i> | | |
| Must include one Laboratory Science (L) course. | | |
| NSCI 2114 | Principles of Human Nutrition (N) | 4 |
| 3 hours from courses designated (N) with one (L) 3 | | |
| <i>Social & Behavioral Sciences (S)</i> | | |
| SPCH 2713 | Introduction to Speech Communication (S) | 3 |
| <i>Additional General Education</i> | | |
| Select one of the following: 3 | | |
| STAT 2013 | Elementary Statistics (A) (Minimum grade of "C") | |
| STAT 2023 | Elementary Statistics for Business and Economics (A) (Minimum grade of "C") | |
| STAT 2053 | Elementary Statistics for the Social Sciences (A) (Minimum grade of "C") | |
| 6 hours from courses designated (A), (H), (N), or (S) 6 | | |
| Hours Subtotal | | 40 |

Diversity (D) & International Dimension (I)

May be completed in any part of the degree plan

Select at least one Diversity (D) course

Select at least one International Dimension (I) course

College/Departmental Requirements

Human Sciences

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|---------------------------|--------------------------------------------------------------------------------------------------------------------|---|
| EDHS 1112 or EDHS 3112 | First Year Seminar (Minimum grade of "C") Education and Human Sciences First-Year Seminar for Transfer Students | 2 |
|---------------------------|--------------------------------------------------------------------------------------------------------------------|---|

Human Development and Family Science

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|-----------|-----------------------------------------------------------------------------|---|
| ENGL 3323 | Technical Writing | 3 |
| HDFS 1112 | Introduction to Human Development and Family Science (Minimum grade of "C") | 2 |
| HDFS 2113 | Lifespan Human Development (S) ¹ | 3 |
| HDFS 2123 | Developmental Disabilities: Issues Across the Lifespan (D) | 3 |
| HDFS 3123 | Parenting (S) ¹ | 3 |
| HDFS 4533 | Critical Issues in Human Development and Family Science | 3 |

Hours Subtotal 19

Major Requirements

Family Life Education Core

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|-----------|-----------------------------------------------------------------------|---|
| HDFS 2213 | Human Sexuality and the Family (S) | 3 |
| HDFS 2523 | Professional Skills in Human Services (Minimum grade of "C") | 3 |
| HDFS 2433 | Relationship Development and Marriage (S) | 3 |
| HDFS 3443 | Family Dynamics | 3 |
| HDFS 4433 | Family Life Education | 3 |
| HDFS 4473 | Policy, Law and Advocacy | 3 |
| HDFS 4521 | HDFS Child and Family Services: Pre-Internship (Minimum grade of "C") | 1 |
| HDFS 4563 | Internship in Child and Family Services I | 3 |
| HDFS 4572 | Internship in Child and Family Services II | 2 |
| HDFS 4713 | Family Resource Management | 3 |

Developmental Core

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|-----------|-----------------------------------------------|---|
| HDFS 3413 | Infant and Child Development | 3 |
| HDFS 3423 | Adolescent Development in Family Contexts (S) | 3 |
| HDFS 4413 | Successful Aging (S) | 3 |

Risk & Resilience Science Core

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|-----------|----------------------------------------------------------|---|
| HDFS 3513 | Research Methods in Human Development and Family Science | 3 |
| HDFS 4423 | Family Risk and Resilience | 3 |

Hours Subtotal 42

Professional Track Requirements

Choose coursework to complete an individualized plan.

View Individualized Plan (IP) details (p. 2) 21

Hours Subtotal 21

Total Hours 122

1

Meets Certified Family Life Education national requirements.

Other Requirements

- 40 hours must be upper-division.
- A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.

- **Transfer Admission Requirements:** 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours.

Professional Track Requirements

Individualized Plan (IP)

21 hours with a clearly articulated emphasis approved in writing by the HDFS department head or an OSU minor that supports the HDFS major and student’s career goals, as approved by an advisor. Note: a course required elsewhere on this degree sheet cannot be counted towards two requirements. With approval from advisor and department head, a maximum of 30 hours from an accredited doctoral law or health program may be used for up to 21 hours of electives. Up to 9 hours may be substituted for HDFS 2433 Relationship Development and Marriage (S), HDFS 4433 Family Life Education, and HDFS 4473 Policy, Law and Advocacy.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2028.

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

| Course | Title | Hours |
|----------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-----------|
| Freshman | | |
| Fall | | |
| ENGL 1113 or ENGL 1313 | Composition I or Critical Analysis and Writing I | 3 |
| EDHS 1112 or EDHS 3112 | First Year Seminar (C or better) or Education and Human Sciences First-Year Seminar for Transfer Students | 2 |
| HDFS 1112 | Introduction to Human Development and Family Science (C or better) | 2 |
| HDFS 2113 or HDFS 2114 | Lifespan Human Development (S) or Lifespan Human Development: Honors | 3 |
| HIST 1103 or HIST 1483 or HIST 1493 | Survey of American History or American History to 1865 (H) or American History Since 1865 (DH) | 3 |
| 3 hours of Humanities (H) - (H/I course suggested) | | 3 |
| Hours | | 16 |
| Spring | | |
| ENGL 1213 or ENGL 1413 | Composition II or Critical Analysis and Writing II | 3 |
| POLS 1113 | American Government | 3 |

| | | |
|---------------------------|---------------------------------------------------------------------|-----------|
| MATH 1483 or MATH 1513 | Mathematical Functions and Their Uses (A) or College Algebra (A) | 3 |
| NSCI 2114 | Principles of Human Nutrition (N) | 4 |
| SPCH 2713 | Introduction to Speech Communication (S) | 3 |
| Hours | | 16 |

Sophomore

Fall

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|-------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| HDFS 2213 | Human Sexuality and the Family (S) | 3 |
| HDFS 2433 | Relationship Development and Marriage (S) | 3 |
| STAT 2013 or STAT 2023 or STAT 2053 | Elementary Statistics (A) (C or better) or Elementary Statistics for Business and Economics (A) or Elementary Statistics for the Social Sciences (A) | 3 |
| Natural Science with Lab (N, L) | | 3 |
| Course designated (A), (H), (N), or (S) | | 3 |
| Hours | | 15 |

Spring

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|---------------------------------|------------------------------------------------------------|-----------|
| HDFS 2123 | Developmental Disabilities: Issues Across the Lifespan (D) | 3 |
| HDFS 2523 | Professional Skills in Human Services (C or better) | 3 |
| 3 hours of Humanities (H) | | 3 |
| 3 hours of controlled electives | | 3 |
| 3 hours of controlled electives | | 3 |
| Hours | | 15 |

Junior

Fall

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|---------------------------------|-----------------------------------------------|-----------|
| HDFS 3423 | Adolescent Development in Family Contexts (S) | 3 |
| HDFS 3443 | Family Dynamics | 3 |
| HDFS 3123 | Parenting (S) | 3 |
| ENGL 3323 | Technical Writing | 3 |
| 3 hours of controlled electives | | 3 |
| Hours | | 15 |

Spring

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|---------------------------------|--------------------------------------------------------------|-----------|
| HDFS 3413 | Infant and Child Development | 3 |
| HDFS 3513 | Research Methods in Human Development and Family Science | 3 |
| HDFS 4521 | HDFS Child and Family Services: Pre-Internship (C or better) | 1 |
| 3 hours of controlled electives | | 3 |
| 3 hours of controlled electives | | 3 |
| 3 hours of controlled electives | | 3 |
| Hours | | 16 |

Senior

Fall

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|---------------------------------|-------------------------------------------|-----------|
| HDFS 4563 | Internship in Child and Family Services I | 3 |
| HDFS 4413 | Successful Aging (S) | 3 |
| HDFS 4433 | Family Life Education | 3 |
| HDFS 4473 | Policy, Law and Advocacy | 3 |
| 3 hours of controlled electives | | 3 |
| Hours | | 15 |

Spring

| | | |
|----------------------------------------|---------------------------------------------------------|-----------|
| HDFS 4572 | Internship in Child and Family Services II | 2 |
| HDFS 4533 | Critical Issues in Human Development and Family Science | 3 |
| HDFS 4423 | Family Risk and Resilience | 3 |
| HDFS 4713 | Family Resource Management | 3 |
| Course designated (A), (H), (N) or (S) | | 3 |
| Hours | | 14 |

Total Hours

122