

PUBLIC HEALTH: EXERCISE AND HEALTH, BS

Example Plan of Study

Finish in Four Plan of Study

The plan below is an **example** of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

Course	Title	Hours
Freshman		
Fall		
ENGL 1113 or ENGL 1313	Composition I or Critical Analysis and Writing I	3
MATH or STAT Course Designated (A)	MATH 1513 suggested	3
BIOL 1113 & BIOL 1111 or BIOL 1114	Introductory Biology (N) or Introductory Biology (LN)	4
HLTH 2213	Introduction to Public Health	3
EDHS 1112	First Year Seminar	2
Hours		15
Spring		
ENGL 1213 or ENGL 1413 or ENGL 3323	Composition II or Critical Analysis and Writing II or Technical Writing	3
Course Designated (H)		3
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) or Chemistry I (LN)	4
HLTH 2603	Total Wellness (S)	3
Course Designated (S)		3
Hours		16
Sophomore		
Fall		
Course Designated (A), (H), (N) or (S)		3
HIST 1103 or HIST 1483 or HIST 1493	Survey of American History or American History to 1865 (H) or American History Since 1865 (DH)	3
3 Hours of Elective		3
STAT 2013 or STAT 2023 or STAT 2053	Elementary Statistics (A) or Elementary Statistics for Business and Economics (A) or Elementary Statistics for the Social Sciences (A)	3
HLTH 3613	Community Health	3
Hours		15
Spring		
POLS 1113	American Government	3
NSCI 2114	Principles of Human Nutrition (N)	4
Course Designated (H)		3
MSIS 2103 or EDTC 4113	Business Data Science Technologies or Applications of Media and Technology	3
HLTH 3913	Alcohol and Drug Education	3
Hours		16
Junior		
Fall		
BIOL 3204	Physiology	4
HLTH 3643	Health Behavior Theory	3
4 Hours of Electives		4

Course designated (A), (H), (N), or (S)		5
Hours		16
Spring		
HLTH 3351	Comparative Healthcare Policy and Systems	1
HLTH 3723	Principles of Epidemiology	3
HHP 2654 or BIOL 3214	Applied Anatomy or Human Anatomy	4
HHP 3663	Biomechanics	3
HLTH 3113	Health Issues in Diverse Populations (D)	3
Hours		14
Senior		
Fall		
4 Hours of Electives		4
HLTH 4533	Psychosocial Issues in Public Health	3
HHP 3114	Physiology of Exercise	4
HLTH 4973	Program Design in Public Health	3
HLTH 4902	Pre-Internship Seminar	2
Hours		16
Spring		
HLTH 4990	Internship in Public Health: Exercise and Health	12
Hours		12
Total Hours		120