# PUBLIC HEALTH: EXERCISE AND HEALTH, BS

## Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2022-2023. Learn more about University Academic Regulation 3.1 (http://catalog.okstate.edu/university-academic-regulations/#matriculation).

**Minimum Overall Grade Point Average:** 2.75  
**Total Hours:** 120

### General Education Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
</tr>
<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
<td></td>
</tr>
<tr>
<td>Select one of the following:</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>ENGL 1213</td>
<td>Composition II</td>
<td></td>
</tr>
<tr>
<td>ENGL 1413</td>
<td>Critical Analysis and Writing II</td>
<td></td>
</tr>
<tr>
<td>ENGL 3323</td>
<td>Technical Writing</td>
<td></td>
</tr>
</tbody>
</table>

#### American History & Government

Select one of the following:  
- HIST 1103 Survey of American History  
- HIST 1483 American History to 1865 (H)  
- HIST 1493 American History Since 1865 (DH)  
- POLS 1113 American Government  

#### Analytical & Quantitative Thought (A)

- MATH or STAT course designated (A)  
- 3

#### Humanities (H)

- Courses designated (H)  
- 6

#### Natural Sciences (N)

Must include one Laboratory Science (L) course  
- BIOL 1113 Introductory Biology (N)  
- & BIOL 1111 Introductory Biology Laboratory (LN)  
- or BIOL 1114 Introductory Biology (LN)  

#### Analytical & Quantitative Thought (A)

- CHEM 1215 Chemical Principles I (LN)  
- or CHEM 1314 Chemistry I (LN)  

#### Social & Behavioral Sciences (S)

- Course designated (S)  
- 3

### Additional General Education

- Courses designated (A), (H), (N), or (S)  
- 8

### Hours Subtotal

- 40

### Diversity (D) & International Dimension (I)

May be completed in any part of the degree plan  
- Select at least one Diversity (D) course  
- Select at least one International Dimension (I) course

### College/Departmental Requirements

Minimum GPA 2.75 with a minimum grade of "C" or "P" in each course  
- EDHS 1112 First Year Seminar  
- 2

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSIS 2103</td>
<td>Business Data Science Technologies or EDTC 4113</td>
<td>3</td>
</tr>
<tr>
<td>NSCI 2114</td>
<td>Principles of Human Nutrition (N)</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 3204</td>
<td>Physiology</td>
<td>4</td>
</tr>
<tr>
<td>Select one of the following:</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>STAT 2013</td>
<td>Elementary Statistics (A)</td>
<td></td>
</tr>
<tr>
<td>STAT 2023</td>
<td>Elementary Statistics for Business and Economics (A)</td>
<td></td>
</tr>
<tr>
<td>STAT 2053</td>
<td>Elementary Statistics for the Social Sciences (A)</td>
<td></td>
</tr>
</tbody>
</table>

### Hours Subtotal

- 16

### Major Requirements

Minimum GPA of 2.75 with a minimum grade of “C” or “P” in each course  
- HHP 2654 Applied Anatomy  
- or BIOL 3214 Human Anatomy  
- HHP 3114 Physiology of Exercise  
- HHP 3663 Biomechanics  
- HLTH 2213 Introduction to Public Health  
- HLTH 2603 Total Wellness (S)  
- HLTH 3113 Health Issues in Diverse Populations (D)  
- HLTH 3351 Comparative Healthcare Policy and Systems  
- HLTH 3613 Community Health  
- HLTH 3643 Health Behavior Theory  
- HLTH 3723 Principles of Epidemiology  
- HLTH 3913 Alcohol and Drug Education  
- HLTH 4533 Psychosocial Issues in Public Health  
- HLTH 4902 Pre-Internship Seminar  
- HLTH 4973 Program Design in Public Health  
- HLTH 4990 Internship in Public Health: Exercise and Health  
- 12

### Elective hours

Select 11 hours  
- 11

### Hours Subtotal

- 64

### Total Hours

- 120

### Other Requirements

- 40 hours of upper-division course work.
- Required for enrollment in HLTH 4990 Internship in Public Health:  
  - Exercise and Health  
  - Documentation of current first aid/CPR certification and  
  - 2.75 GPA in Major Requirements, 2.75 GPA in College/Departmental Requirements, & 2.75 Overall GPA.
- Required for graduation:  
  - 2.75 Overall GPA;  
  - 2.75 GPA in College/Departmental Requirements; and  
  - 2.75 GPA in Major Requirements.
- The student must earn minimum grades of “C” or “P” in the College/Departmental Requirements and Major Requirements.
Additional State/OSU Requirements

• At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
• Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
• Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
• Degrees that follow this plan must be completed by the end of Summer 2028.