Degree Requirements

Requirements for Students Matriculating in or before Academic Year 2022-2023. Learn more about University Academic Regulation 3.1 (http://catalog.okstate.edu/university-academic-regulations/#matriculation).

Minimum Overall Grade Point Average: 2.75
Total Hours: 120

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
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<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
<td>3</td>
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<tr>
<td>ENGL 1213</td>
<td>Composition II</td>
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<tr>
<td>ENGL 1413</td>
<td>Critical Analysis and Writing II</td>
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<td>ENGL 3323</td>
<td>Technical Writing</td>
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American History & Government

Select one of the following:

- HIST 1103 Survey of American History
- HIST 1483 American History to 1865 (H)
- HIST 1493 American History Since 1865 (DH)
- POLS 1113 American Government

Analytical & Quantitative Thought (A)

- MATH or STAT course designated (A)
- Select 11 hours

Total Hours: 64

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<tr>
<th>Code</th>
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<tbody>
<tr>
<td>HHP 2654</td>
<td>Applied Anatomy</td>
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<tr>
<td>or BIOL 3214</td>
<td>Human Anatomy</td>
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<tr>
<td>HHP 3114</td>
<td>Physiology of Exercise</td>
<td>4</td>
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<tr>
<td>HHP 3663</td>
<td>Biomechanics</td>
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<tr>
<td>HLTH 2213</td>
<td>Introduction to Public Health</td>
<td>3</td>
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<tr>
<td>HLTH 2603</td>
<td>Total Wellness (S)</td>
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<tr>
<td>HLTH 3113</td>
<td>Health Issues in Diverse Populations (D)</td>
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<tr>
<td>HLTH 3351</td>
<td>Comparative Healthcare Policy and Systems</td>
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<tr>
<td>HLTH 3613</td>
<td>Community Health</td>
<td>3</td>
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<tr>
<td>HLTH 3643</td>
<td>Health Behavior Theory</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 3723</td>
<td>Principles of Epidemiology</td>
<td>3</td>
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<td>HLTH 3913</td>
<td>Alcohol and Drug Education</td>
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<tr>
<td>HLTH 4533</td>
<td>Psychosocial Issues in Public Health</td>
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<tr>
<td>HLTH 4902</td>
<td>Pre-Internship Seminar</td>
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<tr>
<td>HLTH 4973</td>
<td>Program Design in Public Health</td>
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<tr>
<td>HLTH 4990</td>
<td>Internship in Public Health: Exercise and Health</td>
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Elective hours

Select 11 hours

Total Hours: 120

Other Requirements

- 40 hours of upper-division course work.
- Required for enrollment in HLTH 4990 Internship in Public Health: Exercise and Health
  a. Documentation of current first aid/CPR certification and
  b. 2.75 GPA in Major Requirements, 2.75 GPA in College/Departmental Requirements, & 2.75 Overall GPA.
- Required for graduation:
  a. 2.75 Overall GPA;
  b. 2.75 GPA in College/Departmental Requirements; and
  c. 2.75 GPA in Major Requirements.
- The student must earn minimum grades of “C” or “P” in the College/Departmental Requirements and Major Requirements.
Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2028.

Example Plan of Study

Finish in Four Plan of Study

The plan below is an example of how students can successfully complete degree requirements in four years. This suggested class schedule plan may be used as a guide and can be adjusted based on individual needs. Students are required to meet with an academic advisor prior to enrollment each semester to plan their class schedule, and students are ultimately responsible for completing all degree requirements.

### Course Title Hours

#### Freshman
- **Fall**
  - ENGL 1113 Composition I 3
  - MATH or STAT Course Designated (A) MATH 1513 suggested 3
  - BIOL 1113 Introductory Biology (N) 4
  - HLTH 2213 Introduction to Public Health 3
  - EDHS 1112 First Year Seminar 2

  **Total Hours** 15

- **Spring**
  - ENGL 1213 Composition II 3
  - CHEM 1215 Chemical Principles I (LN) 4
  - HLTH 2603 Total Wellness (S) 3
  - Course Designated (S) 3

  **Total Hours** 16

#### Sophomore
- **Fall**
  - Course Designated (A), (H), (N) or (S) 3
  - HIST 1103 Survey of American History 3
  - STAT 2013 Elementary Statistics (A) 3
  - HLTH 3913 Alcohol and Drug Education 3

  **Total Hours** 16

- **Spring**
  - BIOL 3204 Physiology 4
  - HLTH 3643 Health Behavior Theory 3
  - MSIS 2103 Business Data Science Technologies 3

  **Total Hours** 16

#### Junior
- **Fall**
  - HLTH 3351 Comparative Healthcare Policy and Systems 1
  - HLTH 3723 Principles of Epidemiology 3
  - HHP 2654 Applied Anatomy 4
  - HLTH 3902 Pre-Internship Seminar 2

  **Total Hours** 16

- **Spring**
  - HHP 4973 Program Design in Public Health 3
  - HLTH 3113 Health Issues in Diverse Populations (D) 3

  **Total Hours** 16

#### Senior
- **Fall**
  - 4 Hours of Electives 4
  - HLTH 4533 Psychosocial Issues in Public Health 3
  - HLTH 4973 Program Design in Public Health 3

  **Total Hours** 16

- **Spring**
  - HLTH 4900 Internship in Public Health: Exercise and Health 12

  **Total Hours** 12

**Total Hours** 120