# Recreation Management and Recreational Therapy: Recreational Therapy, BS

**Requirements for Students Matriculating in or before Academic Year 2019-2020.** Learn more about University Academic Regulation 3.1 ([http://catalog.okstate.edu/university-academic-regulations/#matriculation](http://catalog.okstate.edu/university-academic-regulations/#matriculation)).

## Minimum Overall Grade Point Average
- 2.00

## Total Hours
- 120

### General Education Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
</tr>
<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
<td></td>
</tr>
<tr>
<td>Select one of the following:</td>
<td></td>
<td>3</td>
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<tr>
<td>ENGL 1213</td>
<td>Composition II</td>
<td></td>
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<tr>
<td>ENGL 1413</td>
<td>Critical Analysis and Writing II</td>
<td></td>
</tr>
<tr>
<td>ENGL 3323</td>
<td>Technical Writing</td>
<td></td>
</tr>
</tbody>
</table>

### American History & Government

Select one of the following:
- HIST 1103 | Survey of American History | 3
- HIST 1483 | American History to 1865 (H) | 3
- HIST 1493 | American History Since 1865 (DH) | 3
- POLS 1113 | American Government | 3

### Analytical & Quantitative Thought

- MATH 1513 | College Algebra (A) | 3

### Humanities (H)

Courses designated (H)

### Natural Sciences (N)

Must include one Laboratory Science (L) course

### Social & Behavioral Sciences (S)

Course designated (S)

### Additional General Education

Courses designated (A), (H), (N), or (S)

### Hours Subtotal
- 41

### Diversity (D) & International Dimension (I)

May be completed in any part of the degree plan

- Select at least one Diversity (D) course
- Select at least one International Dimension (I) course

### College/Departmental Requirements

Minimum GPA 2.50 with a minimum grade of “C” or “P” in each course

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDUC 1111</td>
<td>First Year Seminar</td>
<td>1</td>
</tr>
<tr>
<td>HDFS 2113</td>
<td>Lifespan Human Development (S)</td>
<td>3</td>
</tr>
<tr>
<td>HHP 2654</td>
<td>Applied Anatomy</td>
<td>4</td>
</tr>
<tr>
<td>RMRT 3010</td>
<td>Leisure Services Workshop (Psychomotor Development)</td>
<td>2</td>
</tr>
<tr>
<td>RMRT 3473</td>
<td>Medical Procedures For Recreational Therapy</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 3443</td>
<td>Abnormal Psychology (S)</td>
<td>3</td>
</tr>
<tr>
<td>STAT 2013</td>
<td>Elementary Statistics (A)</td>
<td>3</td>
</tr>
<tr>
<td>STAT 2023</td>
<td>Elementary Statistics for Business and Economics (A)</td>
<td>3</td>
</tr>
<tr>
<td>STAT 2053</td>
<td>Elementary Statistics for the Social Sciences (A)</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 3204</td>
<td>Physiology</td>
<td>4</td>
</tr>
</tbody>
</table>

### Hours Subtotal
- 23

### Major Requirements

Minimum GPA of 2.50 with a minimum grade of “C” or “P” in each course

**Program Core (19 hours)**

- RMRT 2413 | Introduction to Leisure Services | 3
- RMRT 2443 | Contemporary Issues in Diversity (DS) | 3
- RMRT 2463 | Laboratory In Leisure Services | 3
- RMRT 2473 | Foundation of Leisure Service Leadership | 3
- RMRT 4433 | Evaluation of Leisure Services | 3
- RMRT 4481 | Senior Seminar In Leisure Services | 1
- RMRT 4493 | Administration of Leisure Services | 3

**RT Option Requirements (31 hours)**

- RMRT 2433 | Introduction to Recreational Therapy | 3
- RMRT 3413 | Recreational Therapy and Mental Illness/Intellectual Disabilities | 3
- RMRT 3423 | Recreational Therapy In Geriatric Practices | 3
- RMRT 3433 | Recreational Therapy and Physical Disabilities | 3
- RMRT 3441 | Warm Water Therapy Lab | 1
- RMRT 3480 | Junior Internship (3-6 hours) | 6
- RMRT 4480 | Internship in Recreational Therapy (6 to 9 hours taken with RMRT 4483 in Spring or Summer only) | 6
- RMRT 4483 | Administrative Documentation in Internship for Recreational Therapy (taken with RMRT 4480 in Spring or Summer only) | 3
- RMRT 4733 | Advanced Methods In Recreational Therapy | 3
- RMRT 4010 | Directed Studies in Leisure (Recreational Therapy Practice in ECE) | 3

Select 3 hours of electives from the following:

- Upper division RMRT courses and/or
- EPSY 3113 | Psychological Foundations of Childhood | 3
- EPSY 3413 | Child and Adolescent Development | 3
- EPSY 4063 | Exploration of the Creative Experience | 3
- HDFS 2233 | Development of Creative Expression, Play and Motor Skills in Early Childhood | 3
- HDFS 3203 | Children's Play: A World Perspective (I) | 3
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>HDFS 3413</td>
<td>Infant and Child Development</td>
<td></td>
</tr>
<tr>
<td>HDFS 3423</td>
<td>Adolescent Development in Family</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Contexts (S)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Hours Subtotal</th>
<th>56</th>
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</thead>
</table>

Total Hours: 120

**Other Requirements**

- 40 hours of upper-division course work.
- Required for graduation:
  - 2.00 Overall GPA;
  - 2.50 GPA in major for enrollment in RMRT 4480 Internship in Recreational Therapy; and
  - 2.50 GPA in College/Departmental Requirements.
- The student must earn minimum grades of “C” or “P” in the College/Departmental Requirements and Major Requirements.

**Additional State/OSU Requirements**

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2025.