

HEALTH EDUCATION AND PROMOTION: EXERCISE AND HEALTH, BS

Requirements for Students Matriculating in or before Academic Year 2018-2019. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.75

Total Hours: 120

| Code | Title | Hours |
|---|--|-----------|
| General Education Requirements | | |
| <i>English Composition</i> | | |
| See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition) | | |
| ENGL 1113 or ENGL 1313 | Composition I Critical Analysis and Writing I | 3 |
| Select one of the following: | | 3 |
| ENGL 1213 | Composition II | |
| ENGL 1413 | Critical Analysis and Writing II | |
| ENGL 3323 | Technical Writing | |
| <i>American History & Government</i> | | |
| Select one of the following: | | 3 |
| HIST 1103 | Survey of American History | |
| HIST 1483 | American History to 1865 | |
| HIST 1493 | American History Since 1865 | |
| POLS 1113 | American Government | 3 |
| <i>Analytical & Quantitative Thought (A)</i> | | |
| MATH or STAT course designated (A) | | 6 |
| <i>Humanities (H)</i> | | |
| Courses designated (H) | | 6 |
| <i>Natural Sciences (N)</i> | | |
| Must include one Laboratory Science (L) course | | |
| BIOL 1114 | Introductory Biology (LN) | 4 |
| CHEM 1215 or CHEM 1314 | Chemical Principles I (LN) Chemistry I (LN) | 4 |
| <i>Social & Behavioral Sciences (S)</i> | | |
| Course designated (S) | | 3 |
| <i>Additional General Education</i> | | |
| Courses designated (A), (H), (N), or (S) | | 6 |
| Hours Subtotal | | 41 |
| Diversity (D) & International Dimension (I) | | |
| May be completed in any part of the degree plan | | |
| Select at least one Diversity (D) course | | |
| Select at least one International Dimension (I) course | | |
| College/Departmental Requirements | | |
| Minimum GPA 2.75 with a minimum grade of "C" or "P" in each course | | |
| EDUC 1111 | First Year Seminar | 1 |
| BCOM 3113 | Written Communication | 3 |

| | | |
|---|--|------------|
| ECON 1113 | The Economics of Social Issues (S) | 3 |
| HHP 3114 | Physiology of Exercise | 4 |
| MGMT 3013 | Fundamentals of Management (S) | 3 |
| MKTG 3213 | Marketing (S) | 3 |
| MSIS 2103 or EDTC 4113 | Business Data Science Technologies Applications of Media and Technology | 3 |
| NSCI 2114 | Principles of Human Nutrition (N) | 4 |
| BIOL 3204 | Physiology | 4 |
| Hours Subtotal | | 28 |
| Major Requirements | | |
| Minimum GPA of 2.75 with a minimum grade of "C" or "P" in each course | | |
| Select one of the following courses: | | |
| HHP 2654 or BIOL 3214 | Applied Anatomy Human Anatomy | 4 |
| HHP 3223 | Motor Learning | 3 |
| HHP 3663 | Biomechanics | 3 |
| HLTH 2213 | Principles in Health Education and Promotion | 3 |
| HLTH 2603 | Total Wellness (S) | 3 |
| HLTH 3613 | Community Health | 3 |
| HLTH 3643 | Health Behavior Theory | 3 |
| HLTH 3723 | Principles of Epidemiology | 3 |
| HLTH 3913 | Alcohol and Drug Education | 3 |
| HLTH 4533 | Psychosocial Issues in Health Education/Promotion | 3 |
| HLTH 4902 | Pre-Internship Seminar | 2 |
| HLTH 4973 | Program Design in Health Education and Promotion | 3 |
| HLTH 4990 | Internship in Health Education and Promotion: Exercise and Health | 12 |
| Select one of the following: | | 3 |
| HHP 4773 | Principles of Exercise Testing and Prescription | |
| HLTH 3113 | Health Issues in Diverse Populations (D) | |
| HLTH 3603 | Understanding HIV (DS) | |
| HLTH 4783 | Health Issues in Gerontology | |
| NSCI 4133 | Nutrition for Exercise and Sport | |
| Hours Subtotal | | 51 |
| Total Hours | | 120 |

Other Requirements

- 40 hours of upper-division course work.
- Required for enrollment in HLTH 4990 Internship in Health Education and Promotion: Exercise and Health
 - a. Documentation of current first aid/CPR certification and
 - b. 2.75 GPA in Major Requirements, 2.75 GPA in College/Departmental Requirements, & 2.75 Overall GPA.
- Required for graduation:
 - a. 2.75 Overall GPA;
 - b. 2.75 GPA in College/Departmental Requirements; and
 - c. 2.75 GPA in Major Requirements.

- The student must earn minimum grades of “C” or “P” in the College/ Departmental Requirements and Major Requirements.

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2024.