HEALTH EDUCATION AND PROMOTION: EXERCISE AND HEALTH, BS

Requirements for Students Matriculating in or before Academic Year 2019-2020. Learn more about University Academic Regulation 3.1 (http://catalog.okstate.edu/university-academic-regulations/#matriculation).

Minimum Overall Grade Point Average: 2.75
Total Hours: 120

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>ENGL 1113</td>
<td>Composition I</td>
<td>3</td>
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<tr>
<td>or ENGL 1313</td>
<td>Critical Analysis and Writing I</td>
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<td>Select one of the following:</td>
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<tr>
<td>ENGL 1213</td>
<td>Composition II</td>
<td>3</td>
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<td>ENGL 1413</td>
<td>Critical Analysis and Writing II</td>
<td></td>
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<tr>
<td>ENGL 3323</td>
<td>Technical Writing</td>
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American History & Government
Select one of the following: 3

- HIST 1103 | Survey of American History                       | 3     |
- HIST 1483 | American History to 1865 (H)                     |       |
- HIST 1493 | American History Since 1865 (DH)                |       |
- POLS 1113 | American Government                              | 3     |

Analytical & Quantitative Thought (A)

- MATH or STAT course designated (A) 6
- Humanities (H) Courses designated (H) 6
- Natural Sciences (N) Must include one Laboratory Science (L) course
- BIOL 1114 | Introductory Biology (LN)                        | 4     |
- CHEM 1215 | Chemical Principles I (LN)                       | 4     |
- or CHEM 1314 | Chemistry I (LN)                                |       |

Social & Behavioral Sciences (S)
Course designated (S) 3
- Additional General Education Courses designated (A), (H), (N), or (S) 6

Hours Subtotal 41

Diversity (D) & International Dimension (I)
May be completed in any part of the degree plan
- Select at least one Diversity (D) course
- Select at least one International Dimension (I) course

College/Departmental Requirements
Minimum GPA 2.75 with a minimum grade of “C” or “P” in each course

- EDUC 1111 | First Year Seminar                               | 1     |
- BCOM 3113 | Written Communication                            | 3     |

ECON 1113 | The Economics of Social Issues (S)               | 3     |
HHP 3114 | Physiology of Exercise                           | 4     |
MGMT 3013 | Fundamentals of Management (S)                   | 3     |
MKTG 3213 | Marketing (S)                                    | 3     |
MSIS 2103 | Business Data Science Technologies                | 3     |
or EDTC 4113 | Applications of Media and Technology          |       |
NSCI 2114 | Principles of Human Nutrition (N)                | 4     |
BIOL 3204 | Physiology                                       | 4     |

Hours Subtotal 28

Major Requirements
Minimum GPA of 2.75 with a minimum grade of “C” or “P” in each course

Select one of the following courses:

- HHP 2654 | Applied Anatomy                                   | 4     |
- or BIOL 3214 | Human Anatomy                                   |       |
- HHP 3223 | Motor Learning                                    | 3     |
- HHP 3663 | Biomechanics                                      | 3     |
- HLTH 2213 | Principles in Health Education and Promotion     | 3     |
- HLTH 2603 | Total Wellness (S)                                | 3     |
- HLTH 3613 | Community Health                                  | 3     |
- HLTH 3643 | Health Behavior Theory                            | 3     |
- HLTH 3723 | Principles of Epidemiology                        | 3     |
- HLTH 3913 | Alcohol and Drug Education                        | 3     |
- HLTH 4533 | Psychosocial Issues in Health Education/Promotion | 3     |
- HLTH 4902 | Pre-Internship Seminar                            | 2     |
- HLTH 4973 | Program Design in Health Education and Promotion  | 3     |
- HLTH 4990 | Internship in Health Education and Promotion: Exercise and Health | 12 |

Select one of the following: 3

- HHP 4773 | Principles of Exercise Testing and Prescription  |       |
- HLTH 3113 | Health Issues in Diverse Populations (D)          |       |
- HLTH 3603 | Understanding HIV (DS)                            |       |
- HLTH 4783 | Health Issues in Gerontology                      |       |
- NSCI 4133 | Nutrition for Exercise and Sport                  |       |

Hours Subtotal 51

Total Hours 120

Other Requirements
- 40 hours of upper-division course work.
- Required for enrollment in HLTH 4990 Internship in Health Education and Promotion: Exercise and Health
  a. Documentation of current first aid/CPR certification and
  b. 2.75 GPA in Major Requirements, 2.75 GPA in College/Departmental Requirements, & 2.75 Overall GPA.
- Required for graduation:
  a. 2.75 Overall GPA;
  b. 2.75 GPA in College/Departmental Requirements; and
  c. 2.75 GPA in Major Requirements.
• The student must earn minimum grades of “C” or “P” in the College/Departmental Requirements and Major Requirements.

**Additional State/OSU Requirements**

• At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.

• Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.

• Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.

• Degrees that follow this plan must be completed by the end of Summer 2025.