

# RECREATIONAL THERAPY (RT)

## RT 2433 Introduction to Recreational Therapy

**Description:** Theory and application of recreational therapy with emphasis on types of illnesses and disabilities, delivery systems, programming services. Previously offered as RMTR 2433 and RMRT 2433.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

## RT 2443 Contemporary Issues in Diversity (DS)

**Description:** Exploration of the primary and secondary dimensions of diversity and their impact on society. Individual and institutional responses to cultural diversity. Previously offered as EDUC 2443, LEIS 2443, RMTR 2443, and RMRT 2443.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

**General Education and other Course Attributes:** Diversity, Social & Behavioral Sciences

## RT 3110 Workshop in Recreational Therapy

**Description:** Intensive training program on a specialized topic in recreational therapy. Offered for variable credit, 1-3 credit hours, maximum of 9 credit hours.

**Credit hours:** 1-3

**Contact hours:** Contact: 1-3 Other: 1-3

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Kinesiology, Appl Health, Rec

## RT 3213 Psychomotor Development

**Description:** Fundamental aspects of motor development for infants, children, youth and adults. Course previously offered as PE 2712 and HHP 2712.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

## RT 3413 Recreational Therapy and Mental Illness/Intellectual Disabilities

**Prerequisites:** RT 2433.

**Description:** The role of Recreational Therapists (RT) working with individuals diagnosed with mental illness and/or intellectual disabilities. Topics include terminology, etiology, prognosis, assessment, and program development in RT. Previously offered as RMTR 3413 and RMRT 3413.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

## RT 3423 Recreational Therapy in Geriatric Practices

**Prerequisites:** RT 2433.

**Description:** The role of Recreational Therapists (RT) working with the geriatric population. Topics include terminology, etiology, prognosis, assessment, and program development in RT. Previously offered as RMTR 3423 and RMRT 3423.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

## RT 3433 Recreational Therapy and Physical Disabilities

**Prerequisites:** RT 2433.

**Description:** The role of Recreational Therapists in the rehabilitation of individuals with physical disabilities. Topics include terminology, etiology, prognosis of specific problems, assessment, and program development in RT. Previously offered as RMTR 3433 and RMRT 3433.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

## RT 3441 Warm Water Therapy Lab

**Description:** This aquatic lab course is designed to give students valuable hands-on experience with participants with disorders ranging from pre-school through senior citizen population. Previously offered as RMTR 3441 and RMRT 3441.

**Credit hours:** 1

**Contact hours:** Lab: 2 Contact: 2

**Levels:** Undergraduate

**Schedule types:** Lab

**Department/School:** Kinesiology, Appl Health, Rec

## RT 3443 Assessment in Recreational Therapy

**Prerequisites:** RT 2433 or Instructor Permission.

**Description:** Assessments and documentation used in the Recreational Therapy field and including reviewing and practicing with various assessments, writing notes using the various forms of documentation, writing goals and objectives, and combining knowledge and skills in a comprehensive assignment. Previously offered as RMRT 3443.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

## RT 3473 Medical Terminology and Procedures for Recreational Therapy

**Description:** The course covers the basic knowledge documentation including vocabulary, abbreviations, symbols, prefixes, and suffixes typically used in clinical settings in which Recreational Therapists practice. Taken concurrently with Junior Internship Courses. Previously offered as RMTR 3473 & RMRT 3473.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

**RT 3483 Junior Internship in Recreation Therapy**

**Prerequisites:** RM 2413, RM 2473, RT 3441, and concurrent enrollment in RT 3473 and one course in emphasis areas of study (Recreational Therapy or Leisure Service Management).

**Description:** Supervised practical experience (minimum 200 contact hours) with leadership responsibilities for planning, conducting and evaluating activities and programs. Previously offered as RMTR 3480, RMRT 3480 and RT 3480. Graded on a pass-fail basis.

**Credit hours:** 3

**Contact hours:** Contact: 3 Other: 3

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Kinesiology, Appl Health, Rec

**RT 3843 Recreational Therapy Facilitation Techniques & Interventions**

**Description:** Facilitation techniques, leadership, and interventions for the various diagnostic groupings, treatment settings, and individuals seeking assistance from a recreational therapist. Previously offered as RMRT 3843.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

**RT 4110 Directed Studies in Recreational Therapy**

**Description:** Supervised readings, research or study of trends and issues related to recreational therapy studies. Offered for variable credit, 1-9 credit hours, maximum of 9 credit hours.

**Credit hours:** 1-9

**Contact hours:** Contact: 1-9 Other: 1-9

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Kinesiology, Appl Health, Rec

**RT 4483 Administrative Documentation in Internship for Recreational Therapy**

**Prerequisites:** Last semester senior year with cumulative GPA of 2.5 and RT 3480, RM 4481 and co-requisite of RT 4480.

**Description:** Assignment based course that complements RT 4480 Internship in recreational therapy. Must be taken concurrently with RT 4480. Previously offered as RMTR 4483 and RMRT 4483.

**Credit hours:** 3

**Contact hours:** Contact: 3 Other: 3

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Kinesiology, Appl Health, Rec

**RT 4489 Senior Internship in Recreational Therapy**

**Prerequisites:** Last semester senior year with cumulative GPA of 2.5 and completion of RT 3483, RM 4481 and co-requisite of RT 4483.

**Description:** Supervised fieldwork experience in recreational therapy. Graded on a pass-fail basis. Must be taken concurrently with RT 4483. Same course as RT 4480.

**Credit hours:** 9

**Contact hours:** Contact: 9 Other: 9

**Levels:** Undergraduate

**Schedule types:** Independent Study

**Department/School:** Kinesiology, Appl Health, Rec

**RT 4581 Senior Seminar in Recreational Therapy**

**Prerequisites:** RT 2433 or Instructor Permission.

**Description:** Culminating course work in Recreational Therapy examining current issues, professional practices, and professional philosophy. Previously offered as RMRT 4581.

**Credit hours:** 1

**Contact hours:** Lecture: 1 Contact: 1

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

**RT 4833 Recreational Therapy and Pediatrics**

**Prerequisites:** RT 2433 or Instructor Permission.

**Description:** The role of Recreational Therapists in the treatment of the pediatric population (ages 0-18 years) including terminology, etiology, prognosis of specific problems, assessment, treatment, and program development in recreational therapy. Previously offered as RMRT 4833.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec

**RT 4933 Advanced Methods In Recreational Therapy**

**Prerequisites:** RM 3483 and consent of instructor.

**Description:** Theoretical and practical examination of contemporary implementation procedures used in recreational therapy practice. Previously offered as RMTR 4933 and RMRT 4933. May not be used for degree credit with LEIS 5933 or RMRT 5933.

**Credit hours:** 3

**Contact hours:** Lecture: 3 Contact: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Kinesiology, Appl Health, Rec