

LEISURE (LEIS)

LEIS 1232 Beginning Golf

Description: Theory and practice of basic skills, rules, terminology and etiquette.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 1242 Beginning Tennis and Racquetball

Description: Theory and practice of tennis and racquetball; basic skills, rules, terminology, and game strategy for singles and doubles play. No credit for students with credit in LEIS 1252.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 1252 Beginning Tennis

Description: Theory and practice of basic skills, rules, terminology and game strategy for singles and doubles play. No credit for students with credit in LEIS 1242.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 1322 Bowling

Description: Theory and practice of approaches, deliveries, releases and mechanical principles involved in aiming and follow through.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 1342 Physical Fitness

Description: Theory and practice of aerobic and weight training activities with learning experiences designed to promote physical fitness.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 1352 Weight Training

Description: Improvement of muscular strength and endurance in the major muscle groups of the body through progressive resistive exercise. Fundamental anatomy, physiology, mechanical principles, methods and techniques as applied to weight training programs.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 1362 Self Defense

Description: Theory and practice of self defense; scientific principles of gravity and body control over opposing forces, and principles of contest judo.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 2112 Rock Climbing

Description: Theory and practice in the basics of technical rock climbing, bouldering and spelunking. Additional flat fee of \$30.00 applies.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 2122 Backpacking and Hiking

Description: Theory and practice of outdoor skills and leadership techniques for executing and evaluating a wilderness activity. Additional flat fee of \$30.00 applies.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 2322 Recreational Dance

Description: Theory and practice of traditional social dances and a variety of "free style" dance forms.

Credit hours: 2

Contact hours: Lecture: 2

Levels: Undergraduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 5000 Master's Thesis

Prerequisites: Consent of major professor.

Description: Research in leisure studies for master's degree. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.

Credit hours: 1-6

Contact hours: Other: 1

Levels: Graduate

Schedule types: Independent Study

Department/School: Kinesiology, Appl Health, Rec

LEIS 5010 Directed Study in Leisure Services

Description: Directed study in Leisure and from the profession on topics not included in other courses. Offered for variable credit, 1-3 credit hours, maximum of 20 credit hours.

Credit hours: 1-3

Contact hours: Other: 1

Levels: Graduate

Schedule types: Independent Study

Department/School: Kinesiology, Appl Health, Rec

LEIS 5020 Workshop in Leisure Studies

Prerequisites: Consent of instructor.

Description: Advanced instruction on specialized topic areas in leisure studies. Offered for variable credit, 1-6 credit hours, maximum of 20 credit hours.

Credit hours: 1-3

Contact hours: Other: 1

Levels: Graduate

Schedule types: Independent Study

Department/School: Kinesiology, Appl Health, Rec

LEIS 5023 Legal Aspects of Health, Physical Education and Leisure Services

Description: The application and interpretation of the law as it applies to teachers, coaches and administrators of health, physical education and leisure services programs. Course previously offered as HHP 5023.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 5030 Field Problems in Leisure Studies

Prerequisites: Consent of instructor.

Description: Applied research within the practice of leisure studies. Offered for variable credit, 1-6 credit hours, maximum of 20 credit hours.

Credit hours: 1-3

Contact hours: Other: 1

Levels: Graduate

Schedule types: Independent Study

Department/School: Kinesiology, Appl Health, Rec

LEIS 5073 Recreational Therapy and Geriatrics

Prerequisites: LEIS 2433 or consent of instructor.

Description: Role of Recreational Therapists (RT) working with geriatric population. Topics include terminology, etiology, prognosis, assessment, and program development in RT.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5403 Interpretation in Leisure Services

Description: Organization and administration of visitor centers and interpretive naturalist programs, philosophic approaches, and methods for interpreting the natural and cultural history of public parks and recreation areas. Course previously offered as HPEL 5403.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5413 Organization and Administration of Leisure Services

Description: Systematic approach to problem solving and decision-making for structure, personnel management, finance and program development for leisure service delivery systems. Course previously offered as HPEL 5413.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5423 Supervision and Leadership in Leisure Services

Prerequisites: Graduate standing.

Description: Administrative supervision and leadership in leisure services delivery systems. An examination of theories and practice as it relates to human, programmatic, and facility resources.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5433 Current Issues in Leisure Services

Prerequisites: Admission to the leisure studies program.

Description: Current issues related to the leisure services profession. Investigation, discussion and analysis of contemporary issues.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5443 Social Foundations of Leisure Services

Prerequisites: Graduate standing.

Description: Social, psychological, philosophical and historical foundations of leisure. The impact of social forces on leisure throughout history. Course previously offered as HPEL 5443.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5453 Social Psychology of Leisure

Description: Inquiry into the understanding of human behaviors, thoughts and attitudes related to leisure, and the understanding of complex issues related to the social psychology of leisure.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5463 Issues in Recreational Therapy

Prerequisites: LEIS 2433 or professional experience in recreational therapy.

Description: Current issues in recreational therapy with emphasis on accreditation, certification, licensure, quality assurance and ethics.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5473 Leisure and Aging

Prerequisites: LEIS 2433 or consent of instructor.

Description: Overview of the leisure needs and services for older adults, with emphasis upon the delivery system and leisure interventions. Course previously offered as HPEL 5473.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5483 Recreational Therapy for Persons with Physical Disabilities

Prerequisites: LEIS 2433 or professional experience in recreational therapy.

Description: The role of recreational therapy in the treatment and rehabilitation of individuals with physical disabilities. Emphasis on terminology, prognosis, etiology or specific disabilities, program development, assessment.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 5493 Recreational Therapy in Mental Health and Intellectual Disabilities

Prerequisites: LEIS 2433 or professional experience in recreational therapy.

Description: The role of recreational therapists (RT) in mental health or intellectual disabilities with emphasis upon client prognosis and methodologies of treatment programs.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 6000 Doctoral Dissertation

Description: Required of all candidates for the Doctor of Philosophy degree. Credit is given upon completion of the dissertation. Offered for variable credit, 1-25 credit hours, maximum of 25 credit hours.

Credit hours: 1-25

Contact hours: Other: 1

Levels: Graduate

Schedule types: Independent Study

Department/School: Kinesiology, Appl Health, Rec

LEIS 6010 Independent Study in Leisure Studies

Prerequisites: Consent of instructor.

Description: Supervised readings, research or study of trends and issues related to leisure studies. Offered for variable credit, 1-3 credit hours, maximum of 20 credit hours.

Credit hours: 1-3

Contact hours: Other: 1

Levels: Graduate

Schedule types: Independent Study

Department/School: Kinesiology, Appl Health, Rec

LEIS 6013 Professional Issues in Leisure Studies

Prerequisites: Admission to the Graduate College.

Description: Introduction to higher education issues relevant to professional preparation in leisure studies curricula, including roles of the educator, curriculum development, implementation and management, instructional strategies and accreditation.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 6020 Leisure Research Colloquium

Prerequisites: Graduate student standing.

Description: Exploration and presentation of selected topics and research in leisure studies. Offered for variable credit, 1-3 credit hours, maximum of 20 credit hours.

Credit hours: 1-3

Contact hours: Other: 1

Levels: Graduate

Schedule types: Independent Study

Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity

LEIS 6023 Special Topics in Leisure Studies

Prerequisites: Admission to the Graduate College.

Description: Special topics related to recreation, parks and leisure studies. Investigation, discussion and analysis of contemporary topics.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 6043 Ethical Issues in Health, Leisure, and Human Performance

Prerequisites: Admission to the Graduate College.

Description: A survey of ethical issues with specific emphasis on health, leisure, and human performance in higher education.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 6453 Leisure Behavior

Description: The advanced study of leisure and human behavior.

Research related to the understanding of how and why humans engage in leisure.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec

LEIS 6763 Management in Health, Leisure, and Human Performance

Settings

Prerequisites: Admission to the Graduate College.

Description: Essential elements of organizational structures, management issues, functions and styles in public, non-profit and private settings in health, leisure and human performance. Course previously offered as HHP 5763.

Credit hours: 3

Contact hours: Lecture: 3

Levels: Graduate

Schedule types: Lecture

Department/School: Kinesiology, Appl Health, Rec