LEIS 1232 Beginning Golf
Description: Theory and practice of basic skills, rules, terminology and etiquette.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

LEIS 1242 Beginning Tennis and Racquetball
Description: Theory and practice of tennis and racquetball; basic skills, rules, terminology, and game strategy for singles and doubles play. No credit for students with credit in LEIS 1252.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

LEIS 1252 Beginning Tennis
Description: Theory and practice of basic skills, rules, terminology and game strategy for singles and doubles play. No credit for students with credit in LEIS 1242.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

LEIS 1322 Bowling
Description: Theory and practice of approaches, deliveries, releases and mechanical principles involved in aiming and follow through.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

LEIS 1342 Physical Fitness
Description: Theory and practice of aerobic and weight training activities with learning experiences designed to promote physical fitness.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

LEIS 1352 Weight Training
Description: Improvement of muscular strength and endurance in the major muscle groups of the body through progressive resistive exercise. Fundamental anatomy, physiology, mechanical principles, methods and techniques as applied to weight training programs.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

LEIS 1362 Self Defense
Description: Theory and practice of self defense; scientific principles of gravity and body control over opposing forces, and principles of contest judo.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

LEIS 2112 Rock Climbing
Description: Theory and practice in the basics of technical rock climbing, bouldering and spelunking.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

Additional Fees: HPEL/LEIS Field Trip fee of $30 applies.

LEIS 2122 Backpacking and Hiking
Description: Theory and practice of outdoor skills and leadership techniques for executing and evaluating a wilderness activity.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity

LEIS 2322 Recreational Dance
Description: Theory and practice of traditional social dances and a variety of "free style" dance forms.
Credit hours: 2
Contact hours: Lecture: 2 Contact: 2
Levels: Undergraduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
General Education and other Course Attributes: Leisure Performance Activity
LEIS 5000 Master's Thesis
Prerequisites: Consent of major professor.
Description: Research in leisure studies for master's degree. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.
Credit hours: 1-6
Contact hours: Contact: 1-6 Other: 1-6
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

LEIS 5010 Directed Study in Recreation Management
Prerequisites: Permission of Instructor.
Description: Directed study within recreation management. Offered for variable credit, 1-3 credit hours, maximum of 20 credit hours.
Credit hours: 1-3
Contact hours: Contact: 1-3 Other: 1-3
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

LEIS 5013 Recreation and a Technologically Advanced Society
Prerequisites: Graduate Student Status.
Description: Investigate the recreational needs of modern society locally and globally. Consider new methods of recreation participation and communicating recreation information to target populations and devise strategies to implement these methods. Utilize modern tools to incorporate recreation activities into participants' lives. May not be used for degree credit with RMRT 4013.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5020 Workshop in Recreation Management
Prerequisites: Consent of instructor.
Description: Advanced instruction on specialized topic areas in recreation management. Offered for variable credit, 1-6 credit hours, maximum of 20 credit hours.
Credit hours: 1-3
Contact hours: Contact: 1-3 Other: 1-3
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

LEIS 5023 Legal Aspects of Health, Physical Education and Leisure Services
Description: The application and interpretation of the law as it applies to teachers, coaches and administrators of health, physical education and leisure services programs. Course previously offered as HHP 5023.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5030 Field Problems in Recreation Management
Prerequisites: Consent of instructor.
Description: Applied research within the practice of recreation management. Offered for variable credit, 1-6 credit hours, maximum of 20 credit hours.
Credit hours: 1-3
Contact hours: Contact: 1-3 Other: 1-3
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

LEIS 5033 Recreation Specialization and Serious Leisure
Description: The Serious Leisure Theory focuses on leisure participation in which a person is highly concentrated on one pursuit. This course investigates the details of the theory, how this theory can be observed in participants, and how to facilitate recreation and leisure programs to fulfill the needs of those engaged in Serious Leisure pursuits. Same course as RMRT 4023.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5073 Recreational Therapy and Geriatrics
Prerequisites: LEIS 2433 or consent of instructor.
Description: Role of Recreational Therapists (RT) working with geriatric population. Topics include terminology, etiology, prognosis, assessment, and program development in RT.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5113 Graduate Internship in Recreation Management
Prerequisites: Graduate student status.
Description: Supervised practical experience with leadership responsibilities for planning, leading, and evaluating activities and programs.
Credit hours: 3
Contact hours: Contact: 3 Other: 3
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

LEIS 5113 Graduate Internship in Recreation Management
Prerequisites: Graduate student status.
Description: Supervised practical experience with leadership responsibilities for planning, leading, and evaluating activities and programs.
Credit hours: 3
Contact hours: Contact: 3 Other: 3
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

LEIS 5403 Outdoor Recreation
Description: Theory and practical application of outdoor recreation concepts with emphasis on programs, pursuits, philosophies, principles, policies, economics, trends and problems. Course previously offered as HPEL 5403. May not be used for degree credit with RMRT 4473.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
LEIS 5413 Organization and Administration of Recreation and Leisure Services
Prerequisites: Graduate Student Standing.
Description: Systematic approach to problem solving and decision making for structure, personnel management, financing, and program development for recreation and leisure service delivery systems. Course previously offered as HPEL 5413.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5423 Supervision of Recreation Management People and Programs
Prerequisites: Graduate standing.
Description: Administrative supervision and leadership in Recreation Management delivery systems. An examination of theories and practices as related to personnel, participants, and facility resources.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5433 Current Issues in Leisure Services
Prerequisites: Admission to the leisure studies program.
Description: Current issues related to the leisure services profession. Investigation, discussion and analysis of contemporary issues.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5443 Social Foundations of Leisure Services
Prerequisites: Graduate standing.
Description: Social, psychological, philosophical and historical foundations of leisure. The impact of social forces on leisure throughout history. Course previously offered as HPEL 5443.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5453 Recreation Management and Recreational Therapy
Experiential Learning Lab
Description: Lecture, discussion, and experiential lab investigating human behaviors, thoughts, attitudes, and practices related to recreation. The understanding of the complexity of providing recreation and recreational therapy services to a variety of target populations.
Credit hours: 3
Contact hours: Lecture: 2 Lab: 2 Contact: 4
Levels: Graduate
Schedule types: Lab, Lecture, Combined lecture and lab
Department/School: Kinesiology, Appl Health, Rec

LEIS 5463 Issues in Recreational Therapy
Prerequisites: LEIS 2433 or professional experience in recreational therapy.
Description: Current issues in recreational therapy with emphasis on accreditation, certification, licensure, quality assurance and ethics.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5473 Leisure and Aging
Prerequisites: LEIS 2433 or consent of instructor.
Description: Overview of the leisure needs and services for older adults, with emphasis upon the delivery system and leisure interventions. Course previously offered as HPEL 5473.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5483 Recreational Therapy for Persons with Physical Disabilities
Prerequisites: LEIS 2433 or professional experience in recreational therapy.
Description: The role of recreational therapy in the treatment and rehabilitation of individuals with physical disabilities. Emphasis on terminology, prognosis, etiology or specific disabilities, program development, assessment.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5493 Recreational Therapy in Mental Health and Intellectual Disabilities
Prerequisites: LEIS 2433 or professional experience in recreational therapy.
Description: The role of recreational therapists (RT) in mental health or intellectual disabilities with emphasis upon client prognosis and methodologies of treatment programs.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5513 Leisure Education
Description: Models of leisure education discussed and practices in conjunction with enhancing student's ability with basic skills of leisure counseling to facilitate optimal leisure pursuits. May not be used for degree credit with RMRT 4513.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec
LEIS 5553 Tourism in Recreation Settings
Description: Theory and foundations of the philosophy, principles and practices that associate tourism with recreation agencies and settings. May not be used for degree credit with RMRT 4553.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5563 Entrepreneur Recreation Management
Description: Introduction to the scope, characteristics and management aspects of the commercial recreation industry from an entrepreneurial perspective. May not be used for degree credit with RMRT 4563.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5603 Outdoor Education
Description: Development of a holistic approach to teaching and learning in the outdoors. Learning in, about, and for, the out-of-doors as a process for acquiring skills with which to enjoy outdoor pursuits. May not be used for degree credit with RMRT 4453.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5703 Areas and Facilities in Leisure Services
Description: Planning, design and development of areas and facilities in leisure service delivery systems. May not be used for degree credit with RMRT 4463.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5713 Campus Recreation, Intramurals, and Sport
Description: Program operations, industry standards, and current issues surrounding these areas of the recreation industry. May not be used for degree credit with RMRT 4713.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5933 Advanced Methods in Recreational Therapy
Description: Theoretical and practical examination of contemporary implementation procedures used in recreational therapy practice. May not be used for degree credit with RMRT 4933.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 5943 Grant Writing and Nonprofit Management
Description: Methods and techniques used in grant writing as well as the establishment of a nonprofit agency. Previously offered as RMTR 4943. May not be used for degree credit with RMRT 4943.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 6000 Doctoral Dissertation
Description: Required of all candidates for the Doctor of Philosophy degree. Credit is given upon completion of the dissertation. Offered for variable credit, 1-25 credit hours, maximum of 25 credit hours.
Credit hours: 1-25
Contact hours: Contact: 1-25 Other: 1-25
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

LEIS 6010 Independent Study in Leisure Studies
Prerequisites: Consent of instructor.
Description: Supervised readings, research or study of trends and issues related to leisure studies. Offered for variable credit, 1-3 credit hours, maximum of 20 credit hours.
Credit hours: 1-3
Contact hours: Contact: 1-3 Other: 1-3
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

LEIS 6013 Professional Issues in Leisure Studies
Prerequisites: Admission to the Graduate College.
Description: Introduction to higher education issues relevant to professional preparation in leisure studies curricula, including roles of the educator, curriculum development, implementation and management, instructional strategies and accreditation.
Credit hours: 3
Contact hours: Lecture: 3 Contact: 3
Levels: Graduate
Schedule types: Lecture
Department/School: Kinesiology, Appl Health, Rec

LEIS 6020 Leisure Research Colloquium
Prerequisites: Graduate student standing.
Description: Exploration and presentation of selected topics and research in leisure studies. Offered for variable credit, 1-3 credit hours, maximum of 20 credit hours.
Credit hours: 1-3
Contact hours: Contact: 1-3 Other: 1-3
Levels: Graduate
Schedule types: Independent Study
Department/School: Kinesiology, Appl Health, Rec

General Education and other Course Attributes: Leisure Performance Activity
LEIS 6023 Special Topics in Recreation  
**Prerequisites:** Admission to the Graduate College.  
**Description:** Special topics related to recreation, recreational therapy and leisure services. Investigation, discussion and analysis of contemporary topics.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3 Contact: 3  
**Levels:** Graduate  
**Schedule types:** Lecture  
**Department/School:** Kinesiology, Appl Health, Rec  

LEIS 6043 Ethical Issues in Health, Leisure, and Human Performance  
**Prerequisites:** Admission to the Graduate College.  
**Description:** A survey of ethical issues with specific emphasis on health, leisure, and human performance in higher education.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3 Contact: 3  
**Levels:** Graduate  
**Schedule types:** Lecture  
**Department/School:** Kinesiology, Appl Health, Rec  

LEIS 6453 Leisure Behavior  
**Description:** The advanced study of leisure and human behavior. Research related to the understanding of how and why humans engage in leisure.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3 Contact: 3  
**Levels:** Graduate  
**Schedule types:** Lecture  
**Department/School:** Kinesiology, Appl Health, Rec  

LEIS 6763 Management in Health, Leisure, and Human Performance  
**Settings**  
**Prerequisites:** Admission to the Graduate College.  
**Description:** Essential elements of organizational structures, management issues, functions and styles in public, non-profit and private settings in health, leisure and human performance. Course previously offered as HHP 5763.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3 Contact: 3  
**Levels:** Graduate  
**Schedule types:** Lecture  
**Department/School:** Kinesiology, Appl Health, Rec