# HEALTH (HLTH)

**HLTH 2213 Principles in Health Education and Promotion**  
**Description:** Introduction to the field of health education and health promotion focusing on health principles, theories, career opportunities and a field experience. Previously offered as HHP 2213.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 2323 Drugs and Society**  
**Description:** Impact of recreational use of drugs on society. Topics will include stimulant, depressant, and hallucinogenic recreational drugs, ergogenic substances and current research regarding addiction. Particular focus will be given to current trends of substance use and abuse. Cannot be substituted for HLTH 3913. Previously offered as HHP 2323.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 2603 Total Wellness (S)**  
**Description:** Overview of individual, interpersonal, and sociocultural issues that have an impact on health. Behavioral decision-making, social relations, cultural diversity and environmental sensitivity. Previously offered as HHP 2603.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Social & Behavioral Sciences

**HLTH 3010 Health Workshop**  
**Description:** Concentrated study of special topic(s) related to health not currently covered in the available undergraduate curriculum.  
**Credit hours:** 1-3  
**Contact hours:** Other: 1  
**Levels:** Undergraduate  
**Schedule types:** Independent Study  
**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 3113 Health Issues in Diverse Populations (D)**  
**Description:** The purpose of the course is to introduce concepts of health disparities, and equity for diverse populations across a range of health topics. The course will also introduce the students to community based solutions to health issues for diverse populations in an effort to promote inclusivity.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Diversity

**HLTH 3511 Peer Health Education I**  
**Prerequisites:** Approval of instructor.  
**Description:** Comprehensive analysis and application of the theory and practice of peer education principles, designed to educate and provide experiences in preparation for planning and/or participation in integral university or community peer education programs.  
**Credit hours:** 1  
**Contact hours:** Lecture: 1  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 3512 Peer Health Education II**  
**Prerequisites:** Successful completion of HHP 3511 and approval of instructor.  
**Description:** Comprehensive analysis and application of the theory and practice of peer education principles, designed to educate and provide experiences in preparation for planning and/or participation in integral university or community peer education programs.  
**Credit hours:** 2  
**Contact hours:** Other: 2  
**Levels:** Undergraduate  
**Schedule types:** Independent Study  
**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 3603 Understanding HIV (DS)**  
**Description:** Examines the HIV global epidemic from historical, political, epidemiological, biological, medical, psychological, legal, and ethical perspectives. Previously offered as HHP 3603.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Diversity, Social & Behavioral Sciences

**HLTH 3613 Community Health**  
**Prerequisites:** HLTH 2213, HLTH 2603, or consent of instructor.  
**Description:** A survey of issues impacting the health of populations from a community health perspective. Previously offered as HHP 3613.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych

**HLTH 3623 School Health Programs**  
**Prerequisites:** HLTH 2603.  
**Description:** The identity and relationships of school health instruction, services and environments. Previously offered as HHP 3623.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych
HLTH 3643 Health Behavior Theory  
**Prerequisites:** Full admission to HEP and junior standing or consent of instructor.  
**Description:** Survey of biopsychosocial behavioral models to determine basis for health risk behaviors, with emphasis on determinants of health/risk behavior and exploring health behavior theories across age, sex, ethnicity, culture and socio-economic status. Same course as HHP 4503. Previously offered as HHP 3643.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 3723 Principles of Epidemiology  
**Prerequisites:** Full admission to HEP and junior standing or consent of instructor.  
**Description:** Survey of epidemiological principles as they relate to the planning of both community and consumer-focused health promotion and disease prevention programs. Same course as HHP 4633. Previously offered as HHP 3723.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 3913 Alcohol and Drug Education  
**Prerequisites:** Full admission to HEP.  
**Description:** Introduction to the field of health education and health promotion focusing on health principles, theories, career opportunities, and a field experience. Same course as HHP 4033. Previously offered as HHP 3913.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 4010 Directed Study in Health  
**Description:** Course is an independent study of health issues and trends through readings, research, and/or analysis.  
**Credit hours:** 1-3  
**Contact hours:** Other: 1  
**Levels:** Undergraduate  
**Schedule types:** Independent Study  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 4233 Health and Sexuality  
**Prerequisites:** Full admission to HEP and junior standing or consent of instructor.  
**Description:** The study of human sexuality as it relates to the health and well-being of individuals in the community, college, school or worksite settings. Previously offered as HHP 4233.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 4533 Psychosocial Issues in Health Education/Promotion  
**Prerequisites:** Full admission to HEP and senior standing or consent of instructor.  
**Description:** Psychosocial issues as they relate to the practice of health education/promotion. Personal and professional applications of the course material will be emphasized. Previously offered as HHP 4533.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 4770 Internship in Health Education & Promotion - Exercise and Health (Athletic Training)  
**Prerequisites:** Last semester; and Senior standing with cumulative 2.75 GPA; current CPR and First Aid Certification.  
**Description:** Supervised field work experience in health promotion or health-related settings for students going in to the Master of Athletic Training 3/2 Program.  
**Credit hours:** 1-12  
**Contact hours:** Other: 1  
**Levels:** Undergraduate  
**Schedule types:** Independent Study  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 4783 Health Issues in Gerontology  
**Prerequisites:** HLTH 2603.  
**Description:** An in-depth study of physiological aspects, special health concerns, chronic illnesses and services as applied to gerontology. Previously offered as HHP 4783.  
**Credit hours:** 3  
**Contact hours:** Lecture: 3  
**Levels:** Graduate, Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 4880 Internship in Health Education and Promotion: Community Health  
**Prerequisites:** Last semester. Senior standing with cumulative GPA 2.75.  
**Description:** Supervised field work experience in health promotion or health-related settings for students in the Community Health option. Previously offered as HHP 4880.  
**Credit hours:** 1-12  
**Contact hours:** Other: 1  
**Levels:** Graduate, Undergraduate  
**Schedule types:** Independent Study  
**Department/School:** Health Sci, Couns, Couns Psych  

HLTH 4902 Pre-Internship Seminar  
**Prerequisites:** Full admission to HEP; last semester prior to 4990 or consent of instructor.  
**Description:** Capstone course for the health promotion program. Preparation for the health internship experience. Previously offered as HHP 4902.  
**Credit hours:** 2  
**Contact hours:** Lecture: 2  
**Levels:** Undergraduate  
**Schedule types:** Lecture  
**Department/School:** Health Sci, Couns, Couns Psych
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Prerequisites</th>
<th>Description</th>
<th>Credit Hours</th>
<th>Contact Hours</th>
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<th>Schedule Types</th>
<th>Department/School</th>
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</thead>
<tbody>
<tr>
<td>HLTH 4973</td>
<td>Program Design in Health Education and Promotion</td>
<td>Full admission to HEP and senior standing or consent of instructor.</td>
<td>A survey of program design principles, including theoretical foundations, planning, marketing, delivering and evaluating. Same course as HHP 4433. Previously offered as HHP 4973.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Undergraduate</td>
<td>Lecture</td>
<td>Health Sci, Couns, Couns Psych</td>
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<tr>
<td>HLTH 4990</td>
<td>Internship in Health Education and Promotion: Exercise and Health</td>
<td>Last semester; senior standing with cumulative GPA 2.75.</td>
<td>Supervised field work experience in health promotion or health-related settings for students in the Exercise and Health option. Previously offered as HHP 4990. Offered for variable credit, 1-12 credit hours, maximum of 12 credit hours.</td>
<td>1-12</td>
<td>Lecture: 3</td>
<td>Graduate, Undergraduate</td>
<td>Independent Study</td>
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<tr>
<td>HLTH 5113</td>
<td>Psychological Aspects of Health</td>
<td></td>
<td>Examination of the interactions of biological, psychological, social, and spiritual factors as they impact human health and disease. Previously offered as HHP 5113.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
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<td>HLTH 5133</td>
<td>Environmental Health</td>
<td></td>
<td>Examination of health issues, etiology of disease, and control and prevention of major environmental health problems in industrialized and developing countries. Same course as MPH 5133. Previously offered as HHP 5133.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
<td>Lecture</td>
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<td>HLTH 5233</td>
<td>Sexuality and Health</td>
<td></td>
<td>The study of human sexuality as it relates to the health and well-being of individuals in the community, college, school, and worksite settings. Particular emphasis will be on examining, developing, or modifying new programming related to sexuality and health. Previously offered as HHP 5233.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
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<td>HLTH 5234</td>
<td>General Epidemiology</td>
<td></td>
<td>Examination of epidemiological theory and its methodological application to public health. Same course as MPH 5323. Previously offered as HHP 5234.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
<td>Lecture</td>
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<td>HLTH 5453</td>
<td>Cultural Issues In Health</td>
<td></td>
<td>Examination of ways in which culture affects health and health care including perceptions of health, disease, treatments, and the values associated with these factors. The need for cultural sensitivity in health care is emphasized. Same course as MPH 5453. Previously offered as HHP 5453.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
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<td>HLTH 5653</td>
<td>Foundations of Public Health Education and Promotion</td>
<td></td>
<td>Exploration of key concepts, philosophies, ethical principles, historical events, theories/models, and responsibilities and competencies of public health promotion. Same course as MPH 5653. Previously offered as HHP 5653.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
<td>Lecture</td>
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<td>HLTH 5683</td>
<td>Health Behavior Theory and Practice for Public Health</td>
<td></td>
<td>Theories and concepts of health behavior change and exploration of the application of theories to public health programs. Same course as MPH 5683. Previously offered as HHP 5683.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
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<td>HLTH 5973</td>
<td>Designing Public Health Programs</td>
<td></td>
<td>Application of program design principles, including needs assessment, theoretical application, program planning and marketing. Same course as MPH 5973. Previously offered as HHP 5973.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
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<tr>
<td>HLTH 5983</td>
<td>Implementation and Evaluation of Public Health Programs</td>
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<td>Application of program implementation and evaluation, including evaluation design. Same course as MPH 5983. Previously offered as HHP 5983.</td>
<td>3</td>
<td>Lecture: 3</td>
<td>Graduate</td>
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HLTH 6020 Research Colloquium in Health Promotion
Description: Topics-based graduate colloquium that explores selected topics and research in the areas of health promotion.
Credit hours: 1-3
Contact hours: Other: 1
Levels: Graduate
Schedule types: Independent Study
Department/School: Health Sci, Couns, Couns Psych