

# COUNSELING PSYCHOLOGY (CPSY)

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## **CPSY 1113 Career: Journey of A Lifetime**

**Description:** Assists students in exploring career options through increased understanding of self and expanded knowledge of occupational information. Includes a study of the decision-making process and a look at the present and future changing world of work. Previously offered as CPSY 1112 and ABSE 1112.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

## **CPSY 3003 Introduction to Counseling and Related Professions**

**Description:** Professions related to counseling such as career counseling, community mental health counseling, school counseling, and substance abuse counseling are examined. Students will also learn about diversity and legal and ethical issues within counseling professions.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

## **CPSY 3013 Introduction to Helping Skills**

**Prerequisites:** Upper division standing and successful completion of CPSY 3003.

**Description:** This course serves as a general overview of applied helping skills for those who are considering the counseling profession or related professions as a career. Students will learn major counseling theories and will practice basic helping skills. Instructional methods will include lecture, small-group interaction, discussion, and role plays.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

## **CPSY 3023 Mental Health in Schools and the Community**

**Description:** An introduction to mental health issues in school and community settings for education or other helping profession majors. Students will learn about topics such as signs of depression; substance abuse; anxiety, including test anxiety; crisis prevention and response; suicidality and violence in schools; bullying; domestic violence; and cyber-citizenship.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

## **CPSY 4013 Field Experience in Counseling**

**Prerequisites:** CPSY 3003 and CPSY 3013.

**Description:** A senior capstone/field experience for students considering graduate work in counseling psychology, school counseling, community counseling, or a counseling-related profession. The field experience provides students with the opportunity to apply the skills, knowledge, and techniques in an applied setting. Students can expect to gain an understanding of the philosophy, organization, and tasks of their field site to assist in guiding their decision for a future career path.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

## **CPSY 4443 Cultural Diversity in Professional Life (D)**

**Description:** Knowledge, awareness and skills regarding cultural diversity in one's professional life. Previously offered as EDUC 4443.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Undergraduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**General Education and other Course Attributes:** Diversity

## **CPSY 5000 Master's Thesis**

**Description:** Consent of advisory committee chairperson. Report of research conducted by a student in the master's program in counseling. Credit given and grade assigned upon completion and acceptance of the thesis. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.

**Credit hours:** 1-6

**Contact hours:** Other: 1

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

## **CPSY 5173 Gerontological Counseling**

**Description:** An examination of mental health treatment modalities and approaches to counseling with older adults. An experiential component is included. Previously offered as ABSE 5173.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

## **CPSY 5320 Seminar in Counseling Psychology**

**Description:** Graduate standing. In-depth exploration of contemporary topics in counseling psychology. Offered for variable credit, 3-9 credit hours, maximum of 9 credit hours.

**Credit hours:** 3-9

**Contact hours:** Other: 3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

## **CPSY 5323 Relational Cultural Theory**

**Description:** The goal of this course is to gain an understanding of the theoretical foundation of the Relational Cultural Model of psychotherapy.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5413 Critical Issues in School Counseling**

**Description:** Counseling and guidance activities to enhance school climate and promote development of student academic, career, and personal/social competencies. Knowledge of the school counselor's role in advocating for students with special needs.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5453 Vocational and Career Information**

**Description:** Local, state and national sources of occupational information about jobs and sociological factors related to career planning and worker effectiveness. Previously offered as ABSE 5453.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5473 Basic Counseling Skills**

**Prerequisites:** Graduate standing.

**Description:** Basic attending and relationship building skills needed to develop an effective therapeutic relationship, establish counseling goals, and evaluate client outcomes. Previously offered as ABSE 5473.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5483 Mental Health Counseling**

**Description:** Base of knowledge about the counseling profession, its history, philosophy, and identity. The roles and responsibilities of the professional counselor as therapist and advocate in working competently with culturally diverse populations in a socially and culturally diverse society.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5493 Professional and Ethical Issues in Counseling**

**Prerequisites:** Admission to community counseling, elementary or secondary school counseling graduate program or consent of instructor.

**Description:** Principles and issues of professionalism and ethics. Seminar format with special emphasis on student's thorough preparation for, and active participation in, class discussions.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5503 Multicultural Counseling**

**Description:** Emphasis on effective communication skills in cross-cultural counseling or helping relationships and the integration of theoretical knowledge with experiential learning. Psycho-social factors, life styles, etc. of various cultural and ethnic groups and their influence on the helping relationship. Previously offered as ABSE 5503.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5513 Comprehensive School Counseling Programs**

**Description:** Foundations of school counseling focusing on the knowledge and skills required to develop, implement, coordinate, and manage a comprehensive, developmental school counseling program.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5523 Individual Appraisal**

**Description:** Methods of developing a framework for understanding individuals and techniques for data collection, assessment, and interpretation such as interviews, testing, and case study. The study of individual differences including ethnic, cultural and gender factors. Previously offered as ABSE 5520.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5533 Developmental Interventions**

**Prerequisites:** CPSY 5473.

**Description:** Counseling theories and techniques for working with children, adolescents, and their parents in individual and group counseling and consulting.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5543 Career Development Theories**

**Description:** Historical and contemporary viewpoints advanced by Ginsberg, Super, Holland, Roe, etc. Counselors are assisted in developing the theoretical and applied basis for developing school-based career education programs and for assisting individuals in career planning. Previously offered as ABSE 5543.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5553 Theories of Counseling**

**Description:** Exploration of the foundations of major individual counseling theoretical approaches with opportunities for personal reflection and application. Previously offered as ABSE 5553.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5563 Conceptualization and Diagnosis in Counseling**

**Description:** Conceptualization and diagnosis through a study of principles of understanding dysfunction in human behavior or social disorganization and provides an in-depth knowledge of use of the DSM classification system.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5583 Group Process**

**Description:** Group dynamics, theory and techniques applicable to working with people of all ages in various school and non-school settings. Group member competencies are stressed during the laboratory period. Previously offered as ABSE 5583.

**Credit hours:** 3

**Contact hours:** Lecture: 2 Other: 1

**Levels:** Graduate

**Schedule types:** Independent Study, Lecture, Combined lecture & IS

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5593 Counseling Practicum**

**Prerequisites:** Grade of "B" or better in CPSY 5473 and CPSY 5553; admission to program or instructor consent.

**Description:** Supervised experience in human interaction processes of counseling and consulting with the major goal of facilitating positive growth processes through individual supervision. May be conducted in a variety of settings with a wide range of developmental levels. Previously offered as ABSE 5590.

**Credit hours:** 3

**Contact hours:** Other: 3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5663 Counseling And Sexuality**

**Prerequisites:** Permission of instructor.

**Description:** Current trends in counseling clients with sexual problems, as well as clients with varying sexual orientations and identities.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5673 Substance Abuse Counseling**

**Prerequisites:** Permission of instructor.

**Description:** Current therapeutic trends, strategies, and modalities used in the treatment of addictions, as well as relapse prevention strategies and treatment of special populations.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5683 Internship In Counseling I**

**Prerequisites:** Grade of "B" or better in CPSY 5593 and admission to counseling program.

**Description:** Supervised experience working and studying in a counseling agency or setting.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5693 Internship In Counseling II**

**Prerequisites:** Grade of "B" or better in CPSY 5683 and admission to counseling program.

**Description:** Supervised experience working and studying in a counseling agency or setting.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 5720 Workshop**

**Description:** Professional workshops on various topics. Designed to meet unique or special needs of professionals in various mental health fields. Offered for variable credit, 1-9 credit hours, maximum of 9 credit hours.

**Credit hours:** 1-9

**Contact hours:** Lecture: 1

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6000 Doctoral Dissertation**

**Prerequisites:** Consent of advisory committee chairperson.

**Description:** Report of research conducted by a student in the doctoral program in counseling psychology. Credit given and grade assigned upon completion and acceptance of the doctoral dissertation. Offered for variable credit, 1-9 credit hours, maximum of 25 credit hours.

**Credit hours:** 1-9

**Contact hours:** Other: 1

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6053 Ethical and Legal Issues in Professional Psychology**

**Prerequisites:** Consent of instructor.

**Description:** Ethical and legal standards applied to the professional practice of psychology. Previously offered as CPSY 6503.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6083 Principles of Counseling Psychology**

**Prerequisites:** Admission to the doctoral program in counseling psychology.

**Description:** Development, theoretical foundations and applications of therapeutic models of counseling and psychology. Previously offered as ABSE 6083.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6123 Adult Personality Assessment**

**Prerequisites:** Admission to counseling, school, or clinical psychology program.

**Description:** Administration and interpretation of adult personality assessment instruments such as Rorschach, TAT and DAP. Previously offered as ABSE 6213.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6153 Personality Theories**

**Prerequisites:** Graduate standing.

**Description:** An in-depth analysis of personality theories and personality disorders. Previously offered as ABSE 6153.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6223 Beck's Cognitive Therapy**

**Prerequisites:** Graduate standing in counseling, counseling psychology, school psychology, or clinical psychology; or consent of instructor.

**Description:** The theory and practice of Aaron T. Beck's cognitive therapy approach. Cognitive restructuring, problem-solving, imagery work, and cognitive case conceptualization skills to help clients with a variety of presenting problems.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6310 Advanced Practicum and Supervision**

**Prerequisites:** Admission to counseling psychology program.

**Description:** For prospective counseling psychologists, counselor educators and supervisors, and practicing counselors. Supervised assistance in development of counseling, consulting, and supervising competencies. Previously offered as ABSE 6310. Offered for variable credit, 3-12 credit hours, maximum of 12 credit hours.

**Credit hours:** 3-12

**Contact hours:** Other: 3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6313 Advanced Group Interventions**

**Prerequisites:** Admission to counseling psychology program or consent of instructor.

**Description:** Discussion and exploration of various aspects of group development and treatment. Theory and application of theory. Various factors associated with group psychotherapy cohesion, dynamics and screening. Course previously offered as ABSE 6313.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6323 Psychological Consultation**

**Prerequisites:** Admission to graduate program in the SAHEP or psychology program.

**Description:** Models and strategies for the delivery of special services in the schools and other agencies that focus on serving the mental health needs of children, adolescents and adults. The use of consultation as a problem-solving alternative to the assessment/label approach. Students can receive credit in only one of the courses. Same course as EPSY 6323.

**Credit hours:** 3

**Contact hours:** Lecture: 3

**Levels:** Graduate

**Schedule types:** Lecture

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6413 Counseling Psychology Practicum I**

**Prerequisites:** Admission to the doctoral program in counseling psychology.

**Description:** For prospective counseling psychologists. Individual and group supervision and didactic experiences to facilitate the development of counseling psychology competencies with clients at practicum sites. Establishing therapeutic conditions conducive to growth and change.

**Credit hours:** 3

**Contact hours:** Other: 3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6423 Counseling Psychology Practicum II**

**Prerequisites:** Grade of "B" or better in CPSY 6413.

**Description:** For prospective counseling psychologists. Individual and group supervision and didactic experiences to facilitate the development of counseling psychology competencies with clients at practicum sites. Integrating theory and research into the practice of counseling psychology.

**Credit hours:** 3

**Contact hours:** Other: 3

**Levels:** Graduate

**Schedule types:** Independent Study

**Department/School:** Health Sci, Couns, Couns Psych

**CPSY 6433 Counseling Psychology Practicum III****Prerequisites:** Grade of "B" or better in CPSY 6423.**Description:** For prospective counseling psychologists. Individual and group supervision and didactic experiences to facilitate the development of counseling psychology competencies with clients at practicum sites. Integrating theory and psychological assessment skills into the practice of counseling psychology.**Credit hours:** 3**Contact hours:** Other: 3**Levels:** Graduate**Schedule types:** Independent Study**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6443 Counseling Psychology Practicum IV****Prerequisites:** Grade of "B" or better in CPSY 6433.**Description:** For prospective counseling psychologists. Individual and group supervision and didactic experiences to facilitate the development of counseling psychology competencies with clients at practicum sites. Building integrating consultation skills into the practice of counseling psychology.**Credit hours:** 3**Contact hours:** Lecture: 3**Levels:** Graduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6543 Clinical Supervision****Prerequisites:** Admission to clinical, counseling or school psychology doctoral program, or consent of instructor.**Description:** Building the doctoral psychology student's knowledge base in theory and research of clinical supervision in psychology, and development and refinement of the student's supervision skills. Current theory and research in supervision, including a practical component.**Credit hours:** 3**Contact hours:** Lecture: 3**Levels:** Graduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6553 Advanced Practice in Marital and Family Treatment****Prerequisites:** Admission to counseling, school or clinical psychology program.**Description:** Advanced methods in assessment, diagnosis, and treatment of marital and family problems. Skill development, professionalism, ethics and case management. Dynamics of co-therapy and conjoint treatment. Case consultation format. Course previously offered as ABSE 6553.**Credit hours:** 3**Contact hours:** Lecture: 3**Levels:** Graduate**Schedule types:** Lecture**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6560 Advanced Internship in Counseling****Description:** Admission to the doctoral program in psychology. Designed to facilitate counseling effectiveness and to set the stage for a productive life of professional practice. Previously offered as ABSE 6560. Offered for variable credit, 1-3 credit hours, maximum of 6 credit hours.**Credit hours:** 1-3**Contact hours:** Other: 1**Levels:** Graduate**Schedule types:** Independent Study**Department/School:** Health Sci, Couns, Couns Psych**CPSY 6850 Directed Reading****Description:** Directed reading for students with advanced graduate standing. Offered for variable credit, 1-6 credit hours, maximum of 6 credit hours.**Credit hours:** 1-6**Contact hours:** Other: 1**Levels:** Graduate**Schedule types:** Independent Study**Department/School:** Health Sci, Couns, Couns Psych