SPECIAL ACADEMIC SERVICES, PROGRAMS AND FACILITIES

University College Advising
Missy Wikle—Director, University College Advising and LASSO

University College Advising (UCA) provides academic advising and assistance to a variety of diverse student populations. Students advised by UCA include, but are not limited to, undecided students and those admitted through the alternative admission and holistic admission programs. Additionally, UCA is the advising home for pre-CEAT students, undecided transfer students, some students on academic probation, and some students who need help developing individualized degree plans. By providing personalized attention and assistance, UCA strives to retain students as they adjust to OSU and explore their academic options. University College Advising is located in 214 Student Union. Please visit uca.okstate.edu (http://uca.okstate.edu) or contact 405.744.5333 for more information.

The following programs are offered through University College Advising:

Freshman Programs
- Students who are undecided with interests spanning more than one academic college
- Students admitted through OSU's holistic or alternative admissions programs
- Students admitted through OSU's pre-CEAT (https://ceat.okstate.edu/explanation-pre-ceat-general-studies) program

In addition to academic advising, UCA provides students with a First-Year Seminar (UNIV 1111) designed to help freshmen adjust to the demands of college life, learn how to become academically successful, explore various major and career options, and make students aware of university rules and regulations. This class is taught by UCA advisers in conjunction with UCA's Student Academic Mentor Program. After remediating any subject area deficiencies and completing one semester with a 3.0 GPA or higher or two semesters with a minimum 2.00 GPA, students may generally transfer to their academic college of choice, depending on their college and department's individual GPA and course requirements.

Transfer Probation
Transfer students who do not meet OSU's minimum hour/GPA transfer requirements may be admitted on probation by a joint decision of their academic college and University College Advising.

University Academic Assessment Program
The University Academic Assessment Program is designed for students who have experienced academic difficulty at the college level, including:
- students on academic probation;
- freshmen on academic notice;
- students in good academic standing, who are ineligible for admission to their desired college or major; and
- students who left OSU while on probation or suspension and after taking off at least one regular semester have been readmitted based on a demonstrated potential for success.

In conjunction with hands-on academic advising, University College advisers assist Academic Assessment and Transfer Probation students in developing realistic plans of study, informing students of important policies and requirements, such as OSU and major-specific GPA requirements and OSU's Academic Forgiveness policies. These students are advised by UCA until they are eligible to transfer to their academic college of choice, depending on their college and department's individual GPA and course requirements.

Bachelor of University Studies
Occasionally a student experiences great difficulty in finding a degree plan appropriate for his/her interests and career goals. In this case, an individual degree plan may be developed to meet State Regents' and OSU's degree requirements. Academic advisers in UCA can be instrumental in helping draft the initial stages of such plans, which are then forwarded to the academic colleges for approval.

Student Academic Mentor Program
The Student Academic Mentor (SAM) Program is a free service that connects new UCA freshmen with experienced OSU students in an effort to ease their transition to college, specifically through assisting in their First-Year Seminar course (UNIV 1111). "SAMs" are carefully selected from continuing students at OSU to help freshmen feel welcome and to help them connect with campus life, socially as well as academically. For more information visit uca.okstate.edu (http://uca.okstate.edu).

Office of First Year Success
Robert Raab—Assistant Director, First Year Success

The Office of First Year Success seeks to connect freshmen students to resources they need on campus and offers individualized training and support in areas of leadership, social and professional development, and financial literacy. Through the use of Engagement Specialists, Financial Planning Counselors and Student Ambassadors our office helps freshmen students identify, access and utilize services on campus. Students may contact the Office of First Year Success at 405.744.5601 in 436A General Academic Building or visit the website at fys.okstate.edu (https://newstudents.okstate.edu/first-year-success) for more information.

Engagement
Engagement Specialists build supportive relationships with freshmen students for the purpose of developing individual strategies that ensure a successful transition from high school into college life. One method for accomplishing this is to encourage students to participate in the Empower: Institute for Freshmen Engagement & Leadership. Empower is a year-long program that teaches professional development, academic success, cultural awareness and active participation in student organizations.

Financial Planning
Financial Planning Counselors meet with freshmen students to educate them on financial literacy and employ a variety of tools and resources to encourage financial success. Our Financial Planning Counselors use a variety of methods to educate students and campus partners, including but not limited to:
- Presentations in First Year Seminars
- Individual strategy meetings with students to map out plans to fund education or overcome financial setbacks
• FAFSA Workshops for the Empower: Institute for Freshmen Engagement & Leadership

**Academic Advising**

Academic advising is a major function within the University and serves the student first and foremost. Advising assists students in developing their intellectual potential through effective use of all resources available at the University—academic, cultural and social. The role of the student’s academic adviser is to:

1. assist in educational planning, including clarification of career and educational goals, curriculum planning and short-term course selection,
2. become aware of and make appropriate referrals to campus support services,
3. provide information to prospective majors, and
4. prepare degree plans for graduating seniors and submit these to the respective college graduation certification office.

Advising is performed within each of the undergraduate colleges and in University College Advising. Each college structures its advising system based upon the college’s philosophy and perceived student needs. In most colleges, freshmen and undeclared students are advised through the college’s office of student academic services, while declared majors are advised in their major department. In the Division of Agricultural Sciences and Natural Resources, all students are advised by faculty members.

Each college has an office of student academic services to represent the dean in matters concerning undergraduate students. Students should contact their office of student academic services when questions arise regarding advising, academic programs and requirements, and academic support services.

The locations of the offices of student academic services are:

- Agricultural Sciences and Natural Resources, 136 Agricultural Hall
- Arts and Sciences, 213 Life Sciences East
- Education, Health and Aviation, 106 Willard
- Engineering, Architecture and Technology, 110 Engineering North
- Human Sciences, 101 Human Sciences
- Spears School of Business, 155 Business Building
- University College Advising, 214 Student Union
- OSU-Tulsa Advising Services, 130 NCB

Students should keep in mind that while the University provides advising as a service and resource, the ultimate responsibility for identifying and completing degree requirements rests with the student.

**LASSO Center**

Monty Stallings—Assistant Director

The LASSO Center provides academic support through a variety of programs. In addition to free tutoring for undergraduate courses, we also provide supplemental instruction for select courses and academic success coaching to all students, both of which are also free. The LASSO Center is located in 021 Classroom Building. The administrative offices are open Monday-Friday 8 a.m. to 5 p.m., but the tutoring center has extended hours during the fall and spring semesters. For more information please visit lasso.okstate.edu (http://lasso.okstate.edu).

**Academic Success Coaches**

The academic success coaching program at Oklahoma State University offers individualized attention to help students adjust personally and academically, both as they transition from high school to college and as they progress through their college experience. Coaches assist students with refining academic skills such as time management, effective study methods, identifying personal strengths and developing school/life balance. Coaches also aid students in identifying and connecting with people, organizations and programs appropriate to their needs and interests. To request a coach or find more information on the program, please visit lasso.okstate.edu (http://lasso.okstate.edu) or call 405-744-3309.

**LASSO Center Paul Milburn Tutoring Program**

The LASSO Center Paul Milburn Tutoring Program is a free service offered for students campus-wide. Highly trained and qualified tutors are available to students for individualized, one-on-one tutoring. This program is funded in part by OSU alum, Mr. Paul Milburn, who is dedicated to helping students succeed. Tutoring is available by appointment Monday through Friday. Walk-in tutoring is also available to students at four days per week in partnership with the Academic Development Center in Residential Life. Students may sign up online at tutor.okstate.edu (http://tutor.okstate.edu). Please visit lasso.okstate.edu (http://lasso.okstate.edu) or contact the LASSO Center tutoring office at 405.744.3309 for more information.

**Supplemental Instruction**

Supplemental Instruction (SI) is a free academic program that provides peer-facilitated study sessions for targeted courses. Sessions are led by SI leaders who are undergraduate students that have previously performed well in the course. SI leaders provide multiple weekly study sessions where they facilitate discussions and study activities that allow students to master course materials by working together in a cooperative learning environment. Students may find more information about SI and a list of current courses offering SI at lasso.okstate.edu (http://lasso.okstate.edu).

**University Assessment and Testing (UAT)**

Ryan Chung, PhD—Director

University Assessment and Testing (UAT) at OSU supports institutional, college and academic program improvement and provides public assurance of academic program quality and accountability by documenting assessment progress toward meeting educational goals as required by accreditation agencies (Higher Learning Commission, HLC) and the Oklahoma State Regents for Higher Education (OSRHE). Assessment involves creating measurable student learning outcomes, collecting data through various direct and indirect methods, analyzing and reviewing data and, most importantly, using data to improve student learning. Assessment is an integral part of the institution’s commitment to enhance and sustain academic program quality and students’ overall educational experiences.

The OSU Assessment and Academic Improvement Council (AAIC) guides the institution’s assessment plan and coordinates with the director of UAT to facilitate assessment processes for all academic programs. Membership of the AAIC consists of faculty from each college and representatives from the offices of Student Affairs, Institutional Research, Libraries, University College Advising and the Student Government Association. The AAIC supports assessment by providing resources to:
1. measure the effectiveness of all academic programs,
2. utilize information provided by assessment processes to improve student learning, and
3. determine the overall educational impact through assessment processes of the university learning experience on all students.

Assessment activity at OSU, coordinated by UAT, includes four primary initiatives:

1. Entry-Level Placement Assessment assists OSU advisers and faculty in making placement decisions to give students the best chance of academic success.
2. General Education Assessment evaluates student achievement of institutionally recognized general education competencies, including written communication, problem solving, diversity, critical thinking skills and information literacy. University Assessment and Testing works with the Committee for the Assessment of General Education (CAGE) to improve efforts on general education assessment.
3. Program Student Learning Outcome Assessment evaluates achievement of student learning goals in academic programs.
4. Survey development, data collection, analysis and reporting on student engagement, student satisfaction, and alumni perceptions of academic programs and services of OSU.

Results of these assessment initiatives and efforts provide significant information for improvement of academic programs and services, of students’ achievement of learning outcomes and of students’ satisfaction with their educational experience.

In addition, UAT periodically administers the National Survey of Student Engagement (NSSE) and the Beginning College Survey of Student Engagement (BCSSE). Results from these surveys are widely disseminated and used for academic program and services improvement.

UAT submits annual reports to the OSRHE that summarize the assessment initiatives listed above. These reports include program student learning outcomes, assessment methods used, student population of interest, measured criteria and expectations, results, and uses of assessment data (action plans). Visit http://assessment.okstate.edu for more information on assessment at OSU.

The OSU Testing Center, within UAT, provides testing and evaluation support services for OSU students and faculty on the Stillwater campus as well as to the wider local and state communities. Oklahoma State University course exams for many online and in-class courses are proctored at the OSU Testing Center, as well as exams for many students who receive testing accommodations through Student Disability Services (SDS). Some common testing accommodations include separate room testing, extended testing time, adaptive technology and/or trained staff to provide assistance to students requiring a reader or an amanuensis.

The OSU Testing Center also administers exams for prospective students, including the National ACT, the Residual ACT and the Test of English as a Foreign Language (TOEFL). College-Level Examination Program (CLEP) exams are administered to current and prospective students who wish to earn college credit for specific courses. The online OSU Reading, English, and Math Placement Exams are available to undergraduate students for course placement in reading, writing and mathematics courses. Many state, national and other certification exams are offered at the OSU Testing Center, including the Graduate Record Exam (GRE), Miller Analogies Test (MAT), Graduate Management Admission Test (GMAT), Law School Admission Test (LSAT) and Federal Aviation Administration (FAA) certifications, among others. Visit http://testing.okstate.edu/ for more information on the exams available at the OSU Testing Center.

For more information on assessment and testing at OSU, visit the UAT website at http://uat.okstate.edu/.

Special Programs
Office of Individual Study

OSU Individual Study undergraduate courses provide a self-paced, independent, and online format for students with full-time work, family, or military responsibilities. Students in-state, out of state or out of country can choose either a twelve-month or semester-long format. The yearlong courses have open start dates so students may begin a course anytime they wish. Courses are delivered through the OSU learning management system, Brightspace; however, students who do not have Internet access can participate in courses using print-based materials.

Call 405-744-6390 or visit is.okstate.edu (http://is.okstate.edu) to browse classes, tuition rate and enrollment information. For information on all OSU online courses and degrees, visit osuonline.okstate.edu (http://osuonline.okstate.edu), call 405-744-1000, or email osuonline@okstate.edu.

English Language Institute

The English Language Institute (ELI) was established in 1970. ELI’s mission is to equip its students with the English proficiency, academic skills and cultural knowledge necessary to gain entrance to and achieve success at Oklahoma State University or any American institution of higher education. In addition, English language and culture programs can be tailored to meet the needs of educational institutions, businesses and government sponsoring agencies. Regularly-enrolled OSU international students who feel a need for additional language study may enroll part-time in ELI as well.

Institute students, who may represent as many as 25 or 30 different countries in any given semester, range from recent high school graduates to career professionals returning to school for master’s or doctoral degrees. Assigned to one of six levels of instruction by means of a placement exam, all students spend a minimum of 20 hours per week in class. The ELI has three semesters: spring, summer and fall and offers mid-semester arrival in spring and fall. Classes offered include listening/speaking, reading, composition, grammar and optional electives.

For more information, contact the English Language Institute, 307 Wes Watkins Center, 405.744.7519, e-mail to osu-eli@okstate.edu or visit eli.okstate.edu (http://eli.okstate.edu).

Ethics Center

Scott Gelfand, PhD—Associate Professor and Director

The Ethics Center at Oklahoma State University is committed to promoting moral reflection and deliberation in personal, professional, community and civic life. The Ethics Center does not seek to dictate values; rather, we attempt to meet our organizational commitments by organizing and promoting workshops, symposia, conferences and other forums where those interested, including professional ethicists, faculty, students, and the general public, can study and discuss relevant topics. In addition, we will attempt to support research relating to applied and professional ethics. Finally, the Ethics Center will provide Oklahoma State
University with a centralized office that students, faculty and the public can contact to find out what ethics classes and resources are available.

The Ethics Center is sponsored and operated by the Philosophy Department at Oklahoma State University, under the direction of Dr. Scott Gelfand, and overseen by a standing committee of faculty members having research and teaching interests in applied and professional ethics.

**Gerontology Institute**
Alex Bishop, PhD—Associate Professor and Gerontology Program Coordinator

The Gerontology Institute is housed in the Department of Human Development and Family Science. The Gerontology Institute operates in conjunction with a gerontology masters program committed to promoting excellence in the study and understanding of aging across the life course through scientific research, education and service.

The Gerontology Institute was created in response to a widespread interest in course offerings in gerontology. Students can receive an MS in Human Development and Family Science with an option in gerontology. Undergraduates may earn a BS in Human Development and Family Science with a professional track in aging services within the child and family services option. An undergraduate gerontology minor is also offered. Students wanting to attain an MS with an option in gerontology may complete the on-campus program in HDFS or the Great Plains Interactive Distance Education Alliance online gerontology program (Great Plains IDEA) at OSU. Students may also seek a graduate certificate in gerontology through the on-campus program in HDFS. For more information on the online gerontology program see https://humansciences.okstate.edu/gpidea/gerontology.html.

The Gerontology Institute serves as a link between the University and the community in the field of aging. For more information, visit https://humansciences.okstate.edu/hdfs/graduate-students/gerontology-master-of-science.html or e-mail humansciences.hdfs@okstate.edu.

**The Institute for Teaching and Learning Excellence (ITLE)**
Christine K. Ormsbee, PhD—Associate Provost and Director, A.J. and Susan Jacques Endowed Professor in Special Education

**The Institute for Teaching and Learning Excellence (ITLE)** provides an array of multi-media services to support the development and delivery of high-quality instruction using a variety of class formats. Employing the most up-to-date and effective teaching tools, ITLE is responsible for supporting faculty, instructors and graduate teaching assistants in the design and delivery of high-quality instruction. ITLE provides a variety of professional development opportunities on innovative pedagogies and technology integration such as “Preparing Online Instructors” and “Scholarship of Teaching and Learning,” as well as “OSU Faculty Reads,” a monthly book reading program. In addition, ITLE cooperates with campus departments on teaching and learning-related research projects to provide the professional development requested. ITLE also produces video-based educational content from recording and editing classroom presentations for delivery via multiple media formats, to distributing live, interactive classes world-wide from high-tech classrooms across the campus. ITLE houses a high definition, broadcast-quality television production, editing and transmission facility, which is used for everything from recording classroom presentations and producing high-quality animation/simulation segments to the production of teleconferences, documentaries, video training presentations and public service announcements for the University and for both government and commercial agencies. Also, faculty can record presentations in a broadcast-quality studio or in a more relaxed office-like setting in a Camtasia/Webcam studio. The ITLE building has a large multi-media conference room and a smaller flexible classroom available for professional development events and other campus activities.

ITLE provides equipment and staffing to support web-based courses as well as technical assistance, for the Desire2Learn “Online Classroom” Courseware Management System. ITLE also manages the Campus Cable TV system, working with the cable company to provide educational and entertainment programming of interest to the OSU community.

The ITLE facility provides an outlet for student internships in art, production, and engineering fields, and has agreements with several departments across campus for credit-based experiences supervised by their full-time, professional staff. In addition, ITLE provides part-time employment for some students each year in many of their departments. For more information, call 405.744.1000, or visit itle.okstate.edu (http://itle.okstate.edu).

**Mathematics Learning Success Center**
The Mathematics Learning Success Center (MLSC) is a support facility for undergraduate mathematics instruction at OSU. The MLSC offers FREE tutoring for all 1000- and 2000-level math classes and Linear Algebra. These support services are integrated with mathematics course instruction to enhance student learning and success in lower-division mathematics courses. Other services include high school tutoring hours, exam review sessions, textbooks and laptops that can be used in our facility, and special tutoring for some upper-division math classes. The MLSC is located on the 5th floor of the Edmon Low Library and is open to all students enrolled in math classes at OSU or NOC on a walk-in basis. For more information, visit https://mlsokstate.com/ or call 405.744.5818.

**National Student Exchange**
The National Student Exchange (NSE) enables OSU students to spend a semester or year at one of over 170 colleges in the United States, its territories of Puerto Rico, Guam, and the U.S. Virgin Islands, as well as in Canada. Depending on the host university chosen, students pay tuition and fees to OSU or resident tuition and fees to the host institution.

Through the National Student Exchange, students have access to designated study abroad programs offered by participating institutions across a wide range of disciplines. The National Student Exchange is an ideal opportunity for students in highly-structured programs to study away for a semester and still make progress toward graduation. It also provides students with meaningful cultural-learning opportunities within the USA.

The NSE also enables students from member colleges and universities to attend OSU while paying their own university’s tuition and fees or while paying OSU resident tuition rates. For additional information and application materials, visit https://abroad.okstate.edu/outgoing/programs/nse, contact the Study Abroad/NSE Office, 242 Student Union or e-mail abroad@okstate.edu.

**OSUTeach**
The OSUTeach program is designed to increase career options for majors in science and mathematics by preparing students as secondary teachers. OSUTeach offers four-year STEM degree options in biological
science, chemistry, geology, mathematics, and physics, which lead to a B.S. in the selected discipline and teacher certification at the secondary level. OSUTeach is a collaboration between the College of Education, Health and Aviation and the College of Arts and Sciences. OSUTeach students begin supervised teaching in K-12 classrooms during their first semester in the program and continue these field experiences throughout their coursework, which culminates with apprentice teaching.

Pre-Professional Academic Support Services
Jessica Priddy Bullock, M.Ed. — Director

The Office of Pre-Professional Academic Support Services, a division of University College, provides support and resources to assist students with their holistic development toward professions in healthcare and law. Assistance is provided at all stages of the pre-professional planning process; from career exploration to professional school matriculation. Services are available to all OSU students, regardless of major. There is no best, right or required major to prepare for entry into these professional areas and no specific major grants acceptance or automatically makes a student more competitive in their future professional application. Majors provide the foundation for future careers, reflect personal interests and demonstrate individual capabilities in particular subject areas. We recommend students choose a major based on personal and academic interests rather than selecting a major based solely on interests in healthcare or law. To learn more about support services, how to grow into a holistically competitive candidate or schedule an appointment visit preprofessional.okstate.edu (https://universitycollege.okstate.edu/preprofessional).

Pre-Professional Academic Support Services is located in 040 Student Union; contact 405.744.9965 for more information.

Psychological Services Center
Tony Wells, PhD — Associate Professor and Director, PSC

The Psychological Services Center was established in 1971 as a training, service and research facility at Oklahoma State University. It is operated by the Department of Psychology through the College of Arts and Sciences. It is located in 118 North Murray on the OSU campus. The building is accessible to the handicapped.

Services are provided to children, adolescents and adults and are available to residents of Stillwater and the surrounding community as well as OSU students, faculty and staff. The Center offers a variety of psychological services such as but not limited to: individual, group, family, and marital therapy; parent counseling and training; treatment of disruptive childhood behaviors, phobias and anxiety disorders; relaxation training; assertiveness training; stress management; depression; intellectual and personality assessment; assessment of attention deficit and learning disorders; assessment of autism spectrum disorders, and school consultation.

The Center’s staff includes doctoral students in the Clinical Psychology training program and is accredited by the American Psychological Association. The staff also includes supervising clinical psychologists from the Department of Psychology. Although the exact composition of the staff may change from year to year, the staff is generally composed of individuals from diverse ethnic and cultural backgrounds. There is a graduated fee structure based on one’s financial situation.

The Center schedules appointments from 8:00 a.m. until 7:00 p.m. Monday through Thursday. On Friday, appointments are scheduled from 8:00 a.m. until 5:00 p.m. Appointments can be made by contacting the Center at 405.744.5975. More information can be found at http://psychology.okstate.edu/osupsc.

Study Abroad

OSU students can add an international dimension to their education through study abroad.

- **Reciprocal Exchanges.** Students may earn OSU credit through reciprocal exchanges in over 37 countries in Europe, Asia and Latin America and other regions. While participating in reciprocal exchange, students pay tuition and fees to OSU.
- **OSU Faculty-led Programs.** Students may also earn OSU credit by enrolling in short-term international courses offered by OSU college outreach units in countries such as China, Ecuador, France, Greece, Italy, Mexico, Peru and South Africa.
- **Affiliated/Approved Programs.** Students may earn transfer credit through participation in pre-approved study abroad programs offered by other U.S. universities or study abroad program providers. Students on affiliated programs pay fees directly to the provider.
- **Internship and Volunteer/Service Programs.** Students may also participate in non-credit work, internships and volunteer/service learning opportunities abroad. These programs are offered as short-term experiences or semester-long immersion, often combined with academic study in the host country.
Most exchanges and longer-term study abroad programs require successful completion of at least 45 credit hours and good academic standing. Application deadlines for priority consideration for both fall semester and academic year-long study abroad programs falls on the last week of January or beginning of February. Deadlines for spring semester-long study abroad programs typically falls at the end of June.

Financial assistance is available for many programs through scholarships as well as federal grants and loans. In many cases students may use federal financial aid to offset the cost of an academic program abroad. Students may apply for School of Global Studies and Partnerships (SGSP) Scholarships such as the Provost’s Study Abroad Scholarship or the Humphreys Study Abroad Scholarship through the Study Abroad Office to support their credit-bearing activities abroad. There are two application cycles each year. SGSP Awards are based on financial need and award amounts vary. Other scholarships for study abroad are also available. Information on these national and local scholarships is available at https://abroad.okstate.edu/outgoing/funding or through the Study Abroad/NSE office, 242 Student Union, 405.744.8569. OSU colleges also offer numerous scholarships for study abroad. For example, outstanding OSU undergraduates and graduates may apply for the Bailey Family Memorial Trust Scholarship for study abroad in the humanities. Information and applications are available at the College of Arts and Sciences Student Academic Services Office, 213 Life Sciences East. The Department of Languages and Literatures, 309 Gundersen Hall, offers several scholarships for language study abroad. Individual colleges offer scholarships for their short-term faculty-led programs.

For more information on studying, working, teaching or volunteering abroad contact the Study Abroad/NSE office, 242 Student Union, e-mail abroad@okstate.edu or visit the website https://abroad.okstate.edu.

The Center for Family Resilience (CFR)

Michael Merten, PhD—Associate Professor, Director

The Center for Family Resilience (CFR) is an initiative of Oklahoma State University’s College of Human Sciences, Cooperative Extension Services and the OSU-Tulsa campus. The vision of the CFR is that every family be fully equipped to support members in achieving their full personal and social potential.

Located on the Tulsa Campus, the mission of the CFR is to build family resilience in Tulsa, Oklahoma and across the nation through innovative research on everyday issues affecting families, and by translating research results into effective programmatic or policy solutions. The CFR’s mission is implemented through three main programs. The community engagement program builds bridges among community agencies, family and social service providers and CFR affiliate researchers. The research program coordinates the activities of affiliate researchers to create knowledge of individual and family resilience and the factors shaping resilience. The translation and education program emphasizes dissemination of acquired knowledge and the transfer of that knowledge to everyday professional practice.

The Center for Family Services

Matt Brosi, PhD—Associate Professor and Center for Family Services Director

The Center for Family Services is sponsored by the Department of Human Development and Family Science in the College of Human Sciences.
quick writing questions by calling the Writer's Hotline at 405.744.6671, or directing questions to writingcenter@okstate.edu.

Special Facilities
Bartlett Center for the Visual Arts and the Gardiner Gallery of Art
The Bartlett Center for the Visual Arts houses the main Art Department office, the Gardiner Gallery of Art, the Visual Resource Center (VRC), and classrooms/studios for art history, painting, drawing, 2D design, jewelry/metal, photography and graphic design. In addition, our three large computer labs are located here and allow for all levels of digital work on both MACs and PCs. New MAC computers were installed in these labs in 2017. Originally the building was the first women's dorm on campus. Later named for Maude Gardiner—a pioneer in home economics—it was used for many different purposes over the years until a gift from Pete and Pat Bartlett made it possible to renovate it for the Department of Art in 1984. The other Studio Art areas—ceramics, sculpture, printmaking and 3D design—are housed in the Visual Arts Annex at the northwest corner of Ridge Drive and McCleary Road, which was built in 2002. Equipment updates and improvements to the facilities in the Bartlett Center occur on a regular basis. In 2017, a new small computer lab was created in BC 104; in 2015 a major renovation transformed the VRC into a technology center serving all students in the department. Computers are updated in the labs every three years.

Maude Gardiner continues to be recognized through the Gardiner Gallery, which serves both OSU students and the greater Stillwater community. Gallery programming includes student and faculty exhibitions as well as exhibitions of international and national artists. The gallery also features faculty and student curated shows and traveling exhibitions. For current information about Gardiner Gallery exhibitions and hours, visit the gallery’s page on the Art Department’s website: http://art.okstate.edu/gardiner-gallery or visit the gallery on the following social media platforms: art.okstate.edu, facebook.com/gardinerartgallery (http://facebook.com/gardinerartgallery).

The Biology Learning Resources Center
The LRC, which serves as a study area for life science students, especially those taking the introductory biology course. Here students may use computer tutorials, review sample tests and papers, examine experiments or meet with a Teaching Assistant or study group. The LRC is located on the third floor of Life Sciences West and is maintained by the Department of Integrative Biology.

Collection of Vertebrates
The OSU Collection of Vertebrates (COV) is housed in Life Science West and maintained by the Department of Integrative Biology. It includes specimens over 120 years old and consists of collections of fishes, amphibians, reptiles, birds, mammals and frozen tissues. The Collection of Fishes maintains more than 30,000 lots of specimens, mostly from Oklahoma and other Plains states, but also includes one of the world’s largest collections of rare Nepalese fish. The Collection of Amphibians and Reptiles includes approximately 12,000 specimens and houses among the largest collections of the rare Oklahoma salamander and the grotto salamander. The Collection of Birds houses 2,500 skins, are from Oklahoma and includes the oldest specimens that date from the 1880’s. The first mammal catalogued into the Collection dates from 1924 and now includes more than 13,000 specimens from every county in Oklahoma, all 50 states, and 50 other countries; every continent except Antarctica. The Collection is one of the most taxonomically diverse collections at any university in the U.S. Among the most significant components of the Collection of Mammals are the more than 1,000 specimens from Ethiopia. All specimens are valuable for their use in teaching classrooms and for research.

Department of Design, Housing and Merchandising Teaching and Research Laboratories
Design, Housing and Merchandising has a long tradition of incorporating laboratories that realistically simulate industry environments into teaching. Teaching labs include the Sewn Products Production Lab, the Sewn Products Cutting Lab and the Textile Product Evaluation Lab. Equipment in these labs include: Twinning-Alberts tensile testing machine; piling tester machine; air vapor hood; wear testing equipment; heavy-duty industrial sewing machines; sweating guarded hot plate; Kawabata Evaluation System (KES); thickness gauges; and spectrophotometer, cutting tables, pressing stations and industrial sewing machines. Product development is enhanced with current digital industry technologies including AccuMark pattern design system (PDS), Gerber Technology – automated cutter, pattern digitizer, AccuMark V-Stitcher 3-D pattern visualization software, a laminating heat press oven, and Infinity plotter.

Design, Housing and Merchandising also employs laboratories for the conduct of research. A mixed reality immersive design environment area incorporates technologies such as virtual reality (VR), augmented reality (AR), and 3D digital prototyping. Equipment includes: a Passive 3D visualization system, Mirametrix S2 passive eye tracking system, Oculus Rift devices, software and hardware for AR visualization, the Vuzix Star XLD 1200 system, multiple mobile tablet devices, a mobile 3D scanning system, an Ultimaker 3D printer and Emotive Neuroimaging Devices.

An ergonomics area focuses on understanding the physical and cognitive capabilities and limitations of different populations under various conditions. Equipment in this area includes: Vitus SMART 3-D body scanner, Polyworks (V10) software, 8-camera Motion Capture System (BTS Bioengineering), surface electromyography equipment, Treadmill, Tekscan pressure sensors, anthropometers, skin & core temperature measurement devices, heart rate monitors, Philip’s Actigraph Spectrum watches and related equipment and equipment providing the capacity to conduct eye-tracking research.

The XRF lab is a controlled space where x-ray fluorescence (XRF) is used as a non-destructive means of testing objects’ chemical composition. The XRF analyzer is used to evaluate hidden heavy metals in consumer goods and address deficiencies through best practices. Assessing items and data collection are possible only after adequate training and protocol compliance.

For more information on DHM laboratories and equipment, contact the Department of Design, Housing and Merchandising, 449 Human Sciences.

Department of Wellness: Building America's Healthiest Campus® One Cowboy at a Time
The Department of Wellness is committed to creating a healthy campus culture for students and employees. The department thrives on the motto...
"Discover Wellness" with a mission to provide education, engagement and excellence through programs, services and facilities.

Department of Wellness Programs

- **Group Fitness** - offers a variety of fitness programs and classes in three locations with multiple formats at every skill level. There are more than 100 classes offered each week, including yoga, Zumba, dance, spin, water aerobics, kickboxing, martial arts, TRX, abs, boot camp and more. Classes are offered at the Colvin Recreation Center, Seretean Wellness Center and Student Union.

- **Intramural Sports** - serves more than 3,500 participants weekly in more than 50 sporting activities yearly. Intramural Sports at OSU promotes its rich tradition of friendly, competitive activities and serves as a rally point for socialization, exercise and competition.

- **Outdoor Adventure** - provides opportunities for fun, adventure, education and excitement. Through trip and workshop programs Outdoor Adventure emphasizes environmental awareness, personal development, safety training, wilderness travel and fun. With a variety of regional and national trips as well as workshops at all skill levels, staff members strive to provide opportunities for the whole community. In conjunction with trips and workshops, Outdoor Adventure offers an extensive low and high elements challenge course at Camp Redlands and a state-of-the-art indoor climbing facility at the Colvin Recreation Center. To support courses and the local community, the outdoor equipment rental shop, next to the climbing wall, provides access to everything from tug-of-war ropes to sleeping bags. Whether it is exploring the Grand Canyon over spring break, spending a day at the challenge course or participating in a climbing competition, the common elements at Outdoor Adventure are quality, leadership and fun.

- **Sport Clubs** - recognized OSU student organizations designed to promote a non-varsity sport or recreational activity. Generally, a sport club program provides three basic opportunities to its clientele: instruction, recreation and competition. Clubs differ in scope and purpose as some are very social. Others compete throughout the region or country.

- **Student Health Education** - The Health Education Department strives to meet the health needs and issues of the community at Oklahoma State University through effective programming and research. We serve as a resource to the students by providing them with the most updated information on health topics such as alcohol, prescription drug abuse, sexual health, sleep, stress management, mental health, LGBTQ+, and nutrition to name a few. Our goal is to create an environment where students feel safe and comfortable to approach the health education team with any concerns or questions they may be too afraid to ask otherwise so that our students can live their healthiest life.

- **Department of Wellness Sponsored Programs** - consists of federal, state and privately-funded grants and contracts that serve the OSU community as well as fulfill the community outreach and extension components of Oklahoma State University’s land-grant mission. Oklahoma ABLE Tech is the statewide Assistive Technology Act Program, which connects Oklahomans with disabilities to assistive technology, or AT, through a variety of programs and services. ABLE Tech provides access to AT through a short-term equipment loan program, AT demonstration centers, re-utilization of AT through the Oklahoma Equipment Exchange, and low interest bank loans for AT. The Oklahoma Durable Medical Equipment Reuse Program is a partnership between the Oklahoma Health Care Authority and Oklahoma ABLE Tech to reuse and re-distribute valuable durable medical equipment to Oklahomans. The Special Education Resolution Center program, through a contract with the Oklahoma State Department of Education, manages the federal special education due process hearing system and alternative dispute resolution programs for Oklahoma. The Oklahoma Rehabilitation Council, through a contract with the Oklahoma Department of Rehabilitation Services, advises the state agency regarding its performance in providing vocational rehabilitation services to individuals with disabilities.

The Department of Wellness OSU Prevention and Community Health Programs consists of eleven grant-funded project which include: (2) ODMHAS regional prevention coordinator grants, (2) Strategic Prevention Framework (SPF) Partnership for Success Grants, (2) SPF RX Grants, (3) Tobacco Settlement Endowment Trust (TSET) Healthy Living Grants, (1) SAMHSA Drug Free Community Grant and (1) SAMHSA Sober Truth on Prevention Underage Drinking (STOP) Grant.

Wellness Services

- **Personal Training** - exercise programs tailored by trainers to fit clients’ needs. Trainers teach clients proper technique to perform exercises correctly and effectively.

- **Massage Therapy** - uses relaxing techniques to help the body transcend into an overall sense of well-being.

- **Cooking Classes** - teaches quick and easy healthy recipes.

- **Health Risk Assessments** - screenings that provide an individualized student health risk assessment designed for early detection of health problems.

- **Swim lessons** - group and private lessons are available for adults and children.

Wellness Facilities

- **Colvin Recreation Center** - offers 250,000 square feet of recreation options including: 10 basketball courts, 5 newly renovated racquetball courts, 1 squash court, 28-ft. rock climbing wall, indoor track, 2 cardio areas, a multipurpose gym, indoor pool, outdoor pool, 2 dance studios, multipurpose fitness room/personal training studio, F45 studio, combatives room, a performance studio, spin studio, newly renovated pin-selectorized machines and free weights, putting green and 2 golf simulators.

- **The Seretean Wellness Center** - features a newly renovated fitness center including a cardio/weight room, 2 group exercise studios, multipurpose room, personal training area, massage therapy, Pilates Reformer’s, health risk assessment room, demonstration kitchen, a lecture hall and Sponsored Program testing and training center.

- **The Colvin Annex** - another great attribute to the Department of Wellness featuring 4 basketball/volleyball courts. With the inclusion of natural light and air conditioning, it serves as the perfect location for small conferences and workshops.

- **Camp Redlands** - available through Outdoor Adventure. It is located 10.5 miles from the OSU campus featuring a lodge, pavilion, swimming dock, picnic area and a challenge course. This facility offers workshops and team-building workshops to students, faculty, staff and general public.

The Department of Wellness aims to provide exciting and rewarding programs and services for OSU students and employees. For more information visit our website at http://wellness.okstate.edu/, like us on Facebook at facebook.com/OSUWELL (http://facebook.com/OSUWELL) and follow us on Twitter, Instagram and Snapchat @OSUWELL.
Ecotoxicology and Water Quality Research Laboratory (EWQRL)

The Ecotoxicology and Water Quality Research Laboratory (EWQRL) is located in Life Sciences West and is part of the Integrative Biology Department at OSU. Established in the 1960s as the Reservoir Research Center, in 2001, the lab changed names to reflect not only our expertise in standardized aquatic toxicity testing but also additional research foci in aquatic ecosystem assessments. The EWQRL provides services to a number of companies and wastewater treatment facilities throughout Oklahoma, in the form of EPA standardized bioassays. In addition, the staff and students (both graduate and undergraduate) funded by the EWQRL, undertake aquatic monitoring projects in riverine, wetland and reservoir systems for both state and federal agencies. These projects include invertebrate and fish surveys and identification, zebra mussel monitoring, wetland delineation and toxicity assessments. The labs facilities include a fathead minnow rearing room, temperature and light controlled environmental chambers for in-house cultures of aquatic test organisms (cladocerans, amphipods and midges) and standardized toxicity testing of client produced water, a wet chemistry laboratory, computer laboratory, and numerous compound and dissecting microscopes all with digital imaging capabilities. Sampling equipment for field surveys includes a boat, electroshockers, nets, drift fences and several field meters.

Engagement Skills Trainer (EST 2000)

The EST provides initial and sustainment marksmanship training, static unit collective gunnery and tactical training, and shoot/don’t shoot training. It supports the following three modes of training: marksmanship, squad/fire team collective and judgmental use of force. The system models M4/M16A2 rifles and is deployable with its own system shelter. All EST training scenarios are U.S. Army Training and Doctrine Command (TRADOC) validated. Cadets at OSU will spend up to six to nine hours per semester using the EST, focused on group training, zeroing, basic qualification, and advanced marksmanship techniques. The system represents the cutting edge of technology in marksmanship training across the globe.

Herbarium

The OSU Herbarium houses the university’s collection of plant specimens. It is located in Life Sciences East, Room 012, and is maintained by the Department of Botany. The collection consists primarily of over 150,000 specimens of vascular and non-vascular plants that are dried, mounted on archival paper or placed in packets, and stored in cabinets. There are nearly 50,000 specimens that document the flora of the state of Oklahoma, the second largest such collection in the world. The remaining specimens were collected throughout the world, with strong representation of the Great Plains region and Texas. A particularly significant collection of specimens was made throughout Mexico in the 1960s and 1970s by former curator, Dr. U.T. Waterfall. Other large collections represent the countries of Canada, Colombia, and Ethiopia. Data on these collections can be accessed on the internet through the Oklahoma Vascular Plant Database (OVPD: www.oklahomaplantdatabase.org (http://www.oklahomaplantdatabase.org)); Global Plants (plants.jstor.org (http://plants.jstor.org)); and other repositories and aggregators. Over 225 specimens are taxonomic “types” that are the reference material that form the basis for scientific names of these plant species. The Herbarium is known by its Index Herbariorum code, OKLA. The collection is used extensively by OSU researchers, students, land managers, government agencies, and members of the general public interested in plant identification, plant distributions, and ecology. The Herbarium also provides specimen loans to researchers at accredited institutions around the world. Herbarium staff assist with identifications and on specimen based information on request; requests from for-profit interests may be charged for this service.

M. B. Seretean Center for the Performing Arts

The M.B. Seretean Center for the Performing Arts provides a home for the Michael and Anne Greenwood School of Music and the Department of Theatre at OSU. Constructed in 1970 at a cost of three million dollars and named in honor of its principal benefactor, M.B. “Bud” Seretean, a 1947 OSU graduate, the Center is the focal point of all major theatrical and musical events on the OSU campus. The Seretean Center includes an 800-seat Concert Hall and the 600-seat Vivia Locke Theatre, which attract a myriad of fine arts activities such as ballet, concerts, opera, plays, musicals, faculty and student recitals, and a host of summer conventions and camps.

In addition to the auditorium and theatre, the Seretean Center houses teaching studios for music and theatre faculty, a variety of classrooms, a specially-designed choral room, a rehearsal hall for band and orchestra, a scene shop for the theatre, computer labs, and a well-equipped audio center, all designed to provide an excellent atmosphere for the teaching of the fine arts at OSU.

Theatre

Live theatre productions are an important part of the cultural life of the campus. The OSU Theatre Department produces six to eight plays each academic year from a wide variety of dramatic and musical theatre literature. Two separate production series are offered. Each year, three to four fully-mounted large-scale productions are presented in the 600-seat Vivia Locke Theatre. Two to four experimental productions, often student-directed and designed, are presented in the 100-seat Jerry L. Davis Studio Theatre. Each production’s cast and crew is comprised of theatre majors and minors as well as non-majors from across the campus. Auditions are open to all students on campus regardless of major.

OSU Libraries

The OSU Library system consists of the Edmon Low Library at the heart of campus and three specialized branch libraries (the Education and Teaching Library in Willard, the Architecture Library in the Architecture Building and the Veterinary Health Sciences Library in McElroy Hall). The Edmon Low Library is open 24 hours/5 days per week during the fall and spring semesters with limited hours on Saturday and Sunday. The Library’s six floors offer individual study spaces designated as either silent (no talking) or whisper (talking softly permitted) or group. There are 21 private study rooms that can be reserved online. Desktop computers located on the first and fifth floors provide access to the Internet, MS Office, BOSS (a search system of all Library resources) and other electronic library resources. The Library also provides laptops, MacBook Pros and Microsoft Surfaces as well as audio recorders, digital video and still cameras, projectors, telescopes and phone chargers for checkout.

Many Library resources are available remotely 24/7 via the Library’s website (www.library.okstate.edu (http://www.library.okstate.edu)). Here you may renew books you have checked out or determine whether a book you need is available for checkout; search the listing of more than 200 specialized databases; connect to more than 60,000 online full-text journals; and access online course reserves. If there is an article or book
chapter the Library owns only in paper, use the Document Delivery Service to request a link to a digitize copy. If you need an item not owned by the OSU Library, the Interlibrary Loan Service can secure it for you.

The Library offers assistance in person, by phone 405-744-9775 or text message 405-592-4128, via e-mail lib-dls@okstate.edu or via chat on the Library’s website. Throughout the semester, the Library offers free tours and training sessions. Students can also enroll in LBSC 1011, a one-hour credit course on using Library resources.


Archives
OSU Archives’ focus is on the history of OSU, its employees and graduates. Rare books, manuscripts, photographs and research material related to Oklahoma women, history, politics, business and natural resources have also been acquired. The Archives is also the depository for all academic and administrative documents, official records and other materials related to the management, operations and mission of Oklahoma State University.

Government Documents
The OSU Library has an extensive collection of current and historical government publications, as well as publications of the state of Oklahoma, foreign governments and international organizations providing information relevant to all majors. Publications include statistical, legislative and legal materials. Government Documents also includes the Patent and Trademark Resource Center.

Oklahoma Oral History Research Program
The OOHRP promotes and facilitates the collection, preservation and analysis of interview-based research and related audio projects by educating students, faculty and community members in the methods, protocols and professional and ethical standards of oral history. The OOHRP’s extensive interview collections focusing on Oklahoma history and culture are available online for research use.

Research and Learning Services
RLS helps you find and use information better, faster and easier. The department partners user experience, like workshops, tours, awards and instruction support, with traditional academic services, such as data management support, copyright and citation education and research instruction. Services are open to everyone and are free, convenient and customizable.

The OSU Museum of Art
The OSU Museum of Art in downtown Stillwater offers a variety of diverse exhibitions and programs that seek to advance creativity, lifelong learning, and cultural and civic engagement. Also home to Oklahoma State University’s permanent art collection, the museum provides learning opportunities that connect the university to the broader arts community beyond the OSU campus.

Located in the former Stillwater Post Office, this renovated 1933 WPA building provides a creative and symbolic setting for transformative and engaging art experiences. Admission is free for everyone and the museum is open from Tuesday through Saturday from 11 am to 4 pm.

Student Union
Dating back to 1815, college unions have always been thought of as “places where all may meet on common ground.” The OSU Student Union certainly is no exception to this tradition as it has been serving the university community since 1950 and has become the place to be on the OSU campus. With a facility consisting of more than 630,000 square feet, it stands as the most comprehensive union in the world. It provides the university with such services as the University Store (textbooks, OSU merchandise and technology center), retail shops, banking services, restaurants, lounges, meeting rooms and a 67-room hotel.

The primary purpose of the OSU Student Union is to be a comprehensive system of diverse people, services, programs and facilities that enrich the intellectual, cultural and social well-being of the OSU student and campus community.

Located in the Student Union is the Department of Leadership and Campus Life (http://icl.okstate.edu), which houses the university’s more than 500 campus organizations. Many activities such as movies, late night events and speakers are provided for students by the Union’s student programming organization, the Student Union Activities Board (http://suab.okstate.edu), which is also located in the Union.

Through its meeting and conference center (http:// meetings.okstate.edu), the Student Union hosts many events throughout the year. The variety of meeting rooms located throughout the building are also available to OSU student organizations and faculty meetings, typically at no charge.

The University Store (http://universitystore.okstate.edu) generates $17 million of the Student Union’s almost $22 million operating budget. This money supports the Union’s operations, as well as many Leadership and Campus Life programs and services, like Camp Cowboy (http:// campcowboy.okstate.edu) and Late Night Cafe, which have impacted thousands of OSU students throughout the years.

The Student Union’s recent $63 million renovation project, which was officially endorsed by the students through their increased student fee gift, allowed the university to revitalize an iconic campus building so it can better meet contemporary student needs while maintaining the significance of its history, legacy and commitment to student success. The Union was also recently named the “No. 1 Most Amazing Student Union” by bestcollegereviews.org (http://bestcollegereviews.org) and ranked second by Best College Values in its most amazing college unions and campus centers in the United States rankings.

More information about the Student Union and its offerings can be found at union.okstate.edu (http://union.okstate.edu).

Wes Watkins Center Conference and Meeting Services
https://meetings.okstate.edu/ - provides meeting spaces and services for the needs of Oklahoma State University, the Stillwater Community, the State of Oklahoma, and off campus constituents. The department acts as administrator of the facility which is home to the Center for International Trade and Development, International Studies & Outreach and the English Language Institute. Wes Watkins Meeting & Conference Services offers over 42,000 square feet of meeting space, including the largest meeting venue on campus. The department works with event
planners to coordinate on-site conference management, event logistics consultation, in-house catering and several off-site caterers to choose from for catered events, and parking details.

The Wes Watkins Center, in conjunction with the Student Union, serves as a central location for international events, business meetings, social functions, and conferences at OSU.

The Cleo L. Craig Child Development Laboratory

The Department of Human Development and Family Science has a rich tradition of excellence in early childhood education. The Child Development Lab-Rise Program was established in 1924 with the inclusion of RISE School of Stillwater in 2010. The laboratory presently resides in a facility opened in 1983 and renovated in 2010. The program serves as a field placement for early childhood education majors. Equipped with observation booths, the Child Development Laboratory is also used as a site for observation and interpretation of human growth and development by students in courses throughout the university. Research on developmentally-appropriate practice, children's learning and development, and the preparation of teachers is conducted in the facility. The Child Development Laboratory is licensed by the Department of Human Services and is accredited by the National Association for the Education of Young Children. The program offers planned learning activities that are developmentally appropriate and designed to model best developmental practices; frequent and positive interactions between children and students; nutritious meals and snacks; regular communication with parents; positive guidance techniques; high teacher-child ratios; experienced Early Childhood Education degreed staff; and ongoing systematic programing.

The program provides the highest quality of early childhood education to children with and without developmental disabilities by providing exemplary services based on recommended practices to young children with diverse abilities and their families. The Child Development Laboratory provides family-centered services designed to meet the individualized needs of all children and families; offers a blend of educational and therapy services within the context of a developmentally-appropriate curriculum; and prepares children for their next educational environment.

Subject to availability, families have the opportunity to enroll in this model early childhood program. Children enrolled in the program range in age from 12 months through six years of age.

The School of Hospitality and Tourism Management Experiential Learning Laboratories

Taylor’s Teaching Restaurant is an experiential laboratory that emphasizes quality food service utilizing a thoughtfully prepared menu featuring seasonal ingredients. Students develop skills in food preparation, service techniques, dining room management and profitability. Focus is on professionalism, quality management and guest satisfaction.

Planet Orange Café is a quick service concept with an upbeat and dynamic atmosphere. Students progress through staged learning in this lab developing the skills to assume management responsibility.